The background of the page is a light purple color. In the center, there is a large, solid yellow circle. Overlaid on this circle and the surrounding purple background are several thin, black, wavy lines that sweep across the page from left to right, creating a sense of movement or wind. The word "Zephyrus" is written in a black, cursive script across the lower portion of the yellow circle.

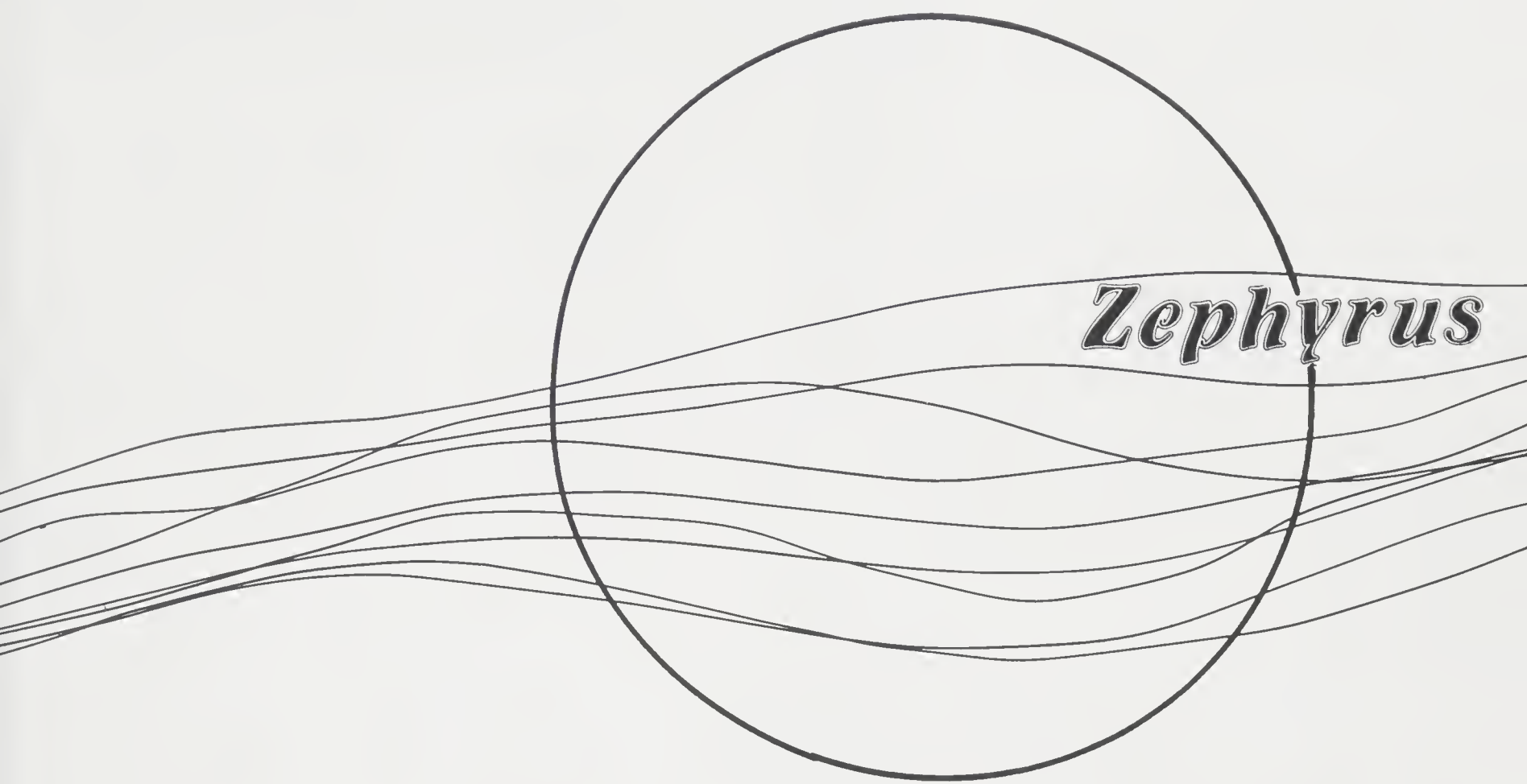
*Zephyrus*









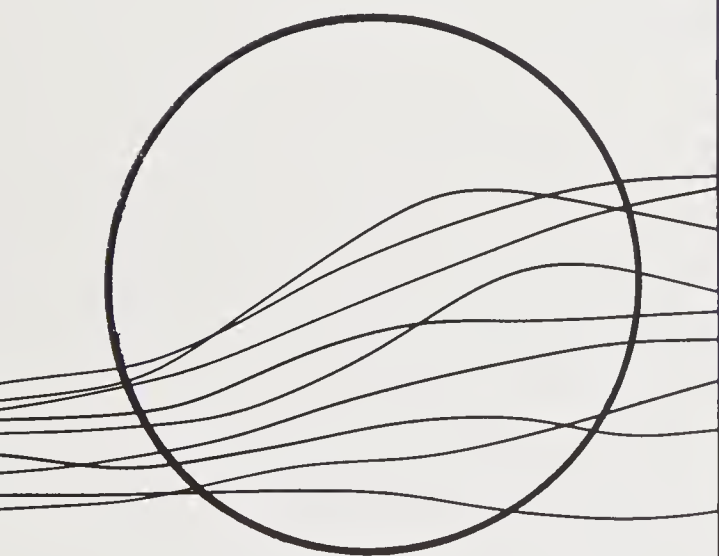


**Zeph·yr**

*(zef'er) n. 1. the west wind 2. a soft,  
gentle breeze*

ASTORIA HIGH SCHOOL  
1001 W. MARINE DRIVE  
ASTORIA, OREGON 97103

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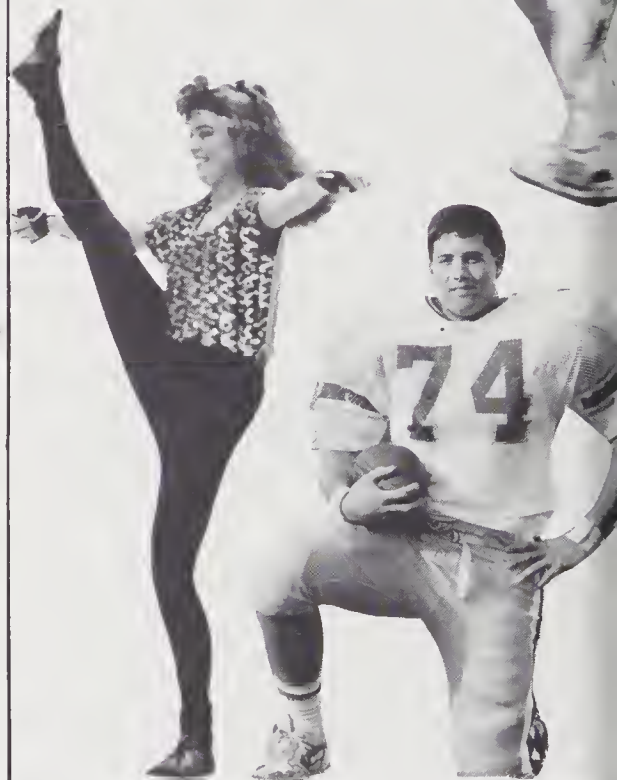
## ACTIVITIES



From Homecoming to the Prom there were some great times and plenty of excellent adventures.



## SPORTS



Some great team efforts, polished performances, and outstanding abilities produced spectacular entertainment.





# On Campus People ADS



Hey, who said school was boring? We found an abundance of people having a pretty good time.

**88**



More than just faces, the styles and personalities made up what we will remember about the year 1990.

**141**

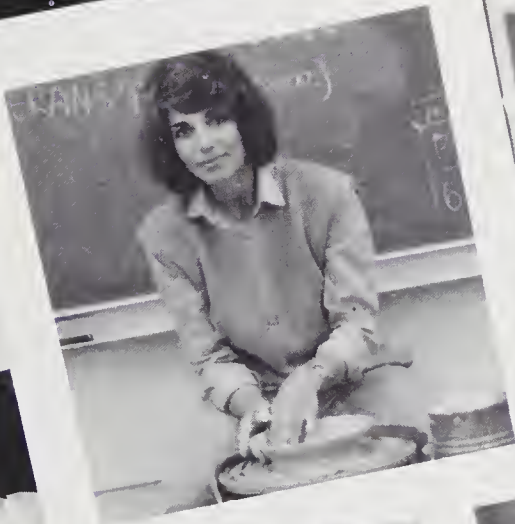


Valuable supporters gave their backing in order to make this book possible. Parents of seniors give special messages.

**172**



# A PICTURE PERFECT YEAR









# ACTIVITIES









# 



**Right:** Showing their spirit, junior girls dress as gangsters and flappers. (l to r) Kristin Jacobsen, Rose Campbell, Julie Brugh, Jeneen Doumitt, Gretchen Easton, Melanie Waddell, Irene Rubio, and Katie Lemmo

**Below:** Posing as nerds, Ryan Person and Keri McCormick model the latest in dweeb apparel.



### 

This year, Homecoming festivities started off as a smashing success. Each class presented a skit that tied in class unity, spirit, and court presentation.

As the student body filed into the auditorium, anticipation mounted. Backstage, the various actors and actresses hurried into their imaginative costumes ranging from a full-bodied dragon to cavemen dressed in skins. Ugh!

Every class gave an Oscar winning performance, but the judging staff decided to award the juniors the blue ribbon for their whimsical plot and great participation.



**Above:** Laughing hilariously, Donny Bui and Mary Roberts play their roles in the dating game.

**Right:** "My Hero!" exclaims princess Marcie Stangel, as prince Kevin Fisher carries her to safety.



### 

During Coronation on Tuesday, Tricia Brugh and Timber Stevens were crowned queen and king. The decorations were stunning and everything went as planned. This year, the princes didn't get off quite as easily this year. They had to step forward as their most embarrassing moment was announced to the great amusement of the crowd.

Senior princess Marcie Stangel remarked, "It was an experience I'll never forget. Everything was perfect, at least as far as I could see, which isn't saying much. The spotlight almost blinded me, I'm lucky I didn't step off the stage."





**Left:** Bill and Ted, played by Len Chamberlain and Damion Coe, narrate the seniors "excellent" skit.

**Far left:** "And the 1989 Homecoming Queen is ... Tricia Brugh!"

**Middle:** Holding the bag of spirit dust, Junior prince Delian Scudder wards off the mighty dragon.



**Above:** "Charleston anyone?" Rose Campbell shows her 20's style.



**Left:** 1989 Homecoming court (l to r): seniors: Darren Palmberg, Mio Carr, Kevin Fisher, Marcie Stangel, Timber Stevens, Tricia Brugh, juniors: Carly Hogan, Delian Scudder, sophomores: Kelly Brownlie, Jared Harris, freshmen: Mary Roberts, Willie Raw.







**Top left:** Freshman Amy Helmersen runs out of the reach of Sophomore Nicole Miller.

**Top right:** Juniors Aimee Schnieder and Kristen Jacobsen serve the court at the luncheon.

**Middle left:** Sophomores Summer Lind and Emily Fisher celebrate with a high five.

**Bottom left:** Seniors Lisa Shelton and Tracy Roberts look pretty mean while trying to tackle junior Aimee Schnieder.

**Bottom right:** Juniors Shelly Lizon, Honour Lavis, and Kristen Jacobsen show their class unity by being flappers and gangsters.







**Above:** Dressed in black for class unity day, the senior class got into the spirit of the week.

**Left:** Breaking through a sign proclaiming them number one, the seniors had to settle for a tie.

**Below left:** Up for grabs, the freshmen found out just how tough it was to hang onto the football.



## POWDERPUFF

The annual powderpuff football game alternated quarters of combat between frosh and soph and junior and senior girls. Adding to the glamour of the evening were macho male cheerleaders in drag on all four sides.

The sophomores trounced the freshmen, 16-7, thanks to two touchdowns by Emily Fisher and a scoring assist by Melanie Bojanowski. The rally by frosh Amy Helmersen was not enough - victory to the sophomores.

The well-matched game between the juniors and seniors ended scoreless, but all the girls had fun getting down and dirty on the field.

## LUNCHEON

The mid-week Queen's Luncheon, featuring hamburgers, fries, and shakes, captured the mood of the 1950's. To the strains of early rock-n-roll the homecoming court was honored and entertained. Queen Tricia and princesses Carly Hogan, Kelley Brownlie, and Mary Roberts in turn entertained their subjects with their hoola-hooping skills, which weren't much to whoop about, as winner, princess Mary, endured for six seconds.

The goldfish swallowing contest (utilizing fish-shaped crackers) paled in comparison to the real thing - Bobby Enloe gulping down a live one.

## What was the best Homecoming event?

Frosh football game. I felt like I was doing something for my school. Justin Bechtolt

Olympics. I liked watching the frosh make fools of themselves. Nicole Hartill

Olympics. I liked watching Kevin Pierce stuff marshmallows in his mouth. Ryan Muehlberg

Powderpuff. It was fun because of all the excitement. Rena Cater



## OLYMPICS

On Thursday, tension had mounted and was at its peak. The seniors were one deathly mass of black, while the sophomores provided sharp contrast in their stark white togas. Freshmen dressed as peace-loving hippies and the juniors went back in style to the roaring 20's.

Spirit was high as each class tried to outdo one another. A lucky few got the privilege of scarfing as many banana splits as possible and the orange pass provided some rather kinky entertainment. As the games came to a close with the traditional tug-of-war, seniors pulled to a victory for their second year in a row.



**Above:** Carefully lining up their toothpicks, Glenn Stapleton and Irene Rubio make the pass.

**Above Right:** Breaking away for a 45 yard gain, Mike Keyser helps in the win over Clatskanie.

**Right:** Jayson Holmstedt tucks the orange away after the relay pass from Tiffany Richardson.

**Below:** A great freshmen effort in the chariot race gets a big round of support from the fans.



## DANCE

Dancing to the theme song, "One Moment in Time," the homecoming court was spotlighted at the dance which ended the week of activities. Taking place at the middle school cafeteria, the dance featured music played by disc jockey JBL Mobile.

Balloons formed an arch over the stage and more balloons formed four rotating columns as well as a rotating heart. The hallway leading to the cafeteria was lined with cut-out hearts inscribed with the names of each couple.

Drawing the largest turnout in years, the dance was a memorable way to bring the week to a close.

## FOOTBALL GAME

Friday night, just before game time, as the forces were getting dressed for battle, somebody shut off the lights. A power failure all over town forced the game to be postponed until Saturday afternoon.

Waiting one more day didn't hurt the performance of the hyped up Fishermen. Playing before a good sized homecoming crowd, an outstanding effort on the part of the defense shut out Clatskanie, 3-0. A second quarter field goal by Keith Haynes put the only points on the board, and as things turned out, all that was needed to put away the Tigers.







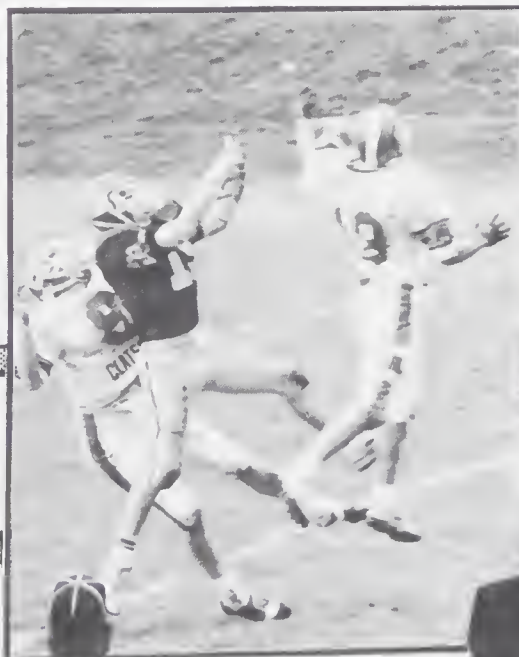
**ABOVE:** The senior class roars after hearing the results of their first place finish in the Olympics.

**FAR RIGHT:** Foaming at the mouth, Melanie Bojanowski races to down a banana split without using her hands.

**RIGHT:** Kevin Pierce stuffs his face with 25 marshmallows in an attempt to beat Victor Miller's record.

**BELOW:** Almost sticking the toothpick up Lisa Osterholme's nose, Caleb Clutter lines up for the pass.

**BELOW RIGHT:** Going up between defenders, Monty McCleary gets the pass interference call in the 3-0 win.







**TOP:** Making the last dance the best one of the evening, everyone snuggled close and into a warm embrace.

**TOP LEFT:** Kelly Palmer, Pat O'brien, Teena Tarabochia, and Mike Keyser get their best smiles out for their group shot.

**LEFT:** Having a great time, Stuart Johnson, Sam Lee, Tracy Roberts, and Jennifer Crosby get together for a picture.

**BELOW RIGHT:** Getting hitched by Marry'n Sam for only one dollar, Lesley Crockett ties the knot with her date.

**BELOW:** Outside the gates, these couples heat up in expectation of the thrills and excitement that are yet to come.







**ABOVE:** Cheesing it up for the camera, Tricia Brugh and Darren Palmberg get their dance mug shots done by Homer.

**RIGHT:** Two happy couples, Josie Wright, Corey Stevens, Ryan Smith, and Aimee Kelly strike a pose in the hay.



# SADIE HAWKINS

Pulling out the flannel shirts, worn jeans, suspenders, and any other grubby clothes that they could find, they crowded into the fairgrounds for the Sadie Hawkins dance. Looking fashionable enough in the back hills syle, they would have made any hill-billy proud.

Putting on the music for the foot stomper, a group of students from Tongue Point did a fantastic job of mixing the tunes. An award for the best dressed couple was voted on by members of the dance team, who sponsored the event, and given to sophomores Jayson Holmstedt and Andrea Jessen. It was an evening of fun and excitement that made for a great time for all those that attended.



**"This is the best dance of the year."**

-Emily Graves



## A Showcase for Student Talent in the Arts



**LEFT:** Cathy Dubb feels overwhelmed by applause after playing the solo "Sweets".

**BELOW LEFT:** Dancing the night away, Ingrid Ellenburg shows off a few steps.

**BELOW RIGHT:** Singing out in their best voices, the Cappella choir charms the audience.

**RIGHT:** Keeping the crowd entertained, the band students play during the art display.

**UPPER RIGHT:** Decorating for the season, Shelia Wright, paints the breezeway windows.







# ARTS EXPERIENCE



Combining an evening of visual and performing arts into one event, students in band, choir, and all the art medias, put together a fine display of their talents.

The evening began with the music students alternating songs of the holidays. Featuring solo performances by Susan Hoofnagle, Jason Thiel, Cathy Dubb, Amy Lucas, and Scott Sistik, the band played remarkably. Pleasing selections by the choir, focusing on the holiday spirit, kept the large audience entertained and delighted.

At the conclusion of the musical portion, an art show decorated the cafeteria while David Hillard, Rose Campbell, Monica Hartney, and Rosie Holden demonstrated visual techniques.



**TOP:** Demonstrating her skills, Monica Hartney shows the right way to paint.

**TOP RIGHT:** Molly Ferrell entertains the crowd with holiday music at the show.

**ABOVE:** Parents and family gather around to watch the live demonstrations.

**LEFT:** Playing softly, Carmen Shaffer follows the notes of "In All It's Glory."





# LIP SYNC

The third annual lip sync was held Thursday, April 19th. A total of nine acts entertained the restless crowd. The highlight of the evening and the winner of the \$100 prize was a performance by Eowyn Boundurant, Stacia Tyson, Gretchen Easton, Leena Waddell, Nancy Chan, Julie Brugh, and Heather DeSisto of an old Beatles tune, "Maxwell Silver Hammer".

The second place act, and the winner of \$75, was a dramatic, heated scuffle between Chris Crane and Priscilla Reyes while singing "No More Lies". Wrapping up in the award categories was the classic by Jerry Lee Lewis, "Great Balls of Fire". This thrilling act was given third place and the \$50 prize.

**The Beatles: Maxwell Silver Hammer**  
Eowyn Bondurant, Stacia Tyson, Gretchen Easton, Leena Waddell, Nancy Chan, Julie Brugh, and Heather DeSisto

**The Beach Boys:**  
Abby Jones, Tara Pohl, Chloe Allen, Amy Fastabend, Sonora Rasmussen, Lori Hagnes, Melissa Linder, Brad Grimm, and Jason Palmberg

**AC/DC:**  
Bob Enloe, Mike Balesky, Preston Swain, Chris Wood, and Woody Oliva

**Paula Abdul: Opposites Attract**  
Josie Hemeon, and Shannon Palmer

**Go Base:**  
James Crane, Josh Long, and Aaron Jones

**Great Balls of Fire:**  
Shiela Wright, Shoshona Ordway, Christy Hartney, Andrea Yeager, Ingrid Ellenburg, Stephnie Kustura, and Carla Gildner

**No More Lies:**  
Chris Crane, and Priscilla Reyes

**You Lost That Loving Feeling:**  
Niki Davis, and Tracy Roberts

**Girl You Know It's True**  
Kris Goozee, and Denys Goozee



**Top:** Pouring out her heart, Sheila Wright belts out Great Balls of Fire.

**Above Left:** Backing up the Fat Boys, Fasty-n-the Wavers, shake it.

**Above:** Shannon Palmer, purr's to an excellent performance of opposites attract.

**Left:** AC/DC, shook the crowd with their wild performance.







**Left:** The 1990 Lip Sync winners Nancy Chan, Gretchen Easton, Stacia Tyson, Eowyn Bondurant, Leena Waddell, Julie Brugh, and Heather DeSisto thrilled the crowd with "Maxwell Silver Hammer."

**Middle Left:** Denys Goozee and Kris Goozee jam to the sounds of "Milli Vanilli."

**Lower Left:** Josie Hemeon and Shannon Palmer impersonate Paula Abdul and Skat Cat.

**Below:** Performing the most humorous act of the evening, "The Fat Boys" performing "Wipe Out."





Times have changed. Ever since the ball dropped on December 31, 1979, our lives have never been the same. The eighties will always be remembered as an influential decade, one that has shaped the leaders of tomorrow.

Aids, crack, gang warfare, the San Francisco quake, terrorism, ice, the Iran-contra scandal, the explosion of the Challenger, Dan Quayle and George Bush. These and other epidemics and tragedies helped stain the already tainted 1980's. But at the same time, they made us more aware. At many points throughout the decade, caring became the trend with Schich dependency, hospitals, Mothers Against Drunk Driving (MADD), and agencies handing out free condoms and clean needles leading the way to a kinder, gentler America.

But with the overabundance of bad

things to come out of the 80's, many good things came out, things that changed our lives and the way we lived them. From simple things like VCR's and walkmans, to modern conveniences such as cellular car phones.

The 80's certainly were a decade of innovation in technology. Much of this technology was aimed towards convenience with portables and disposables always being popular items. But with the trend of convenience came new problems. Problems with the environment and the ozone layer. Those disposable diapers are neat, but they'll be around for millions of years along with Big Mac containers and other non-biodegradable paraphernalia. Aerosols are also depleting the ozone layer, causing the eighties we've been told through that, the 90's should be a piece of cake.

Through the good times and bad times though, the eighties were a cool time to grow up. As kids we got to see cool movies like Raiders of the Lost Ark and Return of the Jedi. We had Pac-Man, Ms. Pac-Man and Baby Pac-Man, with a cartoon to go along with them. Transformers, Cabbage Patch Kids, G.I. Joe, and Atari games topped our Christmas lists. We had Sesame Street, then cartoons, and then After School Specials.

The children of the 80's had it all!

The cool toys, the cool cartoons, the cool clothes, plus we got to break dance. But over all that we earned knowledge. Knowledge and experience from all of the things good and bad offered by the 80's take us through high school, past graduation, and onto the real world with nowhere to go but up.

# GROWING UP in the 80's







he 1980s came to an end in what seem  
like a magic act, performed on a worl  
historical stage. Trapdoors flew open  
and whole regimes vanished. The shell  
of an old world cracked, its black  
fragments dropping away, and s

WICK STOCK  
Histor  
The  
like  
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SAN FRANCISCO  
OCTOBER 17, 1984

YEAR'S  
THE MAN WHO INDICATED  
PRIEGA REJOICES  
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Is the light  
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REAGAN  
eagan  
Annie Lennox  
rhythmic  
fashion five in  
a rt.  
a  
ab PAULA ABDUL: STR



## FOR MEN ONLY

I'll tell ya, this dance better be a whopper after all of this running around all week. This is too much stress for a little ole' teenager to be handling just for a dance. Thank god its only once a year. First of all, there was the ceremonial asking ritual. Even though I asked all of her friends if she would say "yes", I still had the typical butterflies and goosebumps as I called her house and hung up on her dad about a hundred times because I was too scared to talk to her. But after I finally asked her and she accepted, I was sure it was all downhill from there. My mistake. I forgot all about renting a tux until the week before and when I finally got

my rust bucket down to Butches, all they had left was what they called, "The Brown Supreme" a velvet brown tux with lots of ruffles. Plus they only had one and it was two sizes too small. Even if it was the right size, its not going to be too stunning with a red dress. Then I had to run down to the florist and find out all they had left were magenta carnations for corsages. Just what I needed to hear. To top it all off, I accidentally bought a single ticket, plus, I'm already 10 minutes late to pick her up. With my tardiness, brown tux, magenta flowers, and impromptu limo, this should be the ultimate test of true love.



## FOR WOMEN ONLY

1. "Who are you going with?" 2. "Have you bought your dress yet? What does it look like?" 3. "Have you decided where to eat?" 4. "Wanna double?" These are just a few of the many questions that get asked before the great event of the year occurs, PROM!

Prom is the most talked about topic in the spring, because everybody looks forward to the big event. I even know people who ask their dates months in advance, which is fine because they are so excited, but they just better hope that they are still talking to them by the time prom comes.

Besides a lot of time to the subject, girls spend a small fortune on their out-

fit. Finding that perfect dress, dyed satin shoes, jewelry, gloves, and handbags, is enough to make even the most avid shopper dizzy. After finding the perfect "look" for the evening, the cost is of little importance. I mean, how can you put a price tag on the value of being the best dressed person at the prom?

Bleached skin and frizzy hair. Besides getting all the right coordinating fashion requirements, everybody has to make a trip to a hair salon, and, for the real finished look, a few sessions in the tanning bed.

Now if you'll excuse me, I have to go order a boutonniere and make dinner reservations.





# Jr./Sr. PROM

The theme of the 1990 Jr/Sr prom turned the Elks ballroom on the evening of May 12 into a "Moonlit Paradise." With purple, blue and silver colors predominating, decorations of balloons, streamers, lights, and glitter carried out the theme. Five towering balloon arches were set against the back wall, and clusters of balloons decorated the ceiling, tables and floor.

Couples danced to the music provided by Mobile Music or watched from the tables on each side of the floor until the coronation at 10 p.m. Senior princesses Lisa, Roxanne, Julie, and Cassy, and Juniors Carly, Aimee, Kris, and Honour soon joined Senior queen Sheila Wright and Junior queen Chris Crane in the queens' dance to the proms theme song "Here and Now". Midnight brought an end to the dance, but not to the memory of it for those who attended.

*"Be ready to dance with Mr. Foster."-J. Wilkerson*

*"I made it to prom without getting in trouble."-Bobby Enloe*

*"It was fun, hot, not enough slow songs and a blast."-C. Salsberry*

*"Prom was great until my boofant fellout."-Keri McCormick*



# Jr./Sr. PROM

## Senior Princesses

Roxanne Ely - Ray Schmidt

Cassy Johns - Jeff Killian

Lisa Shelton - Mark Thompson

Julie Wetherill - Brian Boudreau

Sheila Wright - Mike Bishop



## Junior Princesses

Chris Crane - Joel Bechtolt

Carly Hogan - Monty McCleary

Honour Lavis - Nick Begleries

Aimee Schneider - Brandon Olson

Kris Wheeler - Chuck Biddle







**TOP LEFT:** Looking good up-close and personal. An evening to remember for everyone, the dance brought out the best in apparel and spirits.

**LEFT:** Monica Hartney and Alex Kilbane dance the night away in style in the Elks Ballroom turned into a "Moonlit Paradise".

**ABOVE:** All smiles, an excited Queen, Sheila Wright and escort Mike Bishop soak in the flavor of the entire evening.

**ABOVE RIGHT:** Gazing into each other's eyes, Nick Belgeries and Honour Lavis take in a slow dance, to the prom's theme song.

**RIGHT:** Princess Julie Wetherill (back from Hawaii?) gets her moment in the spotlight as Mr. Foster presents the court at coronation.





# SPORTS









# VARSITY FOOTBALL

*Season Highlighted by  
Outstanding Team Effort*

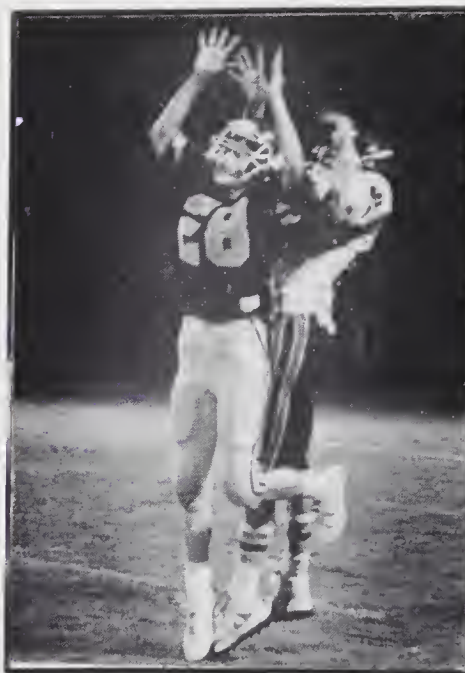
"The most important thing about this season was that we were sorry that it had to end," summarized a saddened Coach Andrea.

Rising from the depths of the league cellar, the journey towards the top of the league had its share of pitfalls and excitement. Going into the season looking for the first league win in three years, new head coach, Mr. Andrea, incorporated a wishbone offense and positive attitude into the football program. Surrounded by a great group of Seniors that provided some great leadership, the team accomplished more than most people felt possible.

Highlighting this memorable season were some big plays and many great games. Building their confidence early, the Fishermen shot down a respectable Seaside team 16-0 in their first league game to get the wheels rolling. By the time of the final game against Scappoose, which was an unbelievable come from behind win with less than one minute left in the game, the team had made believers of many of the doubters.



**The winning touchdown!** A big 14-10 win over Scappoose earned the team a share of second place and a post-season playoff spot.



**Playing good defense,** Ryan Reed goes up for an interception.



**Celebrating a big play** are, Stuart Johnson and Ryan Person.



**On a quarterback keeper,** Pat O'Brien attempts to get outside of the Seaside defense.

## SCOREBOARD

WON	STEVENSON	46- 0
WON	TAFT	24- 6
LOST	SHERWOOD	13- 9
WON	SEASIDE	16- 0
WON	RAINIER	21- 6
LOST	TILLAMOOK	0-33
WON	CLATSKANIE	3- 0
LOST	ST. HELENS	6-32
WON	SCAPPOOSE	14-10
KANSAS PLAN RESULTS		
LOST	TILLAMOOK	7-13
WON	SCAPPOOSE	6- 7
WON	TILLAMOOK	7- 6
LOST	TILLAMOOK	6- 3





**Varsity, J.V., and Frosh teams. Front Row L-R:** Jeremy Middleton, Pat Porchet, Trent Youngren, Diep Bui, Scott Matlock, Jason Walther, Andy Muller. **Second Row:** Ron Middleton, Matt Cvitanovich, Justin Bechtolt, Jayson Holmstedt, Bill Chamberlain, Bob Reiter, Bibbo Ballard, Ryan Helligso, Arron Birdeno, Ryan Reed, Frank Jenson, Jeremy Hunter, Coach Andrea. **Third Row:** Kelsey Partridge, Chris Baker, Bruce Rogers, Chris Stevenson, Jason Howard, John Brown, Jason Jones, Stuart Johnson, Ryan Person, David Hillard, Mike Keyser, Mike Cummings, Chris Karna. **Fourth Row:** Coach Hoff, Coach Steinbeck, Brian Tucker, Nate Person, Loyd Burleson, Darin Larson, Steve Schofield, Sam Lee, Ed Olson, Monty McCleary, Joel Bergeman, Ty Williams, Kevin Fisher, Jamie Attig, Coach Person. **Back Row:** John Maddox, Craig Goozee, Josh Hill, Thor Norgaard, Pat O'Brien, Keith Haynes, Mark Brown, Craig Warren, Victor Miller, Jason Thiel, Tom Simmons, Tully Taylor



**Driving down the ballcarrier,** Olson is on as McCleary moves in for the hit.



**Cutting behind his blocks,** Mike Keyser turns his shoulders up into the hole that the offensive line made during a touchdown drive against Seaside.



**Heading for the sidelines,** all-league running back, Mike Keyser, turns on the jets to outrun an outmanned Clatskanie defense. This year there were 11 members selected to the league team.



**Slashing through the mud,** fullback Kevin Fisher slides towards the goal line.



# *Varsity* **Football**

## *Last Minute Drive Forces Kansas Plan Playoff Game*

One minute and forty seconds left in the season and 87 long yards in between the line of scrimmage and the goal line. With Scappoose hanging onto a four point lead, it seemed impossible that the Fishermen would be able to play the spoiler, ruin their homecoming, take away a league championship, and advance themselves into a special playoff. But it happened.

Executing smoothly and using the clock wisely, the offense began to move down the field. Inside the Scappoose 20 yard line, quarterback Pat O'Brien tucked the ball under his wing, broke two tackles, and scampered down to the one. From there, Mike Keyser, as he had done all night, broke through the line standing up to score the winning touchdown. It was awesome.

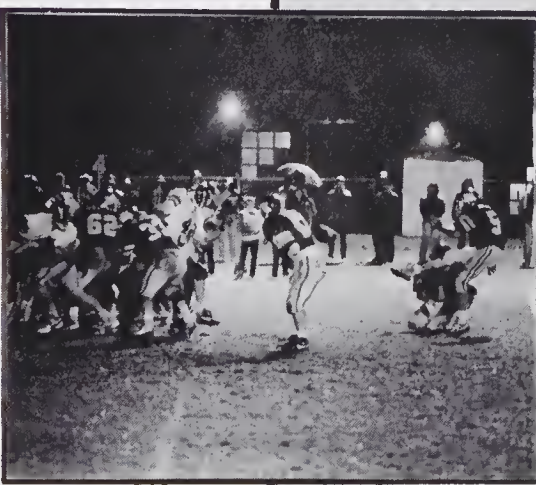
The special Monday night playoff for second place with Scappoose, Tillamook, and the Fishermen took place in Forest Grove. After losing to the Mooks in the first round 14-7, a 7-6 win on a missed extra point by the Indians kept state playoff hopes alive.

Having to defeat Tillamook twice to earn the seeding, the Fishermen tightened up their chinstraps and pounded their way past the Groshong brothers to win the first game 10-7. The second game was won by Tillamook 7-0.



*After driving the ball 87 yards, Coach Andrea and players celebrate the win that put Astoria in the playoffs.*

*Most Valuable*



*Stuffing the Mook offense, the defense holds on to a Kansas plan win.*







*Pushing through the line, Eddie Olson tramples two Columbians to gain big yardage.*



*Stopping the opposing offense, Mike Keyser uses outstanding form to make the tackle.*



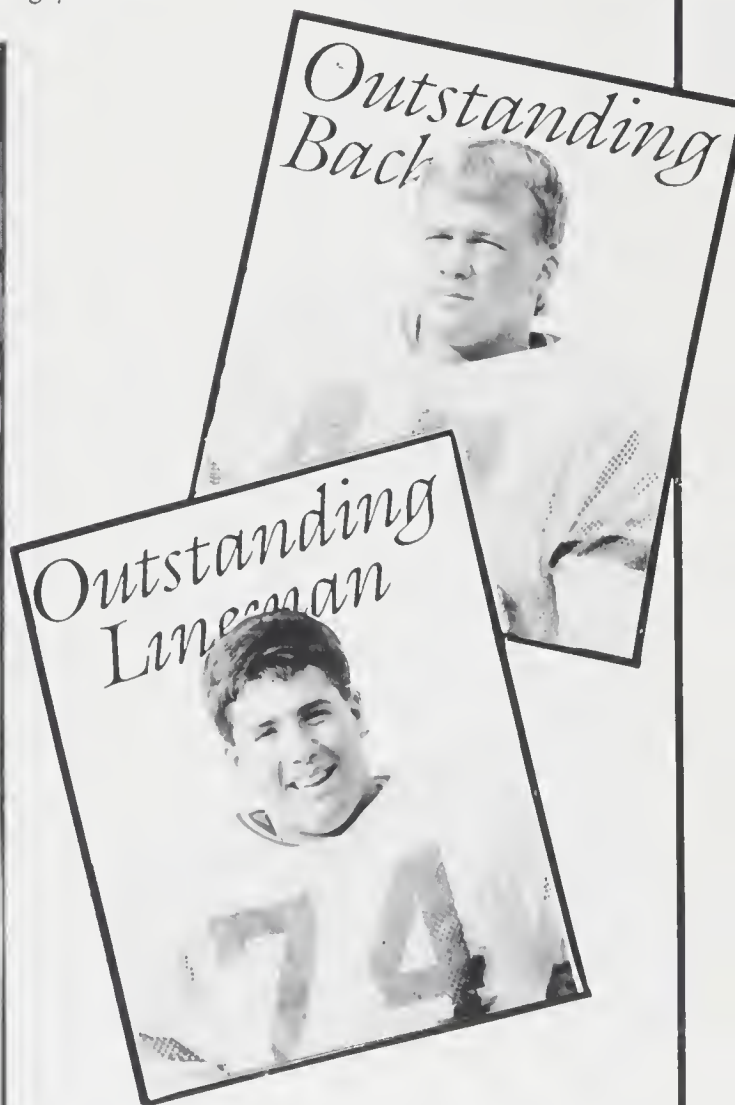
*Running like a locomotive, Eddie Olson tramples through the Columbian's defense.*



*With a great team effort, Sam Lee and Chamberlain stop Clatskanie from scoring.*



*During a big 16-0 win over the Seagulls, quarterback Pat O'Brien sweeps the corner toward the end zone to put Astoria in scoring position.*



*Raising their helmets in triumph, Kevin Fisher and Mike Keyser celebrate a shut-out.*



# FROSH FOOTBALL

## *Scrappy Eleven Survive Through Tough Season*

"With only 11 kids we had a tough time, but we made it work," summarized Coach Middleton. At best there were barely enough bodies to round out an entire offense. Out of necessity, depending on what they were practicing, the coaches were the defense or the offense.

The one's that stuck out the season found plenty of playing time and some valuable rewards for their efforts. "Winning or losing didn't matter, they learned their skills and made themselves better people," commented Coach Steinbeck. Rich rewards for their struggles.

Even though a whole game win never came about, there were plenty of big plays and outstanding efforts to make this season worthwhile. The unity and desire from all the individuals will make for many good memories and a lot of excitement for Astoria football in years to come.

**"Winning or losing  
didn't matter. They  
mattered. They learned  
their skills and made  
themselves better."**

-Coach Steinbeck



*Andy Wullger sprints in pursuit of the ballcarrier.*



*In the huddle, defensive captain Chris Baker makes the call for the goal line stance.*



*Just off his fingertips, wide out Trent Youngren can't quite pull in the pass from Helligso.*

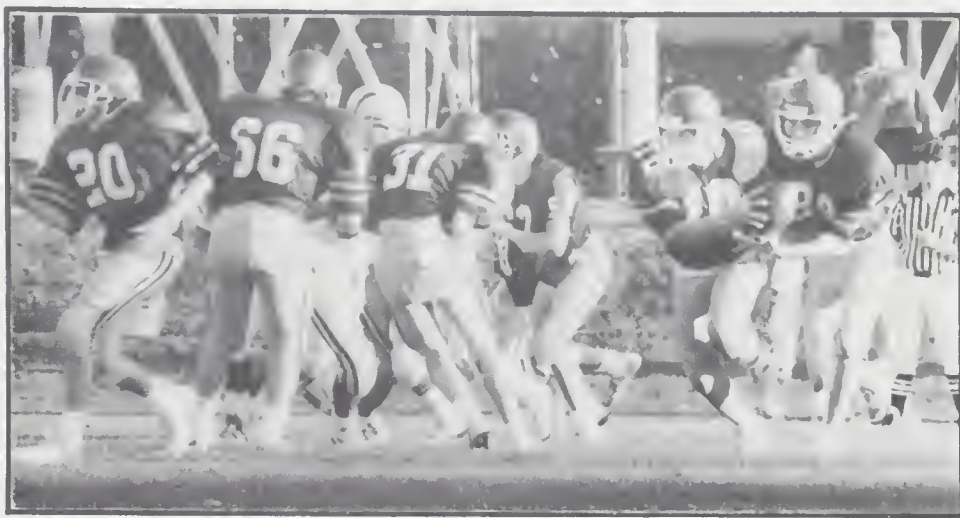


*Gang tackling a Columbian, Andy Wullger gets some help on stopping the offensive attack.*





**Celebrating a touchdown over the top of a Tiger defender,** excited Matt Cvitanovich holds the ball up in a moment of glory.



**Ryan, give me the ball,** calls out tailback Chris Stevenson as they execute a 12 veer quarterback option around the end.



**Breaking through the heart of the defense,** Cvitanovich finds daylight and heads for the end zone against Clatskanie.



**Coming down a punt returner,** Bob Reiter, Bruce Rogers, and Chris Stevenson zero in for a tackling tackle. Aggressive plays like this kept the team in many close games.



**Putting his foot into it,** Chris Baker booms the ball over the a Seagull rusher.





# VARSITY VOLLEYBALL

## Teamwork Results in Successful Season

"We weren't mentioned by anyone to be in contention (for state) but desire and hard work kept us improving. The teams attitude was great, it was one of never die," summarized Coach Wilson. At the beginning of the Astoria varsity volleyball season, goals were set for a winning season record and to make the playoffs. These were far exceeded by not only by an 8-4 3rd place league finish and an 18-3 tournament record, but also a state berth. An accomplishment achieved for only the second time ever at AHS.

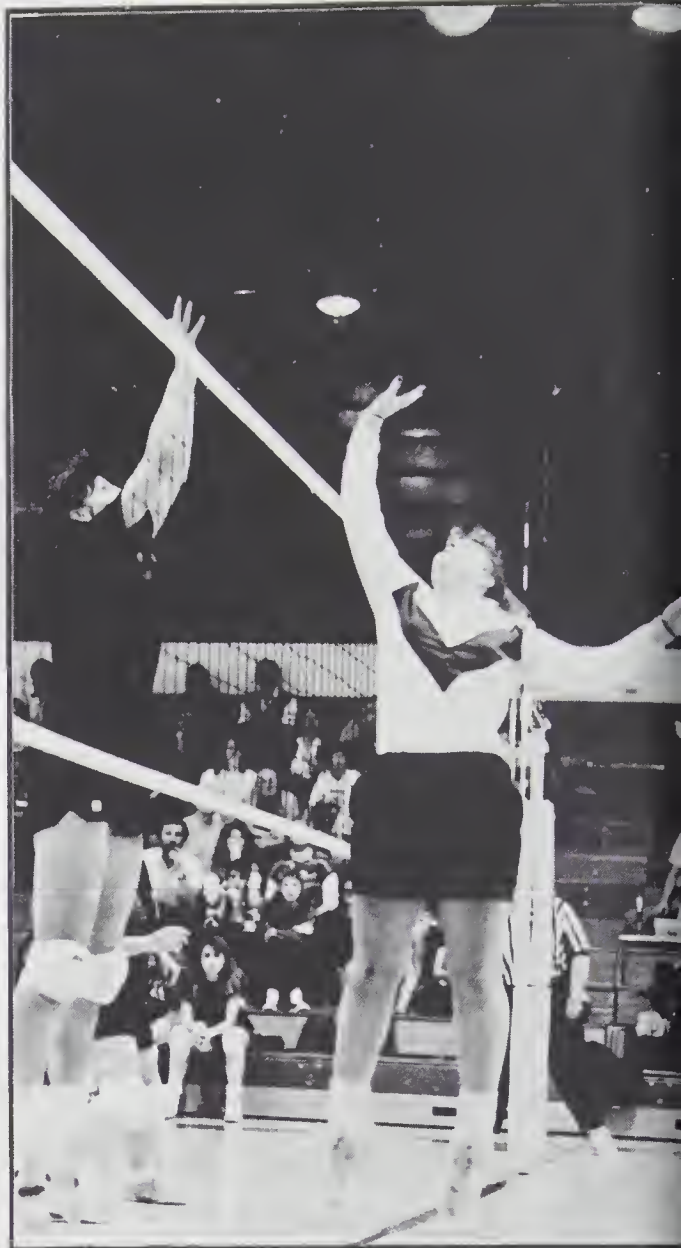
Going into the tourney the Fisherman played the number one ranked Vale Vikings, and after a tough battle came out losing, but returned early the next morning to battle the Henley Hornets. After three long games Henley came out on top, knocking Astoria out of the tournament. Although the weekend went quickly, it provided great experience for the team and especially for the younger players in hopes they will return next year.

### SCOREBOARD

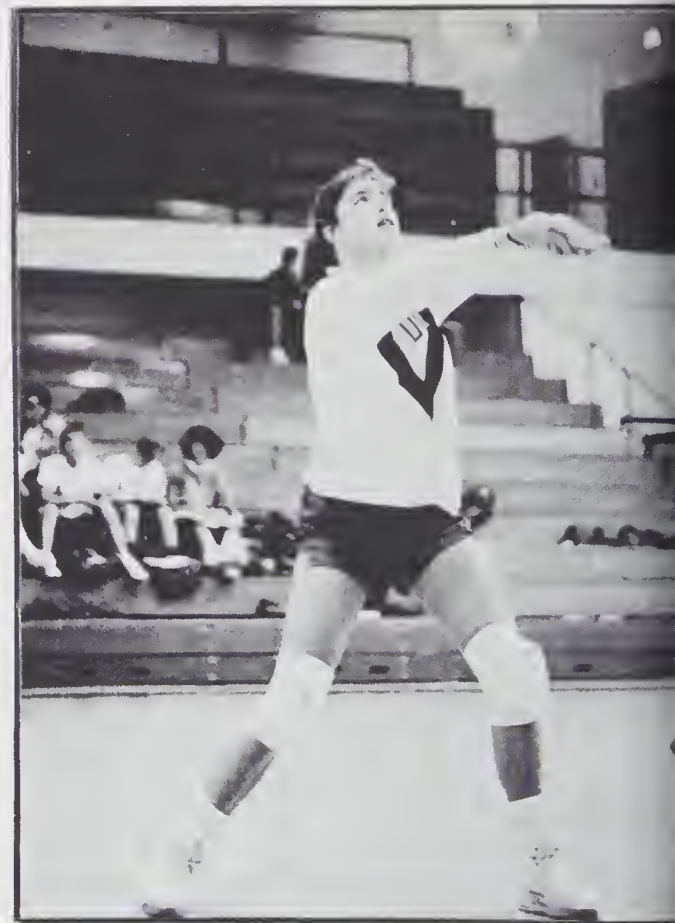
LOST EVERGREEN	5-15, 15-4, 9-15
WON SEASIDE	13-15, 15-3, 15-9
WON TILLAMOOK	7-15, 15-7, 15-6
WON RAINIER	15-3, 9-15, 15-4
LOST SCAPP.	7-15, 15-8, 10-15
WON CLATSKANIE	15-6, 15-6
LOST ST. HELENS	5-15, 7-15
WON SEASIDE	12-15, 15-8, 15-12
WON TILLAMOOK	15-5, 12-15, 15-11
WON WARRENTON	15-5, 12-15, 15-17
WON RAINIER	9-15, 15-13
WON SCAPPOOSE	6-15, 17-15, 15-13
WON CLATS.	10-15, 9-15
LOST ST. HELENS	

"Our team did well because we didn't have one or two great players but could rely on many."

Coach Wilson



**Tipping the ball,** Debbie Zielinski manages get it over the top of the tough Scappoose block.



**Full of concentration,** Carly Hogan carefully squares up to ball and makes a pass to the set.





*During a play off the set, Carly Hogan manages to hit over the Rainier middle block.*



*Full of frustration, the Astoria bench looks on during a league loss to Scappoose. They later revenge themselves by beating them in playoffs for a state berth.*



*During the battle with Scappoose, Lisa Brownlie carefully watches the ball and delivers another powerful hit, while Julie Wetherill shows good coverage and back row play.*

*Most Inspirational*



*Most Valuable*





# VARSITY VOLLEYBALL

## Outstanding Playoff Series Earns State Berth

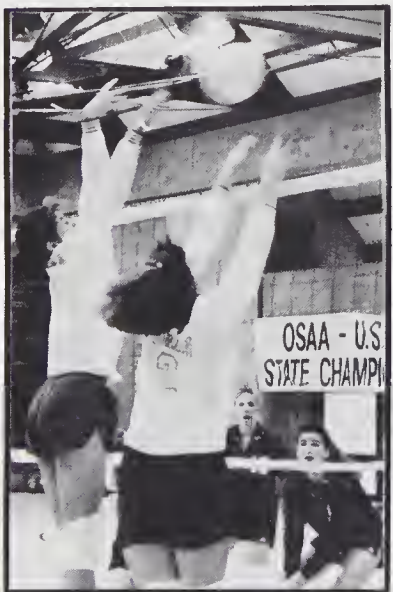
"Easily the most  
exciting games

I've ever been  
associated with."

-Coach Wilson



**Picking up the hit,** Lisa Brownlie makes the pass.



**Carly Hogan and Julie Davis** go up for a strong block.

"We never gave up," recalled an exuberant Coach Wilson. After claiming third place in league, Astoria entered a playoff match at Scappoose to decide who would be the second place team at state. To earn the berth, the Fisherettes had to first defeat Seaside in order to be able to face Scappoose.

Starting off slow, the team lost their first match 15-2. Facing a do or die situation, things started to turn for the better. Coming to life in the second match, the team came together and dished out a 15-11 thrashing and then cruised to a 15-7 win to knock the Seagulls out of the playoffs.

The match to decide who would be going to state was a great example of determination and desire. Despite two regular season defeats to the Indians and having to beat them twice to claim the championship, the girls were not going to be knocked out of the playoffs without first giving them a battle. "We had the attitude that we had nothing to lose," recalled Carly Hogan. With every thing to gain, they didn't want to waste this chance. Hustling after every ball that came their way, the Fisherettes demolished the Indian attack in the first match by a score of 15-5. "These were easily the most exciting games that I have ever been associated with," said Coach Wilson. Deciding the winner of the first match was a nail biter to the last point. When the last of the stubs had been chewed, the Fisherettes were the winners by a slim 16-14 margin.

With two matches behind them, the team was nearly exhausted both physically and mentally. Running on lots of confidence, they crushed the Indians in the final match 15-13, 15-9, to win the trip to state.



**Making the most of the set,** Carly Hogan the open floor and places the ball over the



**With a powerful swing,** Debbie Zielinski over the Henley block at the state tournament.

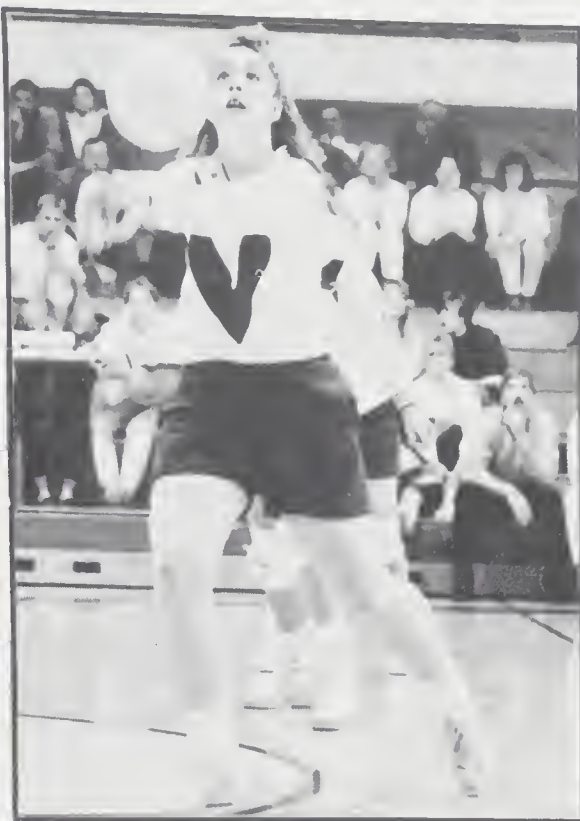




*During a time out, Coach Wilson gives helpful advice in the sweep over Clatskanie.*



*Full of concentration, Eowyn Bondurant makes another perfect pass to the setter.*



*Assisting in a win over Seaside, Debbie Zielinski starts the set up for a kill.*



*Keeping the pressure on, Julie Wetherill and Lisa Brownlie go up for the block.*



*Back row, (l-r): Lisa Brownlie, Julie Davis, Eowyn Bondurant, Debbie Zielinski Middle row: Erin Larson, Julie Wetherill, Cathy Dubb, Tracy Roberts, Coach Wilson Front row: Carly Hogan, Aimee Schnieder, Cassy Johns*





*Going for the save, Heather DeSisto punches the ball over the net.*



*Preparing for a down ball hit, Mar-lee Brownlie assumes her position.*

# J.V. VOLLEYBALL

*Near Perfect Record  
Captures League Title*

"Throughout the season," summarized Coach Patching, "from day one until the last game, these girls gave 100% in every practice and every game."

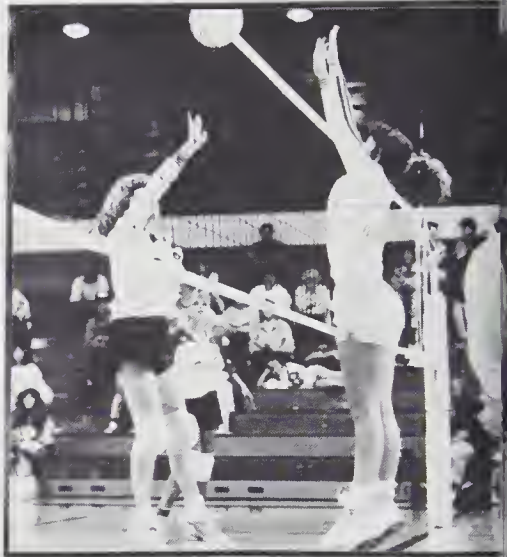
With the exception of one outing, this team had a perfect season. They played with a great amount of intensity, and they had a lot of fun in the process. Finishing on top of the league with a 11-1 record, they also dominated the Astoria and Sherwood tournaments by turning in perfect records.

A big part of their success came from their abilities to work together as a team. They were very unselfish and prided themselves in the way they created a high powered team that won game after game. "This team always gave it their best," commented Coach Patching, "they played to win, but at the same time, they played for fun."

SCOREBOARD		
WON	CLATSKANIE	15-7,15-12
WON	CLATSKANIE	15-8,13-15,15-11
WON	RAINIER	15-4,15-11
WON	RAINIER	16-14,15-17,15-12
WON	SCAPPOOSE	15-10,15-0
WON	SCAPPOOSE	15-13,11-15,15-8
WON	SEASIDE	15-0,16-14
WON	SEASIDE	15-5,15-9
WON	ST. HELENS	15-0,10-15,15-6
WON	ST. HELENS	15-5,8-15,12-15
LOST	ST. HELENS	15-7,11-15,15-5
WON	TILLAMOOK	16-14,15-3
WON	TILLAMOOK	



*Going up for the block, Teena Tachibana reads the Tillamook offense.*



*Getting in front of the ball, Deel Fisher passes to the setter.*





"These girls gave 100% in every practice and every game."-Coach Patching



**Spiking the ball over the top of the defense,** Summer Lind scores a big point in the win over Clatskanie.



**Front Row, (l-r):** Coach Patching, Melissa Linder, Ann Henderson, Melanie Bojanowski, DeeDee Fisher, Emily Fisher, Summer Lind **Back Row:** Sarah Landwehr, Keri McCormick, Teena Tarabochia, Heather Desisto, Kelley Brownlie, Marlee Brownlie, Tara Tuveng



**Setting up for the bump,** Melanie Bojanowski returns the ball back over the net.



**Trying to pick up the hit,** Ann Henderson attempts to make a pass but ... oops!





*In between games, Coach Zielinski explains the strategy and intensity needed for the win.*



*Carefully watching the ball, Josie Wright squares up to the serve and makes a pass to the setter.*



*Both rushing to the ball, Mary Roberts and Lisa Davis show great form in making the pass.*

# FROSH VOLLEYBALL

*Team Ends Wild Season  
With Second Place Finish*

"The hard work these girls displayed all season earned them a lot of success," recalled Coach Zielinski.

Setting out with the goal in mind to develop their basic skills, each player improved as an individual, leading to a great team effort that earned them a second place finish among all the Cowapa league freshmen teams. One of the challenges that the team had set was to achieve a serving percentage of 80% or better. Through a concentrated effort on everyone's part, the team proudly reached a season ending percentage of 80.3%. This success was reflected on the scoreboard as the team finished with a 9-3 league record.

Saving their best game until last, a road trip to league leading St. Helens on Halloween night was a treat. Despite being beaten by the Lions earlier this season, this time would be different. After a very hard match in which they lost the first game 11-15, great intensity brought the Fisherettes back to beat St. Helens, 15-9, 15-11. A great trick on those cats.

## SCOREBOARD

WON	SEASIDE	13-15, 15-9, 15-13
WON	TILLAMOOK	15-3, 15-5
LOST	RAINIER	15-10, 7-15, 9-15
WON	SCAPPOOSE	15-3, 15-12
WON	CLATSKANIE	15-4, 15-11
LOST	ST. HELENS	15-13, 7-15, 5-15
WON	SEASIDE	16-14, 15-9
WON	TILLAMOOK	15-13, 15-10
LOST	RAINIER	10-15, 3-15
WON	SCAPPOOSE	15-4, 15-3
WON	CLATSKANIE	9-15, 15-11, 15-10
WON	ST. HELENS	11-15, 15-9, 15-11



*Jumping to the ball, Gabe Baker tips it over the net.*



*Calling off the ball, Lisa Moxley makes the pass.*





*With outstanding form, Josie Wright extends toward the ball in order to pick it up after a hard hit. It was this determination that helped them to a 9-3 season.*

*Paying careful attention, Lisa Davis and Gabe Baker set up and wait for the serve.*



**Front row (L-R):** Tina Lilley, Josie Wright, Kris Goozee, Mary Roberts, Denys Goozee, Lisa Davis  
**Back row:** Coach Zielinski, Stephanie Kustura, Lisa Moxley, Maya Barrows, Cheryl Zielinski, Cathy Maki, Gabrielle Baker, Tessa Angus, Jennifer Wirth, Amy Helmersen, Christina Maki, Autumn Jaques.



*While playing Warrenton, Cheryl Zielinski makes the most of the pass and places the ball over the net.*

*Using great power, Josie Wright goes up for the spike.*

*Adjusting to the set, Tina Lilley, picks up the free ball.*





*Almost to the terrible sand hill, Peter Jackson makes the turn for the final sprint to the finish line.*



# CROSS COUNTRY

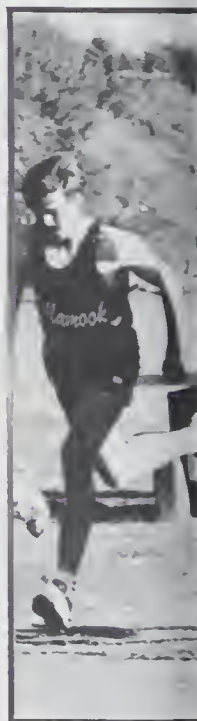
## *Girl's Clinch Cowapa League Championship*

"Make the last one your best," lectured Coach Dominey. With this goal in mind, the girl's and boy's cross country teams began their season. In each meet, every individual worked hard to better the time that they had in previous competition.

The girls went into the district championship in a tie with Rainier and left two points ahead with a first place trophy. Turning in outstanding performances, Kammy Hunter, as she had done all season, finished first. Julie Brugh finished sixth, and Tricia Brugh finished twelfth. As a result of their hustle, the team earned the trip to state.

Lining up against the top runners in the state, the course at Lane Community College provided its share of difficulties. Although they didn't bring home a trophy, Astoria kept their season goal in mind, and each one of the girls ran their best race of the season to finish with a 13th place ranking.

The boy's team, plagued by a low turnout, was led by Joe Navarro, Mike Jackson, and Scott Atwood. Because of the lack of runners, going into the district meet the team was dead last. With a lot of determination, desire, and individual effort, the threesome managed to pull their final league standing to fourth.



*Most  
Valuable*



*Most  
Inspirational*







**Sprinting to the finish line,** Kammy Hunter barely edges out teammate Julie Brugh against Tillamook.



**Giving helpful advice,** Honour explains to Coach Dominey just how to run the race.



**Full of energy,** Matt Stull easily sprints to the finish line.



**They're off!** Scott and Mike take nearly lead over the Mooks.



**FRONT ROW (l-r):** Matt Stull, Melanie Waddell, Julie Brugh, Kammy Hunter, Tricia Brugh, Honour Lavis, Ayako Akoya, Peter Jackson, Coach Dominey, Timmy Marshall **BACK ROW:** Charlie Anderson, Scott Sistek, Mike Jackson, Jeff Beaty, Joe Navarro, Kevin Goin, Scott Atwood



# SOCCER



**Varsity squad, Front Row l-r:** John Teagle, Jason Palmberg, Willie Raw, Sean Ahlers, Josh Long, Justin Shatto, Timber Stevens **Back Row:** Coach Farquahr, Morgan Stokeld, Len Chamberlain, Mike Balesky, Darren Palmberg, Ken Hoffman, Nick Begleries, Bobby Enloe, Glenn Stapleton



**Scrambling for a loose ball,** Bobby Enloe changes directions to take control.



**Pushing his way for an advantage,** Cory Stevens works on a defender in the win over the Seagulls.



**JV squad, Front Row l-r:** Chad Lund, Jason Van Horn, Dan Chamberlain, Josh Pounds, Jeremy Matlock, Trinity Steele, Arlo Ryan **Back Row:** Coach Donyari, Ryan Smith, Ben Baker, Joel Bechtolt, Trevin Duey, Jason Larson, Delian Scudder, William Hernandez, Jeff Mann, Preston Meyer

Facing their fair share of ups and downs, the soccer team put together their best start ever with five straight wins and one tie. Unfortunately, the season schedule didn't end after six games. Running into some disciplinary problems and a tough losing streak, the hopes for their first playoff spot were shattered after dropping six straight matches to end the season with a 5-6-2 record.

At one point, the team was making waves among the soccer teams in the state and was given recognition by being voted as the number three team in the state. The aggressive play and the leadership of senior forward Timber Stevens kept the Fishermen on top of their opponents.

*"Every year it gets better.*

*This year was the best. We had good and bad things happen but the program improved."*

*-Coach Farquahr*

Up until the last match of the season the team was still in playoff position. Some outstanding plays by Sheih, Chamberlain, Begleries, and Palmberg made the scores close in the stretch.

## SCOREBOARD

Won Central	5-0
Tie Forest Grove	2-2
Won Sherwood	4-1
Won Gervais	4-1
Won Damascus Christian	1-0
Lost O.E.S.	2-3
Lost The Dalles	0-1
Lost Catlin Gabel	0-3





**Preparing for the assault,** Timber Stevens positions himself to fend off the Central defender on his way to the goal.



**Leading for the goal,** Trinity Steele pushes the ball up the field during a 3-1 win over a Seaside club.



**Knapping the ball away from the goal,** Joshua Long successfully defends against a Catlin Gable corner kick.



**Just over his fingertips,** goalie William Hernandez can't quite reach the ball. The J.V. team still managed a win over the Seagulls.



**Racing to the ball,** Darren Palmberg keeps the defender under control as teammate Justin Shatto backs up the chase.

Most  
Valuable



Most  
Inspirational







**Varsity Rally** Back row (l-r): Alicia Stowell, Stacey McComber, Heather Warr Front row: Amanda Brown, Stephanie Northrip, Carla Gildner



**A big finish to the starting lineup,** on the part of Teresa Bivins.



**Showing her spirit,** Alicia Stowell gets the crowd motivated.



**At the first pep assembly,** Heather and Stacey get into the groove as they chant their rap about the win to come over Stevenson.

# FALL RALLY

*Varsity and J.V. Squads  
Strive for Enthusiasm*

"We've got spirit so let's hear it!" Standing out in front of the student body generating some enthusiasm was a lot harder than it looked. Taking the challenge of keeping the spirit alive and loud, the varsity and J.V. cheerleaders used a mixture of traditional and new chants to show their support for the football teams. The results were very favorable.

In addition to cheering at all the games, both squads presented some funny and entertaining skits at the pep assemblies. From a rap session that emphasized the Fishermen football teams, to a cute skit from the J.V. cheerleaders that featured impersonations of celebrities with the "Church Lady," the teams made some humorous moments.

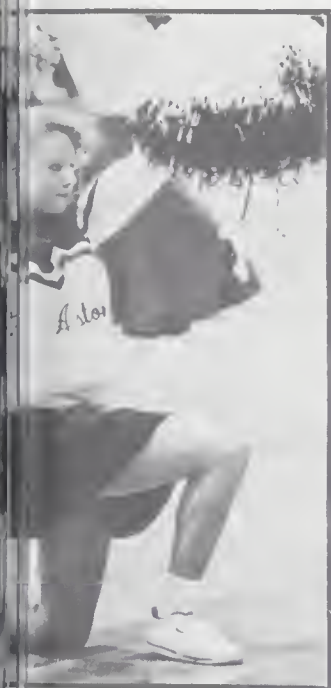
Under the guidance of first year advisor Dea Helligso, their aim was to gain new respect for cheerleading, which meant looking at the role of cheerleading in the past. "We wanted to get back to the way that things used to be," commented Mrs. Helligso, "so I asked a lot from these girls."







**ing to excite the crowd**, the rally and the dance team combine for the first time to perform the school fight song during a pep assembly.



**owing her enthusiasm**, Aime Kelly does a starting line up.



**Encouraging the team**, J.V. Rally yells, "A-H-S, A-H-S-, Fight, Fight, Fight."



**Chanting during a home game**, Stephanie Northrop works on involving the crowd.



**uring the Homecoming assembly**, Carla Gildner, posing as the Clatskanie Tiger, was caught by the rally and pulled across the gym floor.



**J.V. Rally** Front Row(l-r): Amy Salsberry, Terri Vineyard Back row: Corie Humble, Teresa Bivens, Leslie Crockett, Aimee Kelly Not pictured: Tiffany Richardson



# VARSITY BASKETBALL

With the expectation to repeat the successful season accomplished by last years' squad, this team jumped head first into the ocean of talent known as the Cowapa league with their eyes set on the crown. There was little disappointment at the final outcome.

Gaining an advantage on any team in the league this season was not an easy task. Playing very well most of the time, the team experienced some setbacks that nearly cost them a playoff position. With only a few weeks left in the regular season, the Fishermen won the key games that it had to in order to wrap a second place final standing.

The power of the season may have very well have been the outstanding play by a trio of guards. Led on the court by all-league most valuable player, Pat O'Brien, who showed his soft touch from behind the three point line on many nights, the offense left many defenses without hope. Senior Darren Palmberg gave additional support with his ball handling abilities and quickness to the hoop. Sophomore Thor Norgaard seasoned into a force that caught most teams surprised as his game sparkled late in the year.

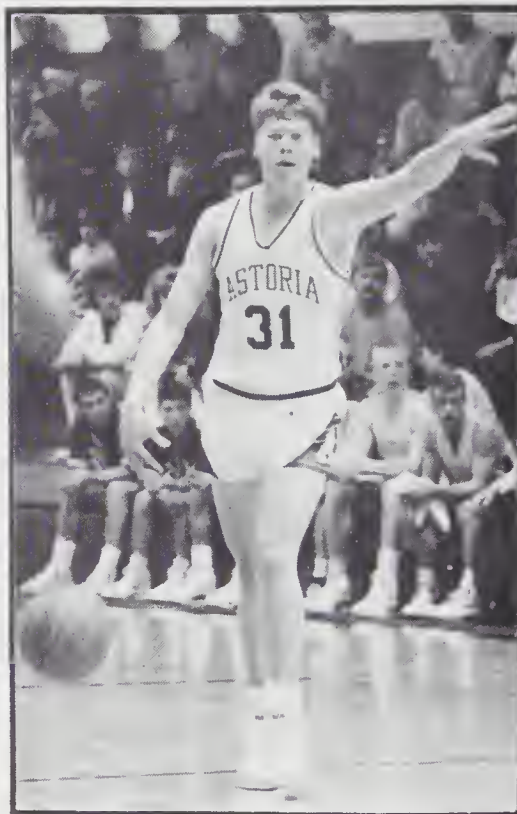
Establishing themselves under the basket with some muscle, the front line was not easy to push around. Jason Thiel earned all-league recognition for his dominance inside the key area. Also awarded on the all-league honorable mention list for their outstanding efforts were Eddie Jones and Darren Palmberg. Senior Tully Taylor who was used primarily as a valuable sixth man, came off the bench and played some spectacular moments to help the team with the drive to the playoffs.

## SCOREBOARD

WON	R.A. Long	61-43
LOST	Mt. View	42-52
WON	Naselle	61-38
WON	Toledo	63-41
LOST	Clatskanie	76-78
WON	Rainier	88-59
WON	Tillamook	64-59
WON	St. Helens	37-41
LOST	Scappoose	63-55
WON	Seaside	67-61
WON	Clatskanie	85-49
WON	Rainier	67-53
WON	Tillamook	64-59
WON	St. Helens	65-44
WON	Seaside	65-47
WON	Scappoose	83-64
WON	Clatskanie	78-58
LOST	Tillamook	54-74



**Back Row:** Palmer Coe, Bob Enloe, Tully Taylor, Eddie Jones, Jason Thiel, Coach O'Brien  
**Front Row:** Joe Navarro, Darren Palmberg, Monty McCleary, Timber Stevens, Thor Norgaard.



**During the second half of the season,** Norgaard takes charge and sets up the offense.

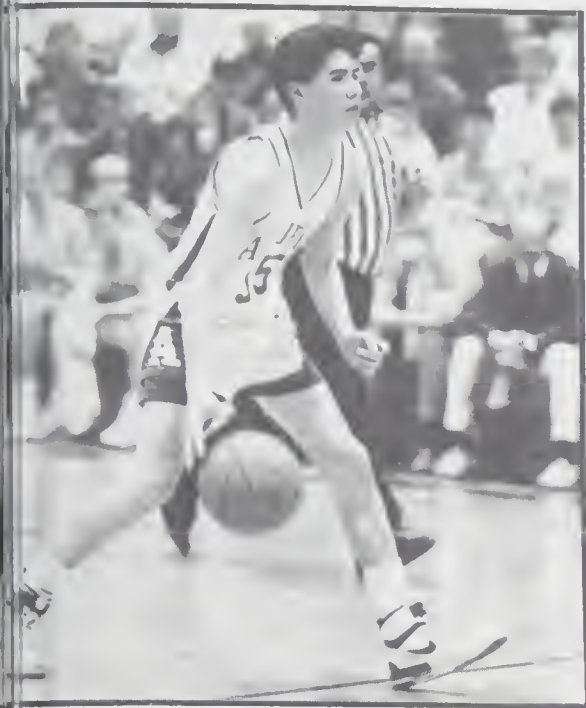


**After a game clinching three** play, Pat O'Brien, receives the pass.



**While Bob and Jason battle on the inside for the rebound,** Eddie Jones advantage of the open lane and goes up for the shot.





**Winding up a play,** Joe Navarro comes off the bench to the offense to an impressive win over Rainier.



**Getting a step past a Gull,** and weaving his way to the basket, Timber Stevens helps widen the lead over the visiting birds.



**Reaching around the backboard,** Eddie Jones sinks a one hander from the baseline.



**Putting off a shot over a jumping Jack,** as he did all year, Jason Thiel established his domination over the inside game against R.A. Long.



**After O'Brien sunk a foul shot to put away the game against Tillamook,** the bench began celebrating the win and the tie for first place in the league.



**Concentrating on the front of the rim,** Pat O'Brien sinks another three pointer



**An unbelievable shot!** From behind the board, Darren Palmberg made this one look easy.



# State Tourney Highlights

They had better games. The determination that had gotten them through the playoffs and into the state tournament, held in Eugene, March 13-17, never surfaced as the team struggled to find their identity in a embarrassing loss to North Valley. "We just simply didn't come to play," summarized Coach Goin, "it wasn't the same team that got us to the tournament."

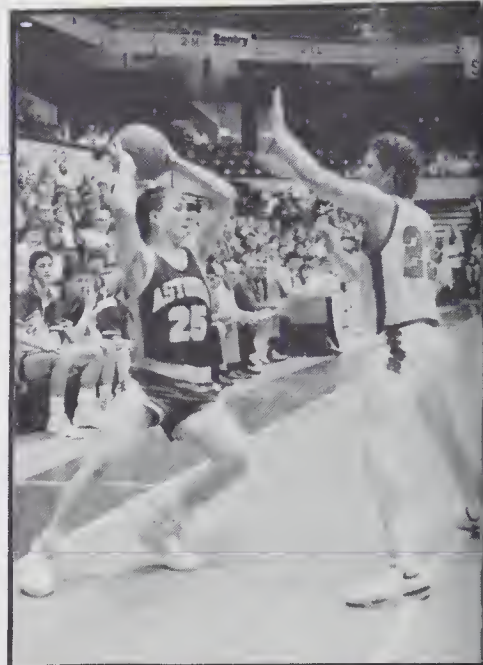
Bouncing back in the breakfast bracket, the hot shooting of Joe Navarro kept the Fishermen season alive as they escaped with a narrow 56-55 win over Ontario. Entering the game looking for a golden opportunity to showcase his three point shot, the reserve guard hit seven big points in the fourth quarter to spark the offense.

Hoping to stay alive through consolation play, and still looking for the return of their best game, the team started to get on track for the game with the Sutherlin Bulldogs. Tightly contested and exchanging leads made this contest exciting and close up to the final buzzer. With the game up for grabs in the closing moments, the lid went on the hoop for the Fishermen and the shots just wouldn't drop as they were edged out 56-62. "We at least looked more intense than in the other games," recalled Coach Goin, "in the other games we didn't come to play like we did in this game."

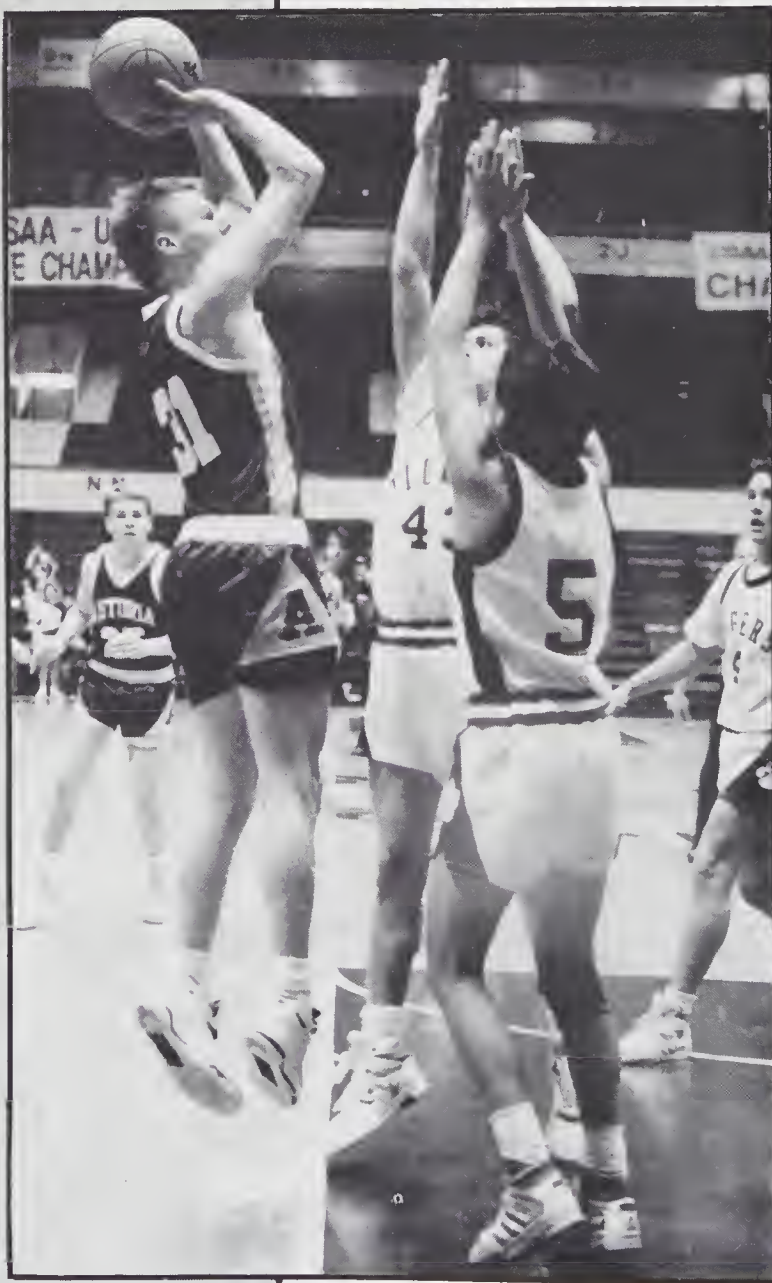
Although the excitement of the tournament didn't rub off on the Fishermen, the accomplishments made throughout the season more than made for another successful chapter in the continuing tradition of Astoria basketball.



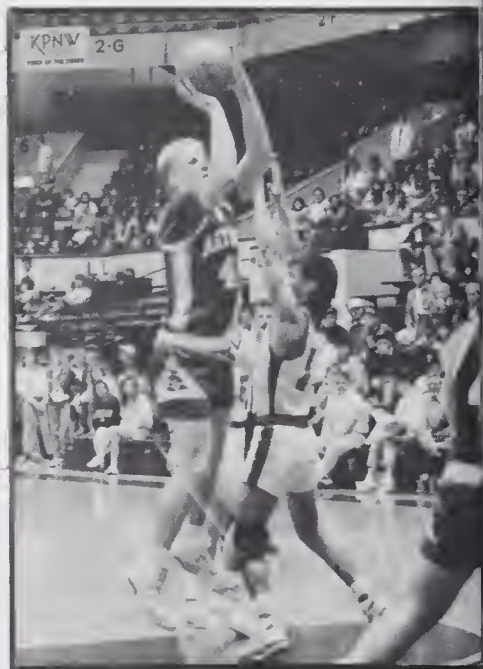
*Banking it off the glass, Palmberg gets an easy two points through the Tigers.*



*Pulling up to a quick stop, O'Brien looks to the inside to get the ball to the hoop.*



*Right on target, Norgaard pumps in two more in the 56-55 win over Ontario.*

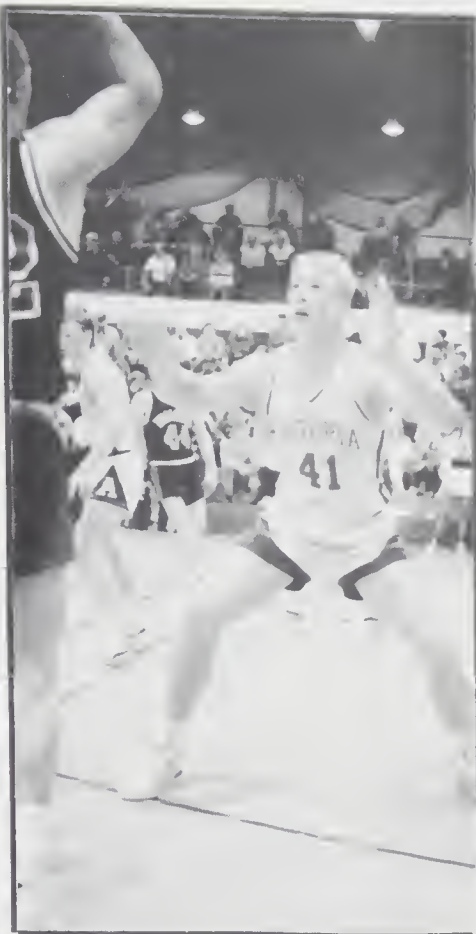


*Shooting over the top, Taylor fires up shot in the final seconds against Sutherlin.*



*Looking for help from the Knights, Stevens tries to find an open man to dish off.*



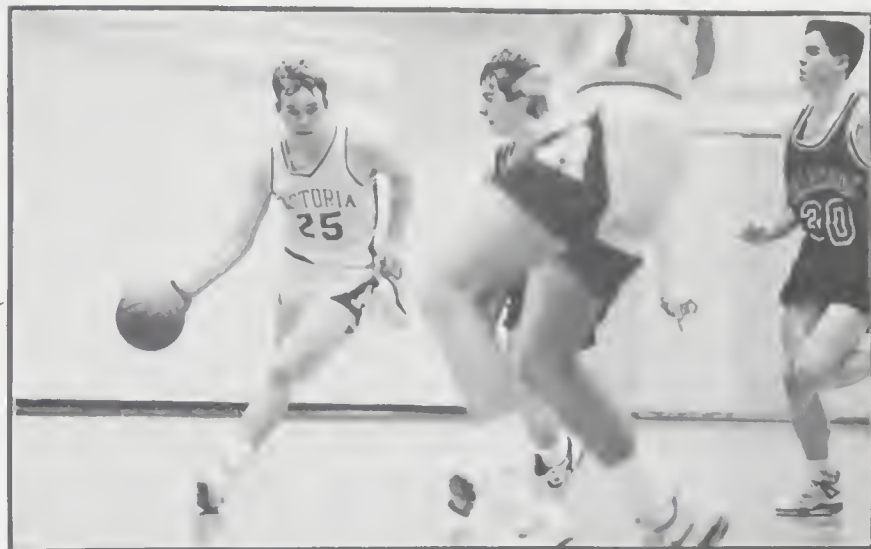


**Challenge of the big men,** Thiel over Gro-  
ing during the blowout against the Mooks.

**Defensing the inbounds pass,** Taylor  
shuts down the inside lane.



**Celebrating the 70-58 playoff win over Clatskanie,** the team earned a trip to  
the state tournament by finishing second in the league.



**The league's player of the year,** Pat O'Brien drives the ball down the court to  
break the press set up by the Cheesemakers.



**Putting a baseline jump shot,** Eddie Jones dominated the frontcourt with his ability to  
t up over the top of the opponents.





# J.V. BASKETBALL

Starting out in the 1989-1990 J.V. basketball season, the team was young and inexperienced. They struggled at the beginning, learning how to play as a team and manage the pressure of the J.V. level of play.

As the season progressed, the players improved, not only as a team, but also as individuals. Throughout the majority of the season, the starting five of Matt Stull, Mike Balesky, Ryan Person, Kevin Goin, and Monty McCleary played an aggressive style of basketball. This is proven through statistics. Matt Stull led the team in both scoring and rebounding, Kevin Goin led in assists, and point guard Monty McCleary topped the list in steals.

In the end, the greatly improved Fisherman earned a 12-8 record and were a threat to many teams in the Cowapa League. Coach Bruner feels that several of the players will be able to contribute extensively the the Varsity squad next year.

## SCOREBOARD

Won	Clatskanie	49-34
Won	Rainier	65-34
Lost	Tillamook	44-60
Lost	St. Helens	51-61
Won	Scappoose	55-54
Won	Seaside	44-43
Won	Clatskanie	65-29
Won	Rainier	70-52
Lost	Tillamook	45-63
Lost	St. Helens	46-55
Lost	Scappoose	47-69
Won	Seaside	61-33
Won	Camas	37-27
Won	R.A. Long	57-51
Won	Naselle	66-48

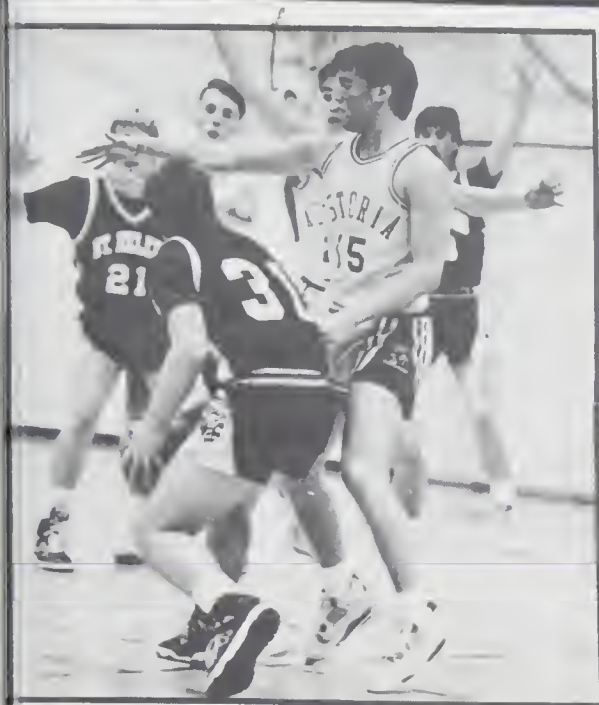


*After making an aggressive offensive rebound, Matt Stull rises above the St. Helens defense for another basket.*

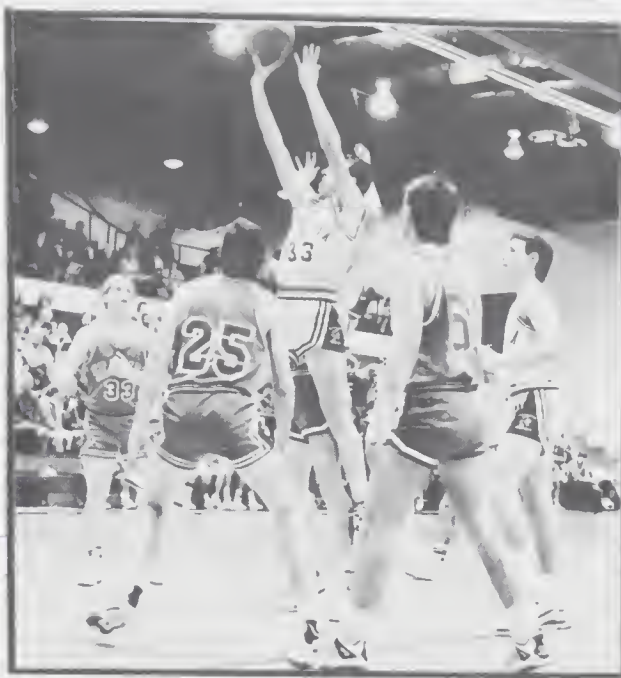


*After receiving the pass, Ryan Person charges up the floor, setting up another fast break opportunity.*

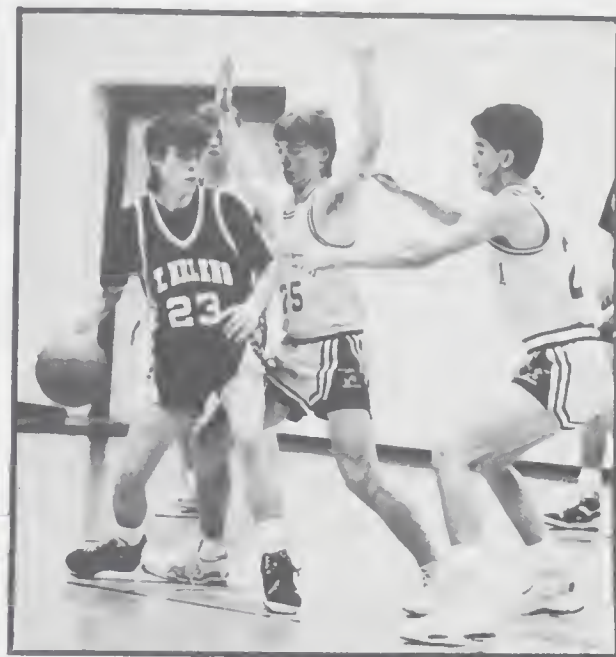




**Playing tough defense,** Monty McCleary applies pressure to the point guard.



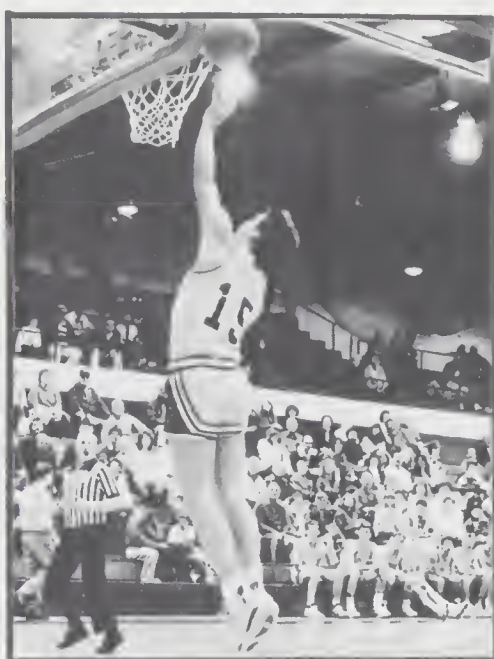
**Soaring above the Seagulls,** Billy Kroczyński puts down an easy 2.



**Preventing the penetration,** Kevin Goin and Jason Palmberg double team the ball.



**Passing the ball inside,** Nate Person gets the ball into the post.



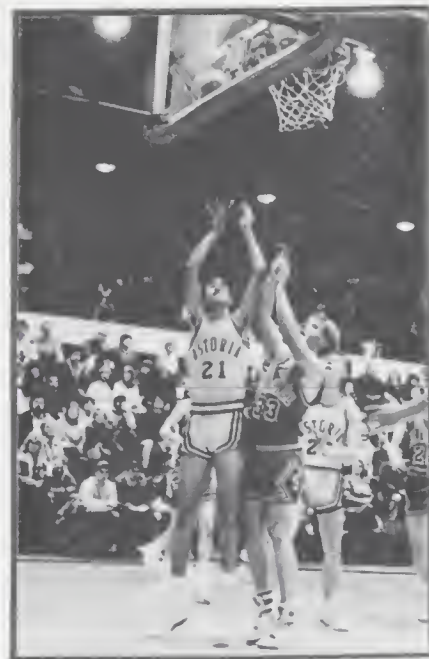
**After another impressive steal,** Monty McCleary puts it up for two.



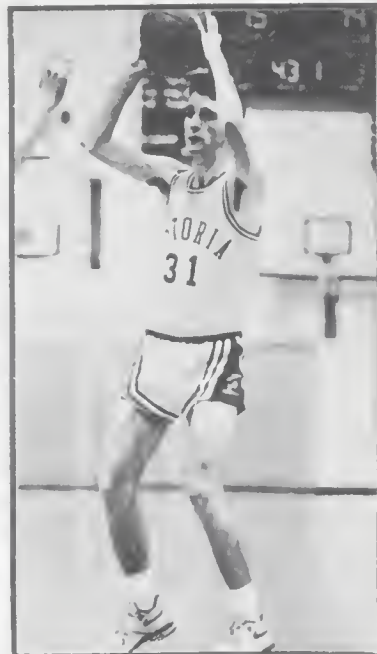
**During a half-time talk,** Coach Bruner explains what is needed to be done to pull off another victory.



**Back Row:** (l-r) Coach Bruner, Nate Person, Mike Balesky, Billy Kroczyński, Brad Grimm, Matt Stull, Kevin Goin, Morgan Stokeld, Monty McCleary, Jason Palmberg, and Ryan Reed  
**Front Row:** (l-r) Ryan Person, and Diep Bui



**Finding the lane,** Kevin Goin drives and gets the lay-in.



**Looking inside,** Morgan Stokeld wants to pass.



# FROSH BASKETBALL



**Front Row:** Donnie Bui, Willie Raw, James Crane **Back Row:** Evan Adams, Aaron Jones, Leonard Haglund, Jon Kustura, Ryan Helligso, Trent Youngren

# SOPH-FROSH BASKETBALL



**Front Row:** Kurt Reinebach, Jeremy Matlock, Mark Cary, Cory Stevens, Jeremy Colton **Back Row:** Adrian Mcswain, John Layton, Bill Kroczyński, Paul Ihander, Tim West

SCOREBOARD		
FROSH TEAM		
Won	Rainier	67-44
Lost	Tillamook	49-55
Lost	Scappoose	43-53
Lost	Seaside	38-45
Lost	Clatskanie	82-65
Won	Rainier	40-44
Lost	Tillamook	39-55
Lost	St. Helens	44-61
Lost	Seaside	32-73
Lost	Scappoose	26-52
Lost	Clatskanie	65-47
Won		



**Penetrating the key for an easy layin,** Bill Kroczyński shows one of the reasons why he was the team's leading scorer.



**Protecting the ball from the Bluejay defense,** Jeremy Matlock of the Frosh-Soph team, breaks across the time line.





**Pushing the ball upcourt,** Jeremy Black gets the fastbreak on the eve.



**Setting up the offense,** guard Ryan Helligso gets the energy in motion.



**Waiting for the right moment before making a clean steal,** quick James Crane picks up the ball and takes it in for an easy two points.



**Knocking their opponent before the time line,** Ryan Helligso and Ryan Black with force an Indian turnover. Good defense was the strength of the team.



**Filling the hole,** Jason Holton pulls up on the baseline and sinks the shot.



**Blocking the shot,** Adrian McSwain and Tim West apply a tough defense against Jewell.



**Leaving a Seagull flat footed,** Evan Adams drives hard to the basket and an easy layin. Despite the defeat, the effort of the team showed glimmers of future confidence.

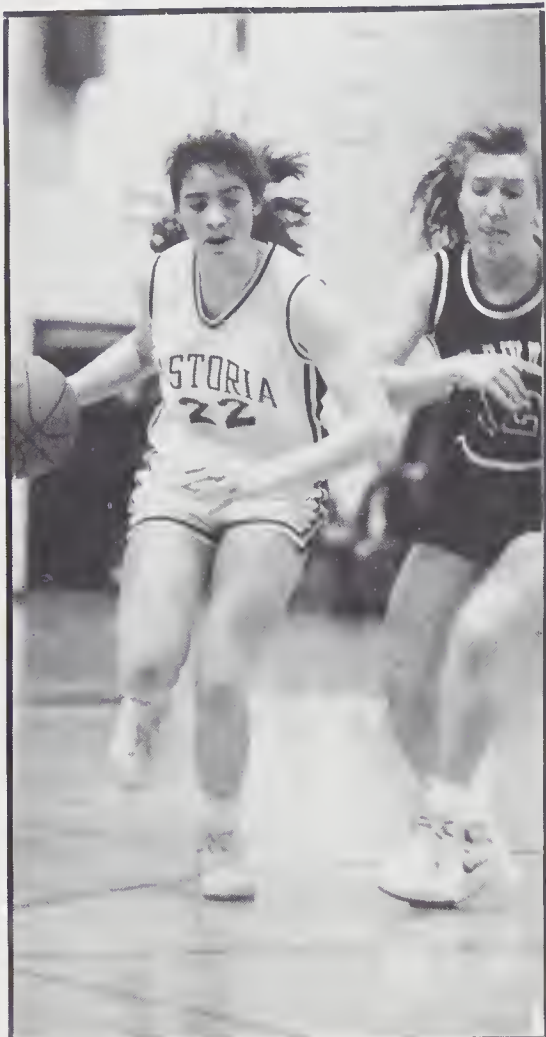


# VARSITY BASKETBALL

This year the Astoria High School girls' basketball team was very successful. Although the Lady Fisherman only had one returning varsity starter, the girls did not let inexperience get in their way. With hard work and a lot of determination, they went all the way to the state tournament.

When asked how she felt about this year's season, Emily Graves exclaimed, "It was a great experience for everyone involved, we learned a lot and had lots of fun!" "This year was a lot more laid back and enjoyable, we all just relaxed and had fun," explained Debbie Zielinski.

The 1989-1990 season was highlighted by quickness. Coach Davis explained early in the season that the team was really quick, and in order for them to be successful they needed to take advantage of that. He also stated that no single game would be easy and that the team would have to be continually improving to be in the hunt for the Cowapa League title. The team listened carefully, took the advice, put it into practice, and used it to help them make it all the way to state.



*Driving past a Rainier defender, Aimee Schneider takes it to the hoop.*

Most Valuable



Most Inspirational



## SCOREBOARD

Won	Tillamook	64-40
Lost	Scappoose	33-44
Lost	St. Helens	50-75
Won	Rainier	61-48
Won	Seaside	82-28
Won	Clatskanie	58-42
Won	Tillamook	70-45
Lost	Scappoose	42-44
Lost	St. Helens	55-60
Won	Rainier	66-32
Won	Seaside	71-43
Won	Clatskanie	69-33
Won	Rainier	58-52
Won	Scappoose	52-41
Lost	St. Helens	47-61
Lost	Vale	39-46
Won	Hood River	66-41



*Making a move to the hoop, Surmer Lind powers up through two Incans.*



*Tricia Brugh drives through the key for a big playoff win over Rainier.*



*Penetrating through the defense, Aimee Schneider goes up for the shot.*

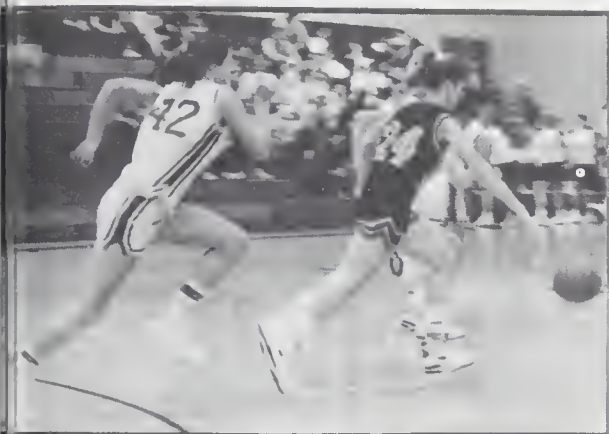




**BACK ROW:(L-R)** Gayle Booker, Carly Hogan, Patricia Brugh, Summer Lind, Alicia Stowell, Julie Davis, and Coach Davis **FRONT ROW:** Aimee Schneider, Eowyn Bondurant, Honour Lavis, Priscilla Hayes, Emily Graves, and Debbie Zielinski.



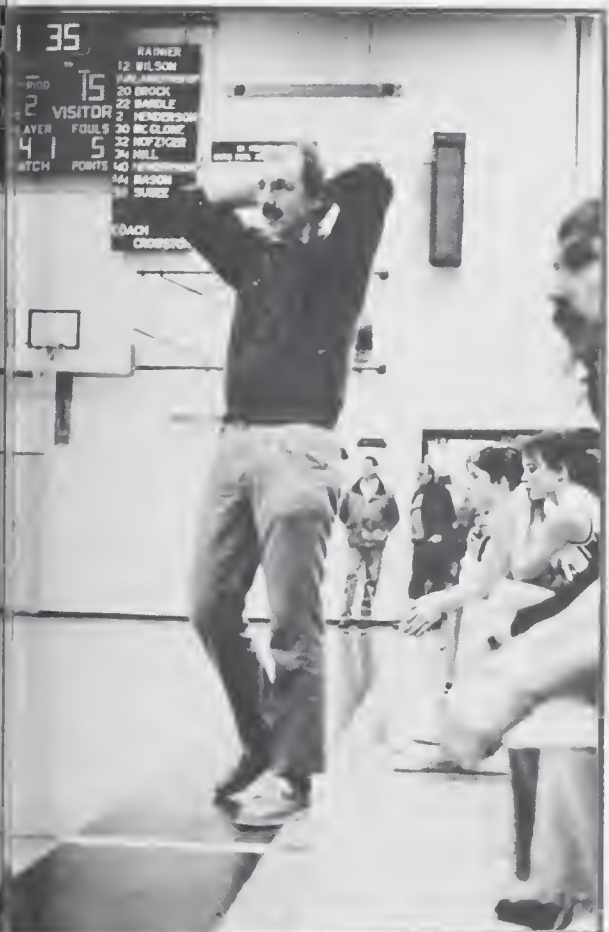
**Bringing the ball up the court,** Julie Davis starts to make a play during the 64-40 win over Tillamook.



**Running back hard to play defense,** Carly Hogan works her way back up the floor.



**Trying for the steal and forcing a turnover,** Tricia Brugh aggressiveness pays off.



**ABOVE:Going high for a rebound,** Summer Lind controls the boards over the Columbians.

**FAR LEFT: Showing his frustration,** Coach Davis, throws his arms up in disgust.

**LEFT: Laughing about the obvious foul,** Debbie Zielinski and Tricia Brugh look for bruises.



# Tournament Highlights

Although the state tournament didn't go quite as well as the Lady Fishermen would have liked, it was still very exciting and they should feel proud.

The first game was a dynamite game played by our girls. They only lost to this years state champs by a score of 39-46.

The next morning the Lady Fishermen played in the breakfast club and even though it was early, they played great and beat a strong Hood River Valley team 66-41.

On Friday the Lady Fishermen were playing in the semi-finals of the consolation bracket. The loss to the Marist Spartans was an emotional way to end the season, but the last game was played well. It was a hard fought game, that ended in the lopsided score of 62-43. The downfall of this game as well as the entire tournament, was the weak shooting of the girls. A poor 37% from the field proved to be too much for the team to overcome.

Despite a disappointing tournament, there were some bright spots. Junior post Carly Hogan put together solid performances in all three games and averaged 15 points a game. With the exception of Tricia Brugh, who was lost to graduation, the entire starting line-up will be back for another season.

"We lost to some very good teams," commented Coach Davis, "but we gained some valuable experience here this week, and learned some things that will benefit us." All in all, the season was a great success.



*Powering up over a Vale defender, Summer Lind shoots for two much needed points.*



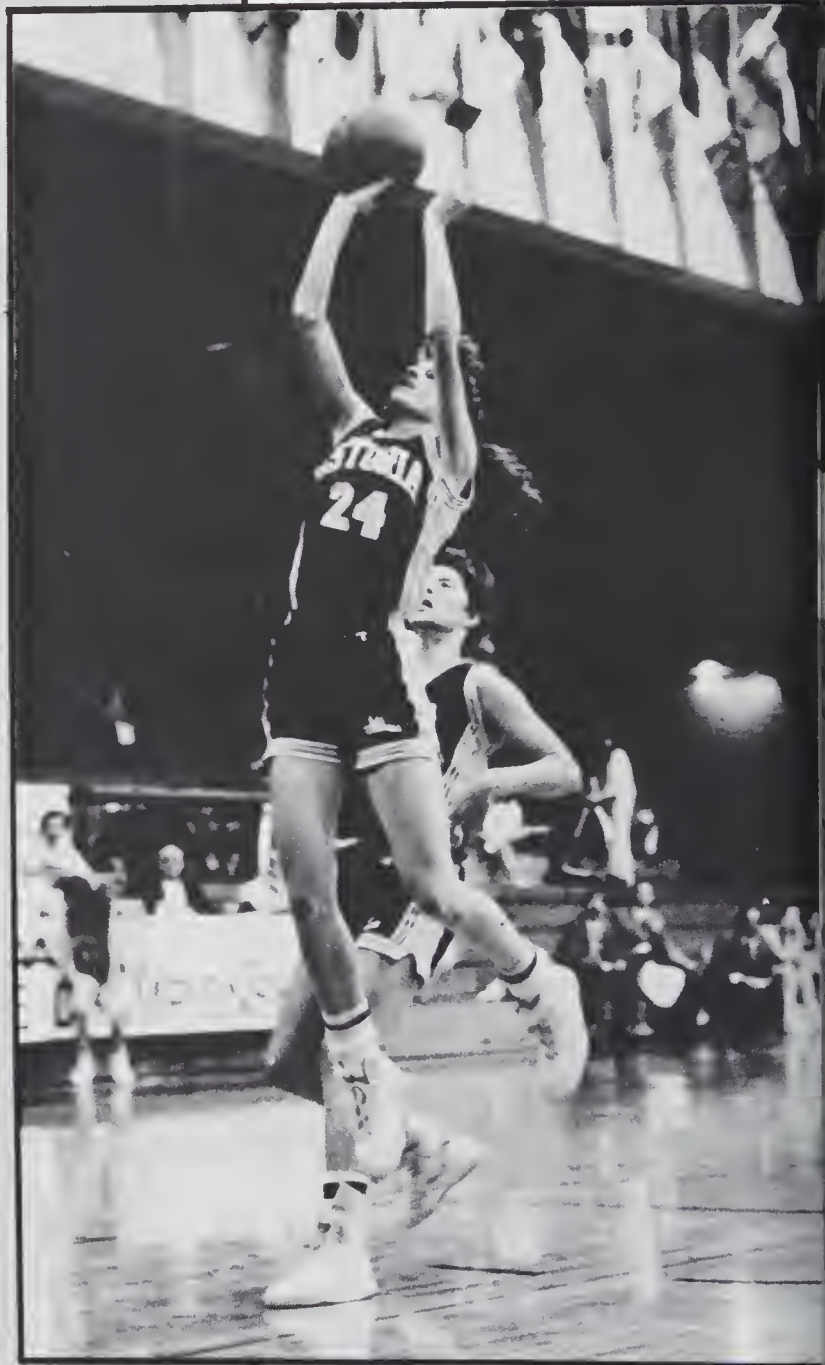
*Faking to drive to the hoop, Tricia Brugh looks to make the pass inside.*



*Surrounded by Marist defenders, Summer Lind tries for the shot.*



*Shooting for two, Carly Hogan adds to her great tournament average of 18 points a game.*



*Making a fast break, Tricia Brugh glides towards the basket for two more points.*





**Jumping her highest,** Carly Hogan tips the ball in our favor.



**Playing good hard defense,** Julie Davis stays with her person.



**Blocking the rebound,** Summer Lind posts up hard trying to get the ball.



**Showing her dribbling skills,** Debbie Zielinski drives past her defender.



**Calling out the play,** Aimee Schneider sets up the offense.



**Breaking away from the defenders,** Eowyn Bonbrant lays the ball up for two.



**Turning to shoot,** Alicia Stowell finds a Rainier defender in her face.



**Looking confused,** Emily Graves waits for some kind of direction.





Looking intensely to pass the ball outside, Emily Fisher maneuvers around the cheese-makers.



Fighting viciously for the ball, the Lady Fishermen wind up with the ball.

# J.V. BASKETBALL

The 1989-90 girls J.V. basketball season was very successful, and this is for a variety of reasons. This team had one of the toughest defenses in the league, and other teams knew this because of their inability to break the ten second line at half court. "They had great intensity, probably the most I've ever coached", expressed Coach Patching, "this made it an enjoyable season for me".

The starting five consisted of Honor Lavis, Melanie Bojanowski, DeeDee Fisher, Emily Fisher, and Kelly Brownlie. Coach Patching felt that, "these five girls were really unselfish, they really knew the concept of playing team ball". This is easily noticed when looking at the excellent season this team had. They earned first place in league with their undefeated record.

With many of these players being capable of playing on the Varsity squad, the Lady Fishermen are again looking forward to another successful season of keeping the tradition of reaching the state tournament intact.



Forget the game let's gossip. Honour Lavis tells Eowyn Boudant.



Setting herself up to twish a free-throw, DeeDee Fisher looks confident.

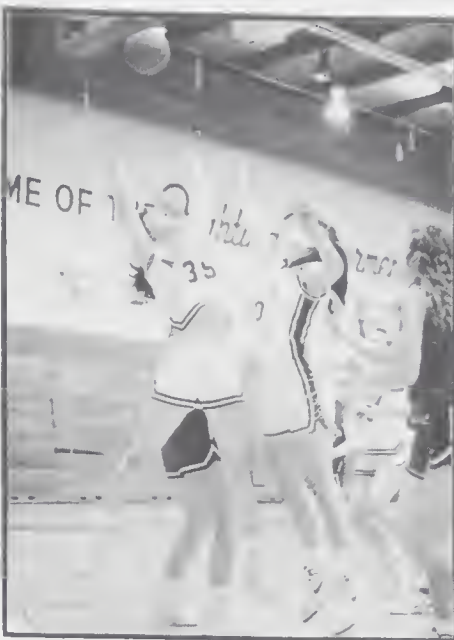
## SCOREBOARD

Won	Tillamook	45-34
Won	Scappoose	49-23
Won	St. Helens	35-27
Won	Rainier	43-31
Won	Clatskanie	41-26
Won	Tillamook	58-29
Won	Scappoose	57-16
Won	St. Helens	37-24
Won	Rainier	52-18
Won	Clatskanie	45-18
Won	Mt. View	37-19
Won	La Salle	59-23
Won	Banks	45-29
Won	Warrenton	42-22
Won	Rainier	58-20
Won	Knappa	62-26
Won	La Salle	42-23





**Looking through the defense,** Eowyn Bondurant threads the ball past the arms of the visiting Indians.



**Controlling the boards,** Lori Hagnas and Eowyn sky high for an offensive rebound.



**Pulling up to a quick stop,** Julie Brugh sets herself to take advantage of an open lane along the baseline.



**Passing it up over the top of the defense,** Lori gets the ball inside to Brugh.



**Leaning into the basket,** Chloe Allen gives a little finger roll for two points.



**Showing their zone defense,** the Fisherettes force the Cheesemakers to make the outside shot by taking away the inside the key.



**The aggressive defense of Teena Tarachia** forces the Lion to take a weak shot.



**Using her quickness,** DeeDee Fisher leaves the Tillamook defender flat footed.



**Bringing the ball down for a big rebound,** Eowyn and Kelly Brownlie control the ball during the closing moments of a good game against Tillamook.



# FROSH BASKETBALL



*Going for an uncontested layin, Kris Goozee puts the ball in the bucket.*



*Raising the ball closer to the basket, Abby Graves sinks a free throw.*



*Pressuring the basketball, Jennifer Wirth attempts to make a steal while Cheryl Zielinski shows a face of confidence in the*



*Watching the ball slip out of bounds, Marlee Brownlie can't quite hang on to the pass from Amy Helmerson.*

This year's freshman team, which ended with a Cowapa league record of 12-0, showed a lot of potential for the future. Not only did they dominate their league opponents, they also posted an impressive 5-1 mark against teams outside of the league.

One very commendable characteristic of this year's team is how hard they worked and how talented the individuals on the team proved to be. Denys Goozee averaged 8.8 points per game and her sister, Kris Goozee, helped keep the freshman alive with 7.9 points per game during league play. Amy Helmerson, who ended the season with 83 rebounds, battled hard on the boards to help attain the league championship.

"It was a fun year," commented Coach Zielinski, "this group of girls worked hard and showed a lot of dedication."

## SCOREBOARD

Won	R.A. Long	33-25
Won	La Salle	37-21
Won	St. Marys	28-24
Won	La Salle	42-17
Won	Tillamook	49-21
Won	Scappoose	61-22
Won	St. Helens	53-30
Won	Rainier	47-23
Won	Seaside	62-29
Won	Clatskanie	41-19
Won	Tillamook	46-13
Won	Scappoose	35-34
Won	St. Helens	36-23
Won	Rainier	Forfeit
Won	Seaside	32-23
Won	Clatskanie	42-11





Top L to R: Coach Tom Zielinski, Stephanie Kustura, Sara Landwehr, Marlee Brownlie, Amy Helmerson, Kris Goozee Bottom: Cherri Zielinski, Jennifer Worth, Abby Graves, Denys Goozee



Driving down the court, Stephanie Kustura makes a fast break



Eyeing the hoop, Cherri Zielinski prepares to shoot

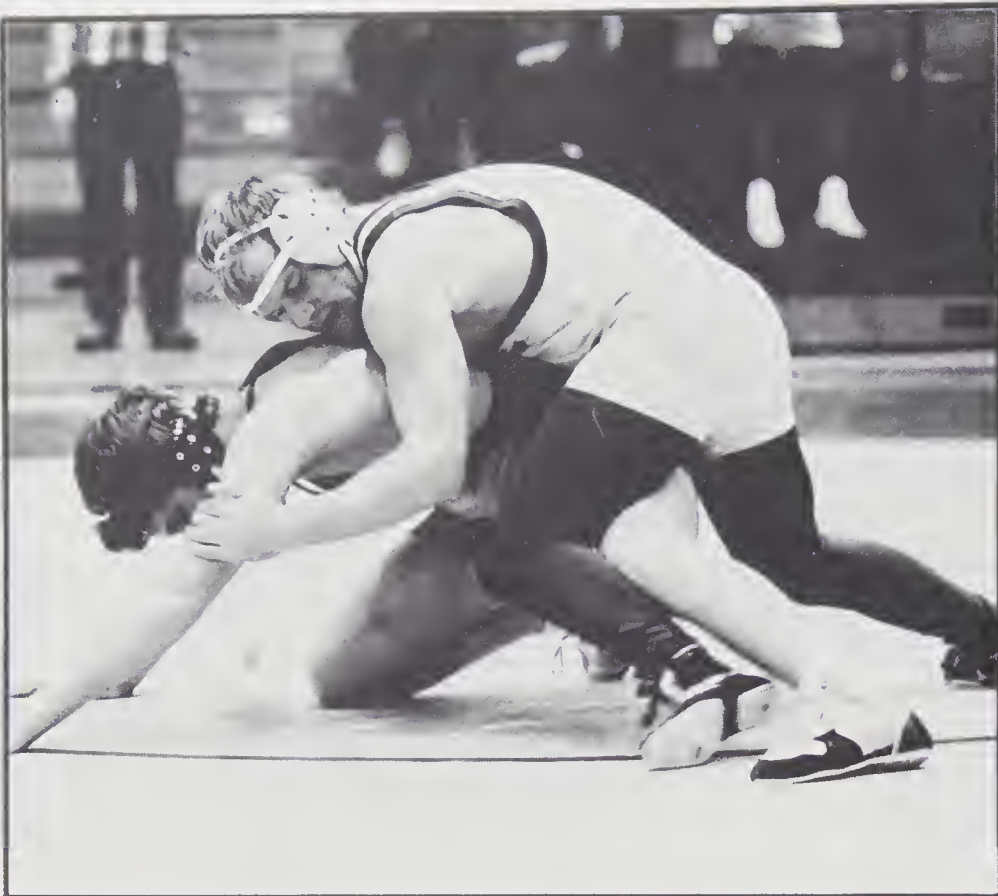


The freshman girls, Jennifer Worth, Amy Helmerson, and Marlee Brownlie surround their opponent



Starting down the court, Denys Goozee, holds off surrounding opponents





Putting in a leg ride, Mike Keyser controls his Rainier opponent to win the match by a point.



Stopping the take down, Jason Holmes wrestles a tough match against Tillamook.

*Most Valuable  
and Inspirational*



*"In my five years  
here, this group  
has brought me  
the most joy."*

*-Coach Hoff*

# WRESTLING

Sporting one of the best turnouts in recent memory, the grapplers had their hearts set on a high final league finish. Led by a good group of hard working Seniors that had already established varsity experience, the season was finished with a 3-3 record.

Among the individuals that worked hard and earned recognition for their efforts were Kevin Fisher, who ended the season with an impressive 21-4 record in the 168 pound catagory. Almost as good, Jason Holmes in the 130 pound class finished 22-7, and Justin Shatto finished with a noteworthy record of 19-10.

## SCOREBOARD

Lost	St. Helens	3-53
Lost	Scappoose	28-42
Won	Seaside	35-29
Lost	Tillamook	9-55
Lost	Rainier	17-48
Won	Clatskanie	30-25
Astoria Tourney-2nd place		
Astoria Invit.-2nd place		
Warrenton Tny.-3rd place		
Central Tourney-3rd place		
Lost	Banks	18-42







left to right, back row: Coach Greg Hoff, Matt Civitanovich, Chris Salsberry, Mike Keyser, Shawn Ahlers, Kevin Fisher, Joel Bergeman, John Maddox, Pember, Front Row: Lyle Dawley, Justin Shatto, Jason Holmes, Gary Gotschall, Chuck Biddle, Aaron Birdeno, Michael Jackson, Jeff Beattie, David Banks



Stocking his Ranier defender, Kevin Fisher maneuvers the mat.



In a tangled predicament, Chuck Biddle defends the double leg ride.



Loosening up before a match, David Hillard fastens down the headgear and prepares for battle.



Greg Hoff congratulates John Maddox after pinning his opponent.

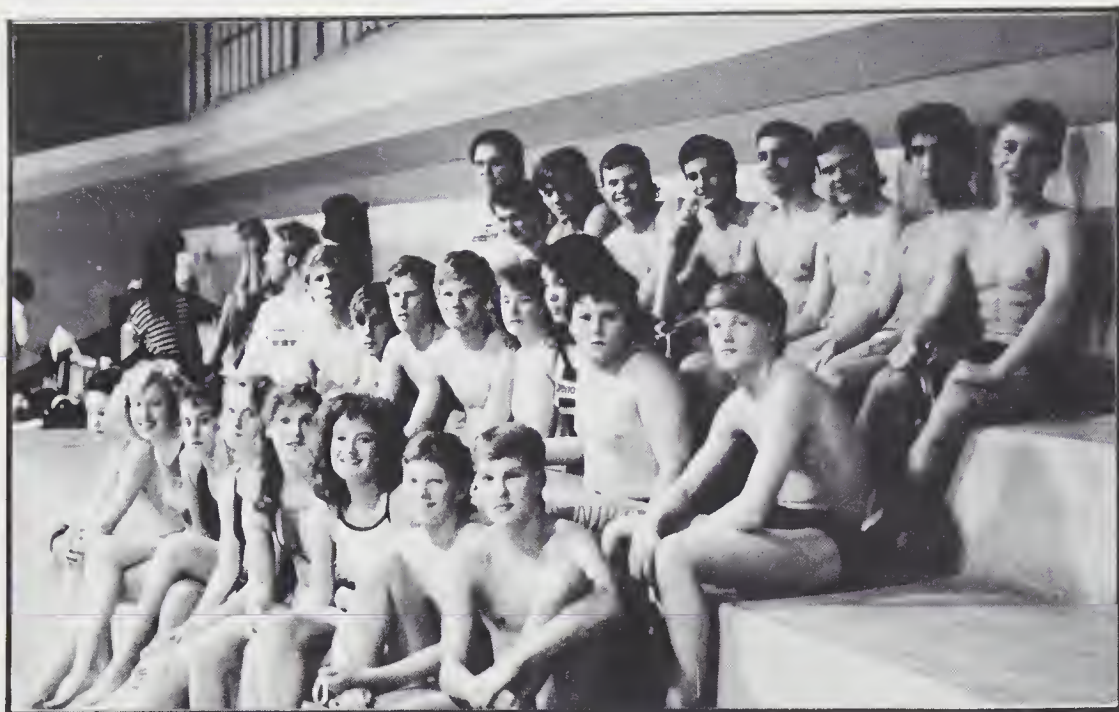


Attempting a quick reversal, Lyle Dawley wrestling in the 115 pound class, escapes the hold of a freemaker.



Giving sideline advice, Coach Chuckie helps Michael Jackson with a maneuver





**Top:** Mr. Dessen, Brian Tucker, Charles Meyer, Bill Chamberlain, Nick Begleries, Bruce Wyrwitzke, Len Chamberlain, Mark Ericksen, Jason Walther **Middle:** Dan Calahan, Josh Long, Brian Sossaman, Caleb Clutter, Scott Atwood, Tami Warren, Katherine Maki, Jeremy Middleton, Christopher Devereaux **Bottom:** Alan Neal, Sheila Wright, Saida Weltherstrom, Christy Long, Christina Maki, Christina Lilley, Dan Chamberlain, David Pounds.



**Working on perfecting his starts,** Bruce Wyrwitzke helped the relay team earn a district first place finish in the 200 yard medley relay.



**On his way to a first league championship,** Bill Chamberlain synchronized his form to help the team win districts.

# SWIMMING

## Boy's Team Collects the District Championship

Making a big splash in the district, the boy's team swam their way to the league championship. "We saved the best for last," commented Coach Dessen. In fact, it wasn't even a close race with the second place finisher trailing by almost 100 points.

The individual efforts of five swimmers proved to be the difference in the final district scoring. Len Chamberlain, setting two new personal records and two new AHS records, won the 50 yard freestyle and the 100 yard freestyle. Josh Long, who just got better and better as the season progressed, won the 100 yard butterfly. On the second day of competition, Chamberlain, Mark Ericksen, Bill Chamberlain, and Bruce Wyrwitzke teamed up to win the 200 yard medley relay.

Even though they swam their best meet of the season, the girls team placed sixth overall in the district. With their top finishers, Christina Maki and Tina Lilley, coming in the fourth position, they managed to set several personal bests in their different events.

### SCOREBOARD

Boys		First
Taft Four way -	First	First
Tillamook Invitation -	First	First
Newport Dual -	First	First
Rainier Four Way -	First	First
Tillamook Cheese -	First	First
St. Helens/Seaside -	First	First
LaSalle Invitation -	First	First
Girl's		Second
Taft Four way -	Second	Second
Tillamook Invitation -	Second	Second
Newport Dual -	Third	Second
Rainier Four Way -	Third	Second
Tillamook Cheese -	Third	Second
St. Helens/Seaside -	Third	Second
LaSalle Invitation -	Third	Fifth





State qualifiers were Joshua Long, Mark Ericksen, Len Chamberlain, Bruce Wyrwitzke.



On his way to a first league championship, Len Chamberlain synchronized his form to help the win districts.

"This year I had a very special group of seniors. They were the best role models."

Most Valuable

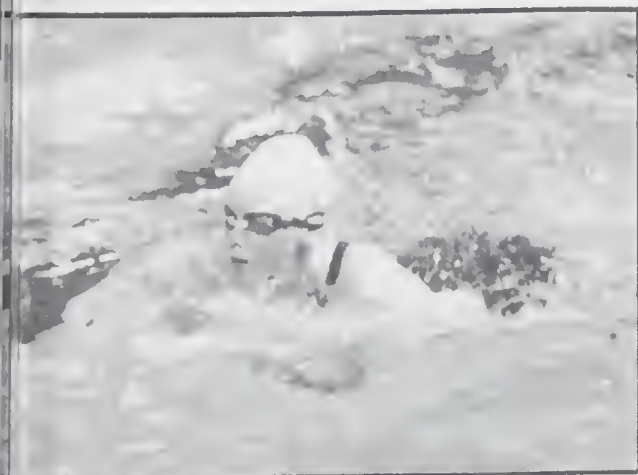


Most Inspirational

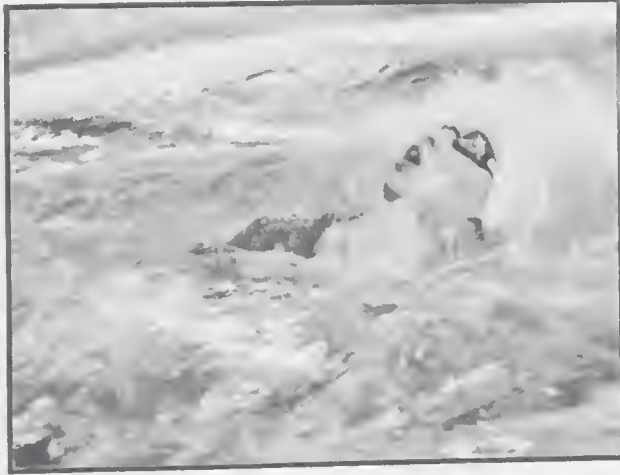


Coming to the finish in the 100 meter butterfly, Kathy Maki reaches out to push past the competition to place third in the district.

Most Valuable

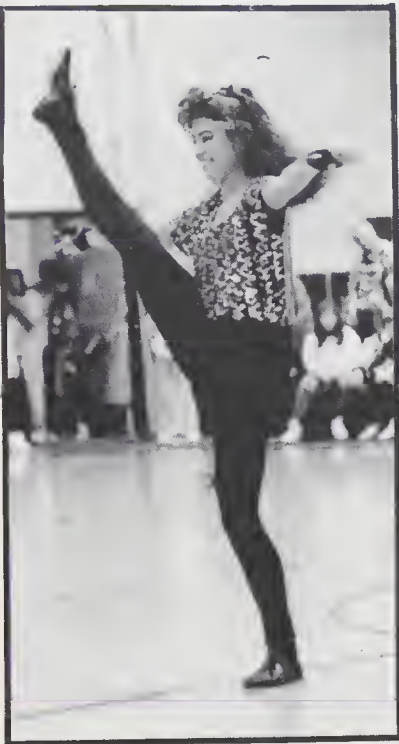


League champion in the 100 meter breast stroke, Christina Maki comes up for air.



Gliding through the water, Shiela Wright churns to a fifth place finish in the backstroke.





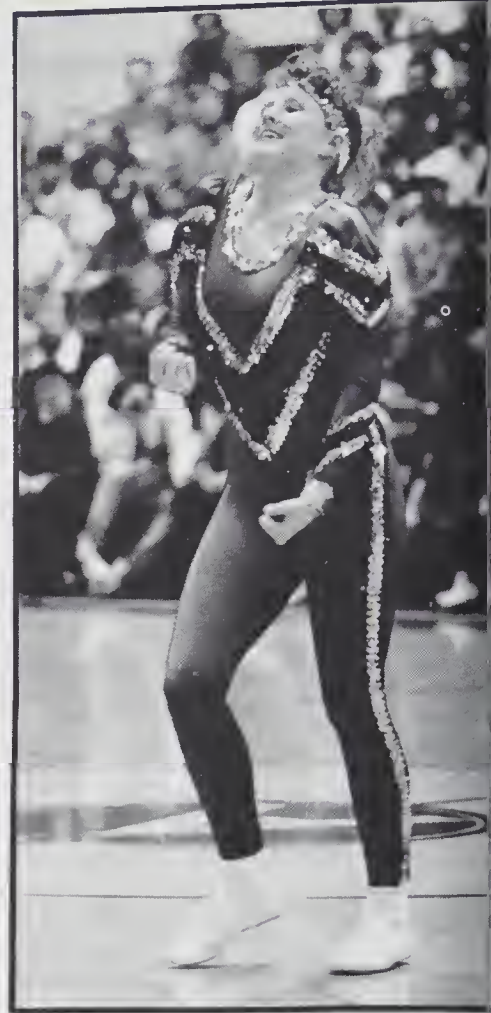
Kicking high, Josie Hemeon enthusiastically dances to "Smooth criminal."



Strutting her stuff, Lori Davis demonstrates part of the state dance.



Performing to a medley of Michael Jackson songs, Sheila Redmond plays the part of a "Smooth criminal."



Showing the state dance, Allea Thomsen dances proudly.



Moving to the tunes of "Great balls of fire," Jennifer Crosby and Lori Davis show their enthusiasm with great smiles.



Letting it loose, Sarah Jenkins lifts her head high to the music.



Moving to the beat, Kim Utti dances to "What you don't know."



Acting as a couple of sweethearts, Amy Fastabend and Abby Jones look at each other with "Great balls of fire."



# DANCE TEAM

Big smiles, technique, and self-confidence are all the characteristics of the 1990 Dance team members.

Each member learned new steps and dances at the U.S.A. Dance/ Drill summer camp, which helped the team prepare for the performances at football and basketball games.

The team started the year off with dancing to the upbeat tunes of "Batman," and "Supersonic," and ended the year with "What you don't know," and "Pump up the jam." The choreography was done by coach Jeanne Fastaband and the team members.

This year only half of the team chose to compete at the OSAA-U.S. State Dance and Drill competition, due to problems within the program. "Pizazz," the team members that competed, consisted of Lori Davis, Amy Fasteband, Josie Hemeon, Sheila Redman, Amy Rogers, and Allea Thomas. The girls brought home a fifth place trophy. Amy Fastaband tried out and was selected for All-State Dance Drill Team.



Top, L to R: Amy Rogers, Allea Thomas, Lori Davis Middle: Amy Fastaband, Jennifer Crosby Bottom: Kim Utti, Josie Hemeon, Sheila Redman, Sarah Jenkins, Lisa Shelton



"What you don't know, won't hurt you," are some thoughts of Amy Rogers as she dances.



Posing for the audience, Kim Utti smiles after "letting it loose."



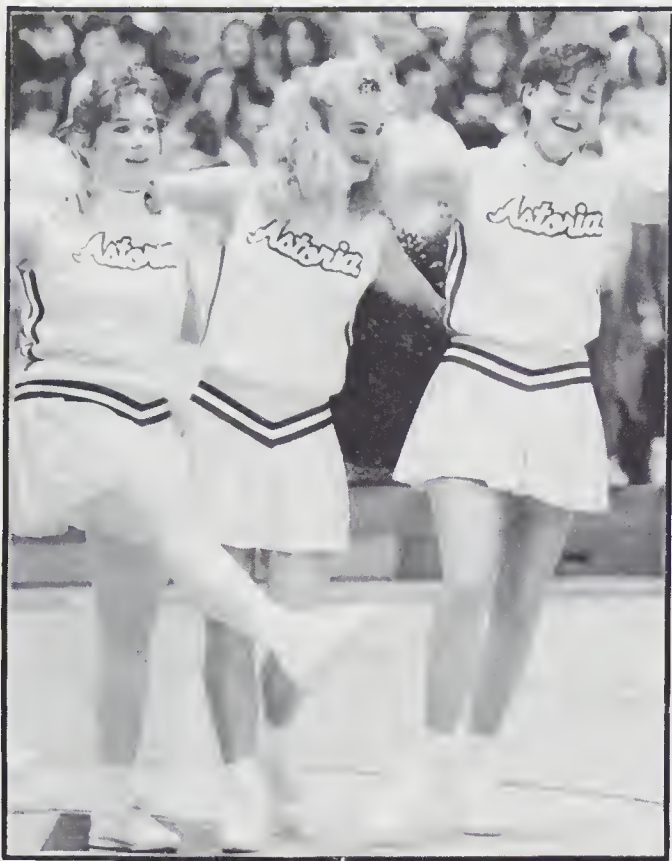
Smile big, strong arms & chin up, are some of the traits Lisa Shelton has while dancing to "Supersonic."



Moving across the floor, Amy Fastaband dances to the beat of "Dirty Diana."



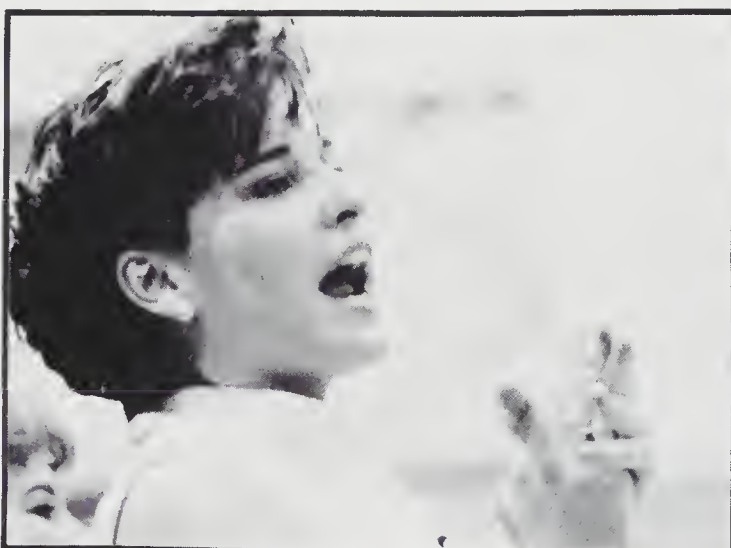
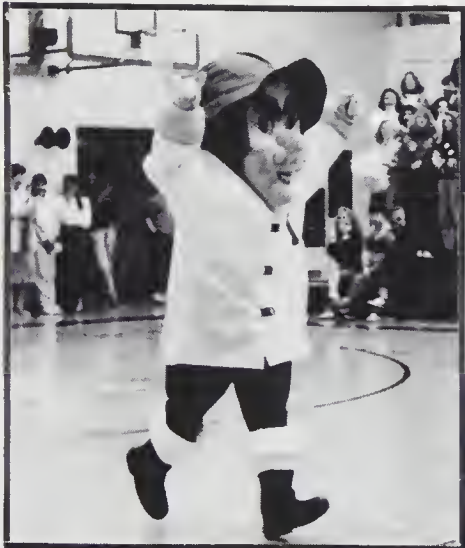




**Leading the school in the Alma Mater,** Kelly Palmer, Lisa Osterholm and Heather Warr, sway to the music.



**We have spirit, how about you?** One of the reasons that we had such an awesome home court advantage was the super fan support. Several times throughout the year, things got a little wild in the cheap seats. Good job!



**"Stand up, and cheer!"** Heather Warr yells to involve the crowd.



**Posing after the starting line-up,** the rally shows enthusiasm to start the game.



**Using strong arms,** Josie Wright cheers during a time-out.



**Stepping lightly for the player intros,** is J.V. cheerleader Nicole Miller.



**Getting the crowd into the winning spirit** is Freshman Andrea Yeager.



# WINTER RALLY

The highlight of the winter rally was the addition to the squad. With a face that only a mother could love, a new mascot was introduced to the student body in an effort to bring excitement and enthusiasm to the Fishermen supporters. Given as a gift to the high school, the costume was bought and donated by the Parents club.

The person behind the mask changed from game to game, as there were many people wanting a chance to ham it up without anyone ever knowing their true identity. From rubbing the forehead of the referee to dancing with the rally, there were some hilarious moments. Wishing to remain anonymous, one member of the mascot crew summed up the experience as "a chance to do something different and act totally crazy without anyone knowing who you are. It was really hot in the costume, but I would do it again in a minute."

The rally did a super job of supporting all the winter activities. Cheering at all the boy's basketball games, wrestling matches, and girl's basketball games, they were all dedicated and had a positive and cheerful attitude.



*L to R: Nicole Hartill, Lisa Osterholme, Sara Ness, Heather Warr, Kelly Palmer.*



*Showing great enthusiasm for the team, members of rally cheer after a basket is made.*



*L to R: Lisa Moxley, Josie Wright, Teresa Bivans, Nicole Miller, Heather Lalone, Andrea Yeager.*



# VARSITY BASEBALL

Shooting out to a 10 win streak, the baseball team opened the season on one of the most impressive starts ever recorded at AHS. Playing in what many consider the toughest league in the state from top to bottom, every game the Fishermen had to come out firing with both guns in order to get to a playoff position. There were not any easy opponents in this schedule.

With a playoff spot within view, the rain came and put a damper on the hot streak. At mid-season, the predominately Senior squad was forced to play seven games in five days. Surviving was now the challenge.

Riding on the arm of all-state Tully Taylor, who finished the season with a 1.27 ERA, and the hitting abilities of over ten team members that finished hitting over .300, the season came down to a couple crucial wins.

The bats that had slumbered for several games began to awaken. Splitting a couple of double headers with Tillamook and Seaside, the team faced must win situations throughout the last week of the regular season. Despite playing well, the win that was needed so badly to wrap up a playoff spot, was elusive and the final standings showed Astoria and Tillamook tied for second place.

Trying to find a dry spot in the state to play a special playoff game for the state tournament entry, the team traveled to Hood River. In a game that featured both outstanding offense and defense, the sluggers pulled away and blew out Tillamook 8-1 for the right to play Reedsport.

Recognized for their outstanding efforts, the league's coaches awarded all-league honors to Tully Taylor, Pat O'Brien, Monty McCleary, Mike Cummings, Jayson Holmstedt, Paul Pierce, and Brian Matthews.

It was a great season that provided some spectacular baseball.

## SCOREBOARD

Won	Kelso	6-2
Won	Clatskanie	5-1
Won	Scappoose	7-1
Won	Mt. View	7-4
Won	Rainier	6-3
Lost	St. Helens	3-4
Won	Tillamook	3-0
Lost	Seaside	1-3
Won	Scappoose	2-0
Lost	Clatskanie	2-5
Lost	Scappoose	3-9
Won	Clatskanie	1-0
Won	Rainier	7-0
Won	St. Helens	10-2
Won	Tillamook	6-3
Won	Seaside	10-4
Won	Tillamook	8-1
Lost	Seaside	2-4
Lost	Tillamook	11-8
Won	St. Helens	16-3
Won	Rainier	10-3
Won	Clatskanie	1-0



*Coming up with a key hit in the Tillamook playoff game, Tully Taylor helped his pitching cause by picking up to RBI's.*



*Swinging away, all-league designated hitter Jayson Holmstedt, sparked the offense with a leadoff hit during the win over league champion, Scappoose.*



*Firing a breaking ball past the batter, Mike Cummings brought his best to the game to help overcome a tough team from Banks.*

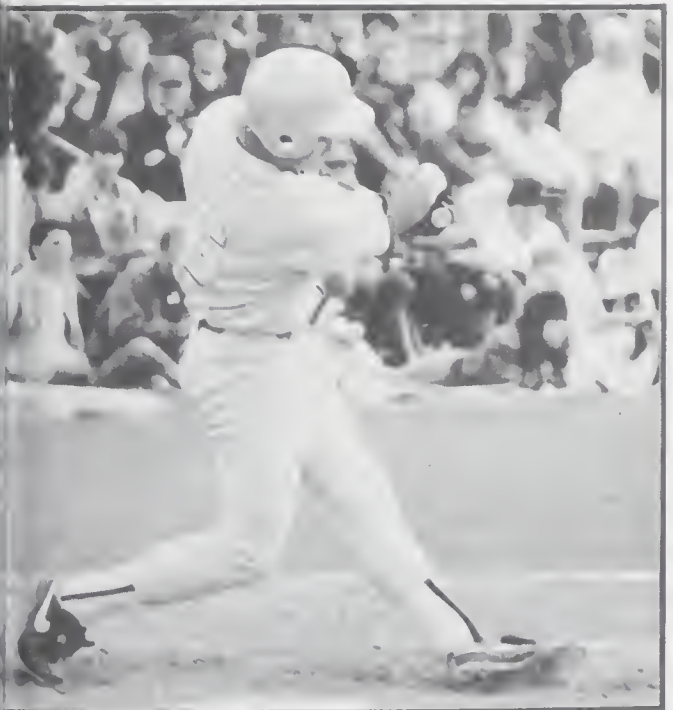




**Pushing hard off the mound**, all-state selection, Tully Taylor blows his 35 mph fastball past a visiting Indian from Scappoose to earn the win and improve on his 14-1 record.



**Stretching his lead at second**, Monty McCleary gets set to race towards home on a base hit against Seaside.



**Digging one out from around the knees**, Pat O'Brien finds the pitching tough at Reedsport in the state game.



**Supporting the man in the box**, the team keeps the intensity on high heat.



**Front Row:** Coach Holmstedt, Jayson Holmstedt, Lyle Dawley, Paul Pierce, Bruce Wyrwitzke, Mike Cummings, Thor Norgaard, Tully Taylor, Kevin Fisher **Second Row:** Bill Chamberlain, Pat O'Brien, Brian Matthews, Eddie Olson, Trace Morris, Mike Keyser, Monty McCleary, Kevin Larson





# Bring It On!

Fire in their eyes.

Needing a big win to break a tie with Tillamook for the league's second state tournament berth, the Fishermen traveled to Hood River and then powered past the Cheesemakers with a convincing 8-1 win. From the start of the first inning to the final out, intensity and desire made the difference in this game. Senior Tully Taylor hurled the win as he struck out 10 while walking none.

The first state game proved to be the toughest draw of the tournament. Having to travel to Reedsport and face not only the #1 ranked team in the state, but also the state's MVP, southpaw Tim Schweitzer, there was plenty of need to rise to the occasion.

Taylor vs. Schweitzer. The state's two first team selections locked up in a baseball classic. Bringing it on and ready for the battle, the Fishermen kept the home team in check for seven innings that resulted in a 3-3 tie. As they had done all game, the offense kept chipping away as the defense made many great plays.

In the tenth inning, Paul Pierce broke the deadlock by slapping the ball over the right field fence to gain a 4-3 advantage. In the bottom of the inning, Reedsport rallied for two runs to advance in the tournament.

"I don't think I have ever seen a better played high school baseball game," commented Coach Holmstedt. "We did everything we could. We gave it our best shot and we had nothing to be ashamed of in the end. I'm proud of everyone of these kids."

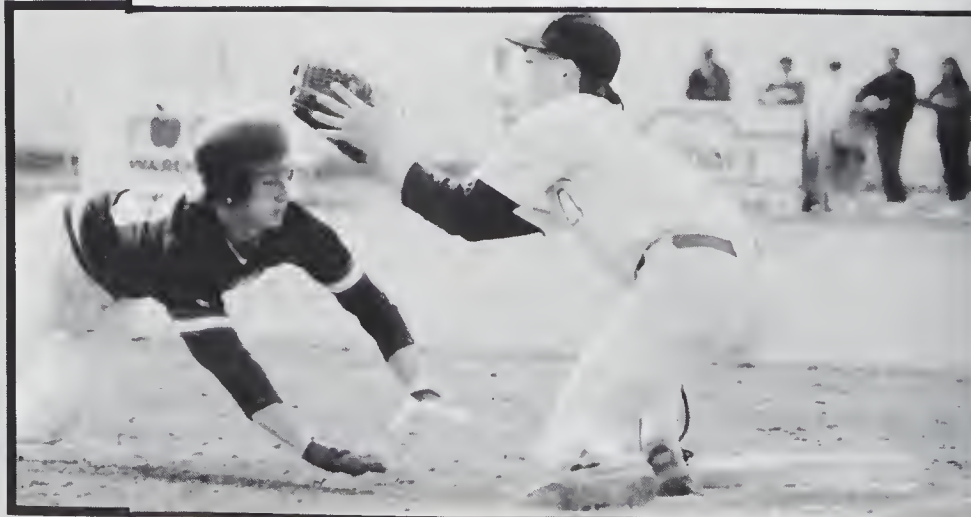
Just making it to the state tournament was something that had not happened to Astoria baseball in six years. Now with a good taste in their mouths, the appetite for another trip is stronger than ever.



*With a RBI only 90 feet away, Mike Cummings puts the ball in the gap for help in the 8-1 playoff thrashing over Tillamook.*

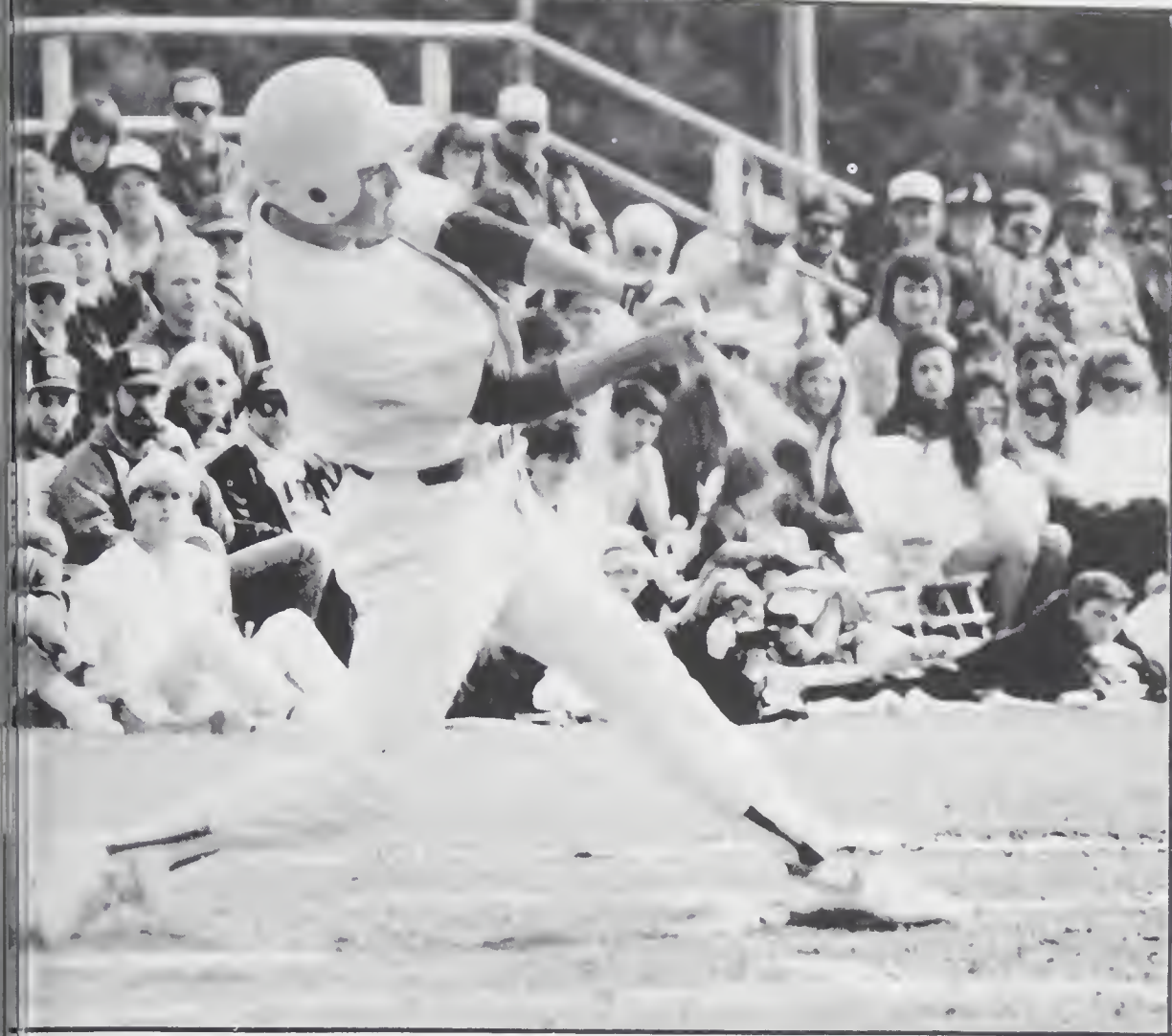


*Driving the ball over the right field fence, Paul Pierce makes contact in the state tournament nailbiter at Reedsport.*



*Getting set to put the tag on a Brave, Monty McCleary has the blocked and awaits the pick off throw from pitcher Tully Taylor.*





**Giving the pitch right back up the middle,** Brian Matthews gets a big base hit that scored a run in the state playoffs. In a close finish, the Braves edged out a win in the 10th inning with a score of 5-4.



**Getting the red light from Coach Holmstedt,** Lyle Dawley holds up at third base.



**Beating out an infield ground ball,** Eddie Olson keeps the rally alive in the win over Clatskanie.



**But O'Brien shut down Rainier's attempt to score** when he came in to relieve Tully Taylor.



**Covering the plate,** Tully Taylor gets the throw from Olson and puts the tag on a Seagull.



**Set to pick up a hit,** Monty McCleary kept the offense moving at the playoff game with Tillamook.

*"We had our ups and downs, but we always believed in ourselves."*

**-Coach Holmstedt**



**All-league selection Eddie Olson,** shows the form that earned him an over 300 average and a great season





*Signaling to the runner, Mr. Dessen gets the offense in gear.*

# J.V. BASEBALL

At the start of the season it seemed that there was a jinx that prevented the young Fishermen from winning the close games. For seven games in a row, they found themselves on the losing end of one run ballgames. Determined to establish themselves as better than their record was showing, they came together and started winning. By the seasons end, the team had earned themselves a second place finish in league play with a 12-5 record.

As a team, this group finished league play with a blistering hitting average of over .330. Led at the plate by Thor Norgaard with a .483 average and Ryan Person hitting .409, the offense produced solid threats to the opposing pitchers. Eight other Fishermen rounded out good seasons by hitting over .300, they were Corey Brech, Trevin Duey, Matt Hankel, Ryan Helligso, Troy Johnson, Rod Long, Nate Person, and Craig Warren.

Led by some good pitching from Thor Norgaard, Ryan Helligso, Ryan Person, Trevin Duey, and Troy Johnson, the defense got tougher and made the opposition frustrated. The offensive clout of the lineup came primarily from the same people that were winning games on the mound. Game in and game out, these athletes demonstrated to the rest of the Cowapa league, that they were a tough team to get by.



*Sliding around the tag, Glenn Stapleton goes into third on a close play that he was called safe.*



*Troy Johnson whips the bat head through to make good contact and gets a hit up the middle.*

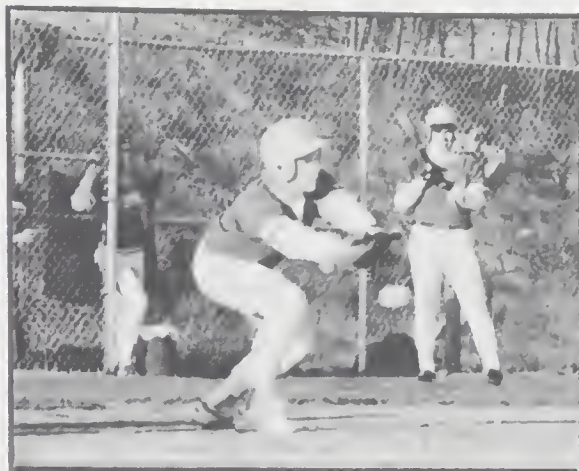


*Meeting the ball up front, Ryan Helligso keeps his head down and drives the pitch hard to left field.*





**Front Row (L-R):** Nate Person, Ryan Reed, Chad Lund, Rod Long, Matt Hankel, Ryan Helligso **Back Row:** Troy Johnson, Thor Norgaard, Chris Stevenson, Craig Warren, Mr. Dessen, Trevin Duey, Ryan Person



**Sliding his sidearm curve past the hitter,** Trevin Duey picks up the win over Naselle.

**Ryan Helligso gets the top half of the ball and gets the bunt down to sacrifice himself.**

**Waiting for the ball,** shortstop Ryan Reed covers the bag for the throw down to second.



**Catching a Comet in a rundown,** Ryan Person gives him little hope of advancing any farther.

**On his way to an over .500 average,** Ryan Person concentrates hard on the pitchers motion as he stands prepared for another hit.



# 

The 1990 varsity softball team consisted of the youngest group that Frank Donyari has ever coached. With the starting line-up including only two seniors and two juniors, the team had their work cut out for them.

Through hours of long practices and dedication, the Lady Fishermen worked on the basic fundamentals and rules of the game. Starting with an extremely difficult pre-season, the team struggled, but never gave up. As the season progressed the improvement showed and the team was able to compete with the tough Cowapa League teams, which included the #1 ranked team in the state and two others ranked in the top ten. They even were in contention for the play-offs.

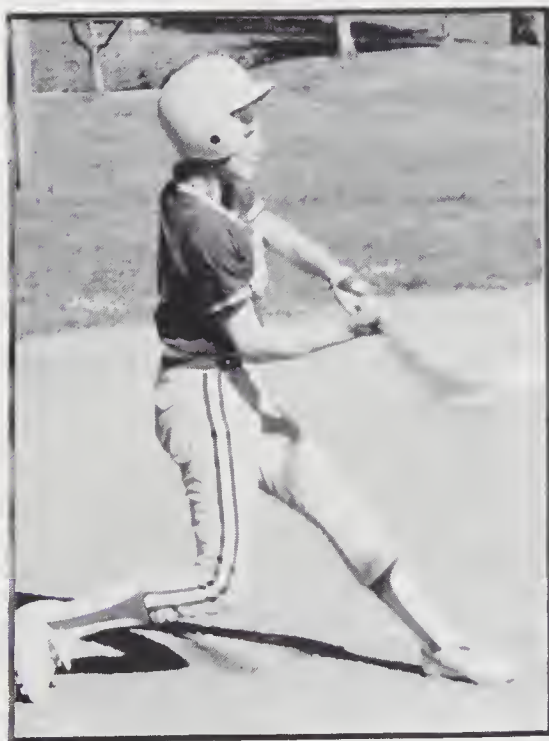
Although the playoff berth was not obtained, there was a great deal learned. They had created an impressive defense and used their great speed to improve their offense and ability to get on base.

With ten out of twelve players returning next year, Coach Donyari is ecstatic. He expresses his enthusiasm by stating, "I am so excited for next year's season knowing the quality of players I have returning, we should be really competitive".

Voted by the team as the most inspirational player of the year was Deedee Fisher.



**Looking determined to hit,** Eowyn Bondurant steps up to the plate.



**Placing the ball in the open field,** Cassy Johns makes solid contact.



**Showing a powerful stroke,** Denyse Goozee gets yet another base hit.



**Preventing the double play,** Sarah Jenkins slides into the second base man.

## 

Lost	R.A. Long	0-19
Lost	R.A. Long	5-15
Lost	Mt. View	0-6,4-11
Lost	Evergreen	0-2
Won	Tillamook	10-0
Lost	St. Helens	0-6
Lost	Scappoose	2-17
Won	Rainier	13-8
Won	Clatskanie	10-3
Won	Seaside	16-2
Won	Tillamook	18-1,14-4
Lost	St. Helens	1-11,5-15
Lost	Scappoose	5-15,2-16
Lost	Rainier	8-10,6-7
Lost	Clatskanie	2-8,3-9
Won	Seaside	10-1,18-6

Most Valuable







**Using her speed,** Chris Goozee outruns the throw to Stamook's first baseman to gain another base hit.



**Center fielder,** DeeDee Fisher throws the ball to the infield.



**In a long and extremely hot Rainier double-header,** Cassy Johns makes an excellent catch to keep her foot on the bag, and manages to get the last out of the ball game.



**Junior starting pitcher,** Eowyn Bondurant throws a wonderful game while the offense created strong hits to shut out the undefeated Clatskanie team.



**Pushing herself to beat the throw to first,** Gayle Booker takes on last leap to reach the bag.



**Back row: (l-r),** Len Chamberlain, Gayle Booker, Eowyn Bondurant, Keri McCormick, DeeDee Fisher, Irene Rubio, Cassy Johns, Frank Donyari **Front row: (l-r),** Carly Hogan, Chris Goozee, Andrea Jessen, Sarah Jenkins, Kelly Brownlie, Denys Goozee, Dale Hirahara



# J.V. SOFTBALL

In the beginning of the J.V. season, Coach Wilson didn't know what to expect from this group of players. "I was not sure what this season would bring due to the young team I had," he summarized, "with varsity being as young as they were that just made us even younger."

They had a variety of problems during the season which included losing players. This led to many adjustments in practices and games. With the few number of players that they had, the team worked together and learned to play whatever position necessary to help the team.

As the season progressed the team was looking much better. They concentrated on the basics of the game and put everything together during the league season. In the end they had earned a successful 14-1 record and a second place standing in the Cowapa League.

With these results, Coach Wilson was incredibly pleased. He stated, "I was really impressed with how the girls worked and improved through practice. If they can keep up the work and dedication, the varsity program will definitely benefit next season."

## SCOREBOARD

Won	Tillamook	14-4
Won	St. Helens	9-4
Lost	Scappoose	12-2
Lost	Mark Morris	4-13
Won	Rainier	12-1
Won	Seaside	11-1
Won	Clatskanie	18-12
Lost	Scappoose	3-13
Won	St. Helens	11-7
Won	Tillamook	10-5
Won	Rainier	15-8
Lost	Clatskanie	5-11
Won	Seaside	9-7
Lost	Scappoose	3-13
Won	St. Helens	8-4
Won	Tillamook	21-8
Won	Rainier	13-11
Won	Clatskanie	13-8
Won	Seaside	15-3



Scoring another run, Maya Barrows crosses home plate.



Using all of her power, Melissa Linder connects to bring in another run during the league game at Scappoose.



Beating the tag, Christina Makela called safe at first base.



Aiming for the outside corner, Ann Henderson works on her control.







**Back row: (l-r), Maya Barrows, Tina Link, Amy Helmersen, Tom Wilson, Middle: Amy Cowan, Ann Anderson, Christina Maki, Christina Lilley, Back row: Sonora Rasmussen, Gabe Baker, Cheri Zielinski.**

**Utilizing the stretch,** Amy Helmersen makes a routine play to make the last out of the game in St. Helens.



**Slapping the ball into left field,** Alana gets on base with a double.

**Working for the strike-out,** Jennifer Frisch fires the pitch right down the middle.



**While playing on their home field, the Lady Fishermen J.V.'s were very successful,** Cheri Zielinski shows one reason for this by holding back on the wild pitch.

**After realizing that she misread coaching signal,** Christina Maki decides to try to get out of trouble by laughing about it with Coach Wilson.





**Tossing for a personal best,** Summer Lind gave the team a boost in the discus.



**Setting the pace in the 1500 meters,** Ian Kruger saved enough gas to make a sprint to the finish and place first in the event.

Most  
Valuable



Most  
Inspirational



# TRACK

Playing the numbers game, in which the team with the most points wins the meet, both the boys and the girls team came up short. Despite some outstanding individual performances, when it came time to add up the team scores, the teams got beat by the lack of participants entered in each event.

With only 12 members on the girls team, it took some real effort to put together a score to win a meet. Three times during the season they did just that. With the highlight of the season coming at St. Helens, the girls shocked the Lions by upsetting them 74-62, a first in a very long time. "We had everything together," recalled Coach Dominey, "it was a great team win."

The boys team, finishing with a 0-6 record, ran into similar problems with the numbers of athletes on the team. Many of the events throughout the meet had to be forfeited because nobody was entered to participate. Ian Kruger, Michael Jackson, Scott Atwood, and Joe Navarro ran some very good times in the distance events, while Jason Thiel gathered state wide attention with his marks in the shot put and the discus.

## SCOREBOARD

BOYS		61-76
Lost	Clatskanie	49-95
Lost	Seaside	28-103
Lost	Tillamook	35-102
Lost	Scappoose	29-116
Lost	Rainier	39-105
Lost	St. Helens	

District Meet-Fifth place

GIRLS		56-78
Lost	Clatskanie	57-77
Lost	Seaside	75-53
Won	Tillamook	56-55
Won	Scappoose	30-99
Lost	Rainier	74-62
Won	St. Helens	

District Meet-Third place





*Pool record holder in the discus, Jason Thiel made the spectators aware that he was on deck.*



**Front Row, (L-R):** Summer Lind, Julie Brugh, Kammy Hunter, Melanie Bojanowski, Aimee Schneider, Lori Hagnas, Jenny Gustafson, Emily Fisher, Ayako Aoki, Lisa Brownlie **Middle Row:** Coach Dominey, Charlie Anderson, Scott Sistek, Peter Jackson, Michael Jackson, Scott Atwood, Kirk Atkinson, Willie Raw, Josh Long, David Fitzgerald, Jason Thiel, Jeremy Matlock, Coach Goodenberger **Back Row:** Josh Hill, Mark Brown, Brad Grimm, Ian Kruger, Sean Ahlers, Joe Navarro, Coach Ellsberg



*Making it over the bar cleanly in the high jump, Melanie Bojanowski clears the opening round in a home dual meet against Seaside and Clatskanie.*



*"No pictures please!" Lori Hagnas said as she cleared through the air in the triple jump.*



*Letting it sail, Lisa Brownlie tosses the discus good enough to earn a second place.*





## Six Fishermen Collect

### Honors at District Meet

Every year the district meet is a chance for a team to showcase their top performers that have proven themselves to be considered among the league's best athletes throughout the season. With very little exception, there are always a few Fishermen that earn the title as league champion in their event. This year there were six off the boys and girls team that won their individual events and deserved the right to go on to the state meet.

At the district meet in Clatskanie, Emily Fisher had wins in both the 400 and 200 meters while exchange student Ayako Aoki took the top prize in the long jump. Making her first district appearance, Freshman Kammy Hunter paced herself to win the 1500 meters and then teamed up with Aimee Schneider, Melanie Bojanowski, and Emily Fisher to take a second place in the mile relay.

The story of the season for the boys team centered around the performances of Jason Thiel. Putting himself in the AHS record books in the shot put with a distance of 58' 9", and the discus with a toss of 162', Jason finished with a first and second place in those events. Qualifying for the state meet, he fell short of his personal bests but still managed to win second place in the shot put.



**Holding off his opponents,** Michael Jackson pushes hard down the backstretch during the Daily Astorian Invitational to win the 800 meters.



**Heading for the finish line,** Scott Atwood gets through his heat at the district meet.



**Sean Ahlers launches the discus** on his way to a personal best.



**Leading the pack,** Willie Raw skims over the top of the bar in a close race in the 300 intermediate hurdles.





**Stretching out,** Joe Navarro prepares his launch in the triple jump.



**Limbs pumping,** Emily Fisher gathers one of her firsts at districts.



**Putting together a sweep** during the Daily Astorian Invitational, Ian Kruger, Joe Navarro, and Scott Atwood run away from the pack in the 1500 meters. The annual meet which ran under rainy conditions, drew schools from all around the area.



**Releasing the shot put,** Brad Gimm lets go for a good throw.



**Before a sidelining injury,** Julie Brugh ran well in the long distance events.



**District champion in the 1500 meters,** Freshman Kammy Hunter left the opposition far behind with a win during a home dual meet with Clatskanie and Seaside.





During the state tournament in Salem, Timber Stevens concentrates on driving the ball straight down the fairway.



Displaying the hardware, Darren Palmberg shows the state trophy and his All-State medal.



Following through on the chip, Timber Stevens successfully reaches the green.



Working on perfecting the short putt, Steve Davis completes the hole.



Left-Right: Jason Palmberg, Timber Stevens, Jeff Canessa, Darren Palmberg, Steve Davis, Coach Brenden.

## SCOREBOARD

### BOYS

Won	Scappoose	327-376
Won	St. Helens	325-370
Lost	Tillamook	325-316
Won	Seaside	328-329
Won	Vernonia	336-393

Districts- 1st place

State- AA Second place

### GIRLS

Lost	Central Cathlic	71-155
Lost	St. Marys	88-100
Lost	Beaverton	85-97
Lost	Sunset	74-97
Won	Aloha	39-31
Lost	Tigard	48-69
Won	Glencoe	87-65
Won	Hillsboro	70-45
Won	Vernonia	255-206

Districts- 1st place



# GOLF

## BOYS

"This year was the best because we had a great team," summarized Timber Stevens, "Even though it's an individual sport, our team did very well."

This outstanding group of golfers finished up the season with a second place state standing. Held at the McNary Country Club in Salem, during the first day of the match the team ran into problems and shot below their usual level that had gotten them into the tournament. On the second day, hoping for a strong round, the golfers made a good effort for first but came up just short as they finished in the runner-up spot.

The efforts by all the golfers throughout the season made this a year to remember. Darren Palmberg, who finished on the Cowapa league all-star team, put together a great tournament to finish fifth in the state. Jeff Canessa, this year's district champion, helped the team by finishing seventh at the state match.

## GIRLS

"This years season was filled with lots of golf van gossip and fun," exclaimed Tricia Brugh, "I learned more about people and of course golf!"

This years team accomplished a great goal set at the start of the season by being the first girls golf team to win the district championship. Qualifying for state which was held at the Glendoveer golf course in Portland, the team was excited about the chance to compete against the finest golfers in the state.

At the match, the team did well against other class AA schools by finishing in second place. Lisa Shelton led the team after the first round with a 103 and during the second day, Tricia Brugh led the round with a 108.

The difference in making this an outstanding year may have been the experience of the members of the team. The leadership and poise was important as the team came in first at districts by beating the second place team by a overwhelming 40 strokes.

Placing in the top ten golfers at the district match, Julie Davis and Lisa Shelton received All-District honors.



**Front Row:** Kim Utti, Lisa Shelton, **Back Row:** Julie Davis, Lisa Davis, Tricia Brugh



**Smiling after a hard drive,** Lisa Shelton puts the ball out of sight.



**Working out of the rough,** Kim Utti eases the ball towards the green with a great chip shot.





# ON CAMPS











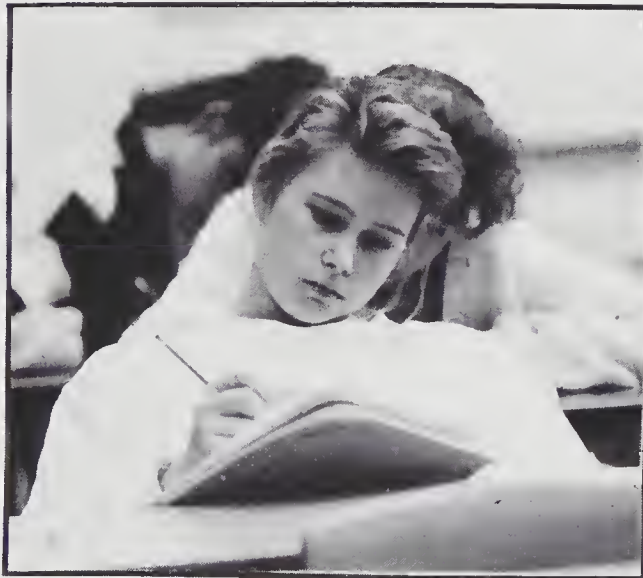
**ABOVE:** Superintendent, Mr. Kammerman, speaks out about the school merger.

**ABOVE LEFT:** Stuck on an equation, Nathan Davis contemplates the formula.

**LEFT:** Sophomore Abby Jones scribbles english notes into her notebook.

**RIGHT:** Friends cheesing it up, Molly Lyon, Teresa Bivens, and John Nova put on their best smiles.

**TOP RIGHT:** Becky Rogers cuts and pastes to design her photo notebook.



## MATH



Mr. Street, Mr. Landwehr, and Mr. Schlieski



## SNOW JOB!

When the only snow of the winter fell in mid-February, Mr. Neal was given the job of clearing the routes for the buses.





**LEFT:** Wedging clay, Keri McCormick and Jason Walther in pottery class.

**BELOW LEFT:** Dressed up, Kevin Goin came to school straight from the farm.

**BELOW:** Brandon Kotaniemi doing a serious essay for an English assignment.

**BELOW RIGHT:** Explaining a new tax law, Mr. Bruner points out loopholes.

**RIGHT:** Drawing up a layout, Brad Harris works on perfecting this book.



*"You have a right to refuse your government."*

*Quote from Hamilton in the debate against Jefferson.*

## HISTORY



Mr. Thompson, Mr. Sarin, Mr. Flowers, and Mr. Olson



# On Campus



**Above Left:** Easily distracted, Heather Warr paints Christmas scenes on the cafeteria windows.

**Above:** Sitting outside Mrs. Lobe's office, Chuck Meyer patiently waits for her to return.

**Above Right:** Taking a break from Algebra, Ed Jeremiah talks quietly with his neighbor.

**Right:** Service Club President, Cathy Shatto takes a break finalizing the consession assignments.

**Left:** "Hey, what are you looking at?," remarks Steve Davis as he paints a Christmas scene.



## HEALTH AND P.E.

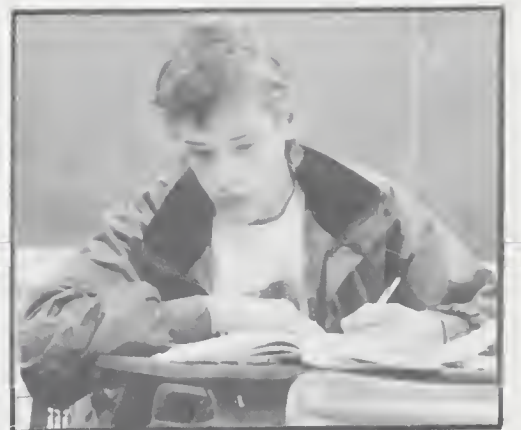


Mr. Dominey, Mr. Hoff, and Ms. Bondiotti

### Students Vote for Honors

Most Personable	Mrs. Patterson
Loudest Voice	Mr. Dessen
Best Dressed	Mr. Bruner
Infectious Laugh	Mr. Goin
Nicest Smile	Mr. Neal
Most Scholarly	Mr. Pollard
Nicest all Around	Mr. Schlieski
Likely to be Principal	Mr. Fay
Ms. Congeniality	Mrs. Lobe
Mr. Congeniality	Mr. Alborn
Best Sense of Humor	Mr. Price
Most Patient	Mr. Lukoszyk
Handsomest	Mr. Hoff
Best Organizer	Mr. Foster
Best Organized	Mr. Flowers
Staff Clown	Mr. Chapman
Teacher of the Year	Mrs. Patterson





**bove:** Scott Price and Aaron Moxley, a couple of class guys, take a break from band practice.

**bove Right:** Amateur photographer Aime Kelly, beams proudly over finishing one of her assignments.

**to Right:** Taking notes on "To Kill a Mockingbird", Patrick Jentzsch prepares for his test.

**iddle Right:** Caught deep in thought, Freshman Jensen works on his English assignment.

**ottom Right:** Trying to keep up with Mr. Ski's Acid Algebra, Josiah Adams refers to the text.

**ht:** Trace Morris quickly fills out a 1040 EZ tax form in Mr. Bruner's Personal Finance class.

## SCIENCE

### Staff Votes for Honors

Most Personable	Mr. Bruner
Loudest Voice	Mr. Dessen
Best Dressed	Mr. Pollard
Most Infectious Laugh	Mr. Goin
Nicest Smile	Mrs. Hogan
Most Scholarly	Mrs. Bowler
Nicest All Around Person	Mr. Holmstedt
Ms. Congeniality	Mrs. Patterson
Mr. Congeniality	Mr. Alborn
Best Sense of Humor	Mr. Sarin
Most Patient	Mrs. Ericksen
Cutest/Handsome	Mr. Hoff
Best Organizer	Mr. Foster
Best Organized	Mr. Flowers
Staff Clown	Ms. Kem
Teacher of the Year	Mr. Schlieski



Mr. Brenden, Mr. Patterson, Mr. Fay, and Mr. Fennerty

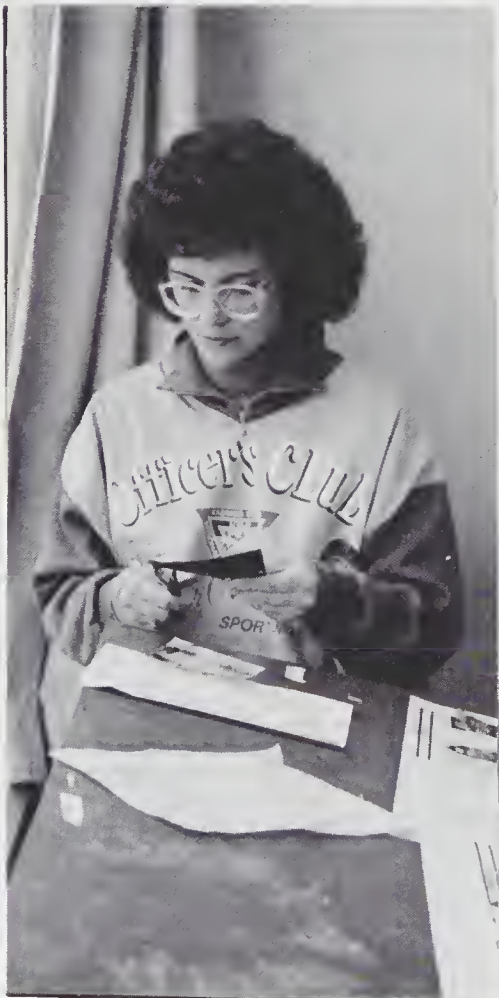
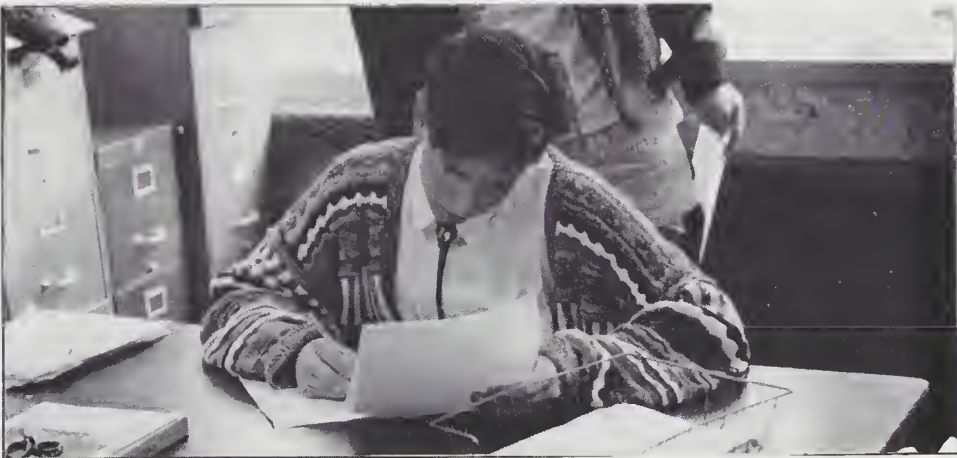


# ASTOR POST

Once a month, both the literate and illiterate students of AHS were treated with a little gem to break the monotony of their regular 2nd period. The gem came in the form of the Astor Post, a collection of news, features, and photography, highlighting the day to day events of school life. Editor-in-chief for this year was Tiffany Phebus.

Serving his last year as advisor, Mr. Alborn gave the students a strong background in journalism that will surely prove valuable for many years to come.

**Front Row:** Scott Matlock, Amy Baker, Timber Stevens, Lisa Shelton, Tracy Roberts **Middle Row:** Damion Coe, Jennifer Crosby, Joel Bechtolt, Mike Keyser, Josie Hemeon, Niki Davis, Ami Gaddis, Lisa Brownlie, Tiffany Phebus **Back Row:** Aimee Schneider, Kristin Jacobsen, Chuck Biddle, Chris Wood



**Top Left:** Under deadline pressures, Joel Bechtolt finishes his music review.

**Above:** Josie and Jennifer carefully lay-out the stories and pictures.

**Far Left:** Editor-in-Chief, Tiffany Phebus, cuts and pastes the paper together.

**Left:** Kristen Jacobsen is caught chuckling over a new story idea.

**Middle:** Amy Baker interviews a student for a heart warming feature story.



# ZEPHYRUS



"What size did you want that picture Homer?" "Not another picture of Josie and Sam!" All too familiar were these cries coming from the yearbook class.

The yearbook staff is a group of creative and hard working students who, through the guidance of "Homer", Mr. Holmstedt, produced our yearbook.

Working in a regularly scheduled class, they face quite a formidable task both in creating the yearbook, and in keeping Homer organized. They face many tough questions such as the cover design, choice, layout, and what features to include.

**Front Row:** Kim Utti, Amy Baker, Josie Hemeon **Back Row:** Kevin Fisher, Lyle Dawley, Carly Hogan, Adam McMurrick, Erin Larson, Marcie Stengal, Melissa Green, Trisha Brugh, Sam Lee, Brad Harris. Not pictured: Mark Walker



**Above:** Working up a layout, Erin Larson carefully cuts the pictures to fit.



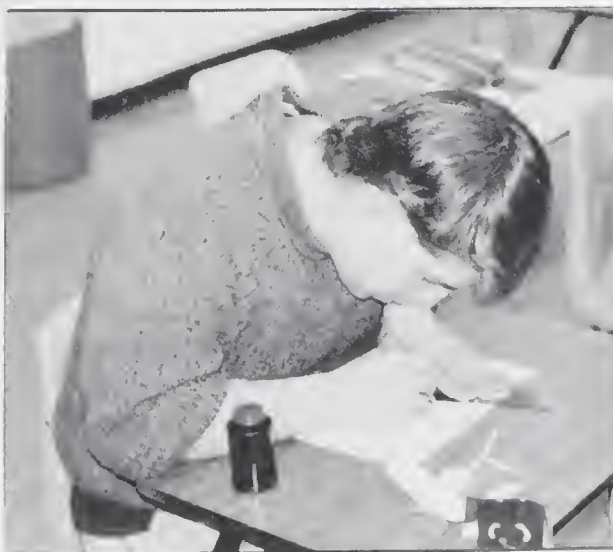
**Top Right:** Pizza dudes and dudettes at the Christmas party at Fultano's.



**Far Right:** Checking negatives for only the best, Trisha picks the cream of the crop.

**Right:** Making up a headline, Adam avoids slicing his finger with the exacto blade.

**Middle:** Busy fingers laying lines on the page for special effects.





# On Campus



**UPPER LEFT:** The best of buds, Marcie Star and Erin Larson put their heads together.

**ABOVE MIDDLE:** "I've got it!" Mio Carr exclaims as she holds up her graduation papers.

**ABOVE:** Taking a moment from their busy schedules, Stacey Macdonald and Chris Karna pose as trend setters.

**FAR LEFT:** Flipping the pancakes, Jon Kustura and Mike Nederly, hone their gourmet cooking skills.

**LEFT:** Working on their art, Kristi Wright and Amy Amo, take their imagination outside.



## ADMINISTRATION



Mr. Parrish and Mr. Neal

## BRAIN SURGEON

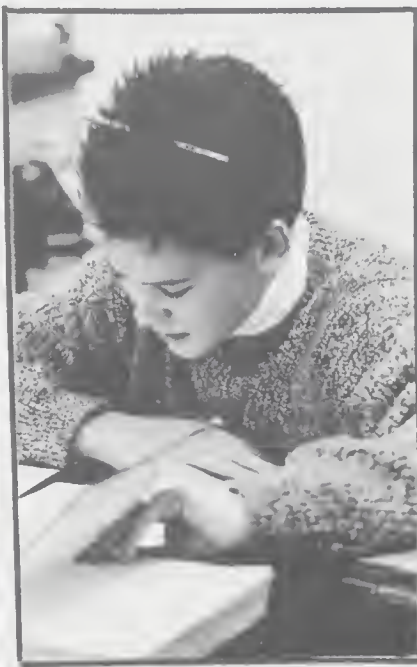


Reaching into a container that held the 'brain' of his wife, Mr. Flowers pulled out the slimy mass and held it up to the class. "If I pull out the frontal lobe, watch what will happen," said the psychology teacher as his wife, who played the brainless assistant, reacted violently to the operation. The exercise was a good way to illustrate how different parts of the brain control body control.





**OVE:** Showing real enthusiasm, Maragret Navarro and Timber Stevens, stare into space.



**OVE MIDDLE:** Looking for his pencil, Alan Neal, gets he stuck it in his hair.



**RIGHT:** Hiding her cheat sheet, Stacyomber gives an innocent smile.



**WER RIGHT:** "Hey peace", says Arlen Ullman as he mellows out!



**OVE RIGHT:** Graphic art students show off their t sides.



**HT:** Beating the information into the head of anne Ely, Mr. Ski explains the procedure again.

## ART



Mrs. Hogan, Ms. Kem, and Mr. Holmstedt.

## Foreign Dancers



Again, Carol Newman brought the foreign language classes culture from many countries. She taught dances from Sweden, Japan, Greece, and other nations, while also showing a great slide show on the life of the Japanese. Through this, students learned and had a great time too.



# STUDENT COUNCIL

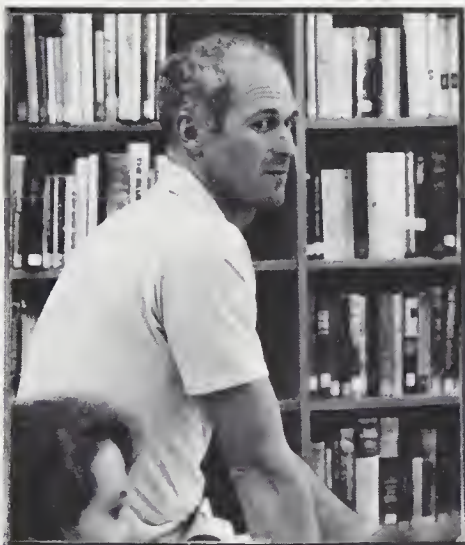
The 1989-90 student council was involved in organizing many activities that benefited both the student body and the community.

The school year started off with the annual homecoming events, from the olympics to the dance. The week was celebrated as one of the best ever.

We had three senior citizen luncheons during the year, they turned out to be another great success. The blood drive was held on April 5, the goal was 95 pints of blood, in which the student body more than met.

L to R:

Treasurer:	Lisa Shelton
President:	Tracy Roberts
Business Manager:	Amy Baker
Vice President:	Tricia Brugh
Secretary:	Kim Utti
Sgt. at arms:	Palmer Coe



"The student council has worked very hard this year, there is too long of a list of things they've accomplished to put here. I am very proud of them."

Mr. Bruner



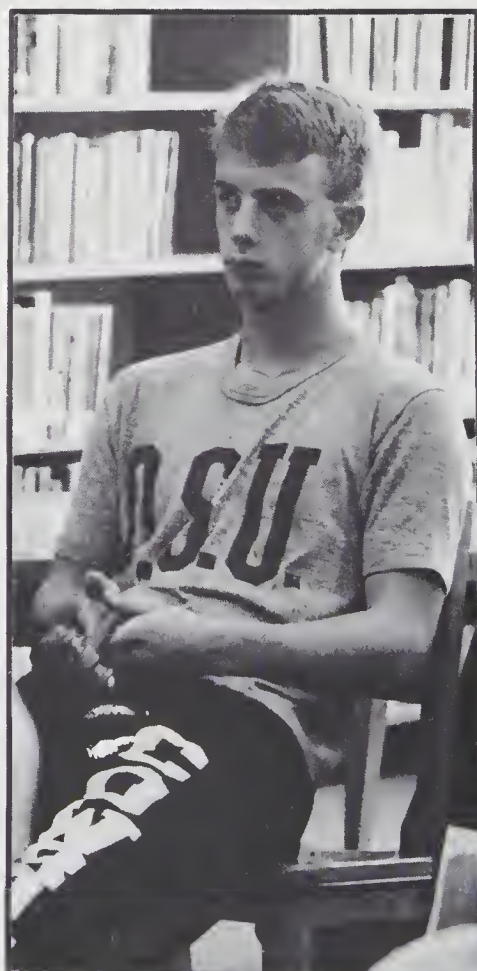
**Listening to ideas,** advisor Mr. Bruner thinks of fundraisers.

**Discussing Homecoming,** Lisa, Tricia, and Amy think about a theme for the dance.

**Listening to the comments,** secretary Kim Utti writes down the minutes.

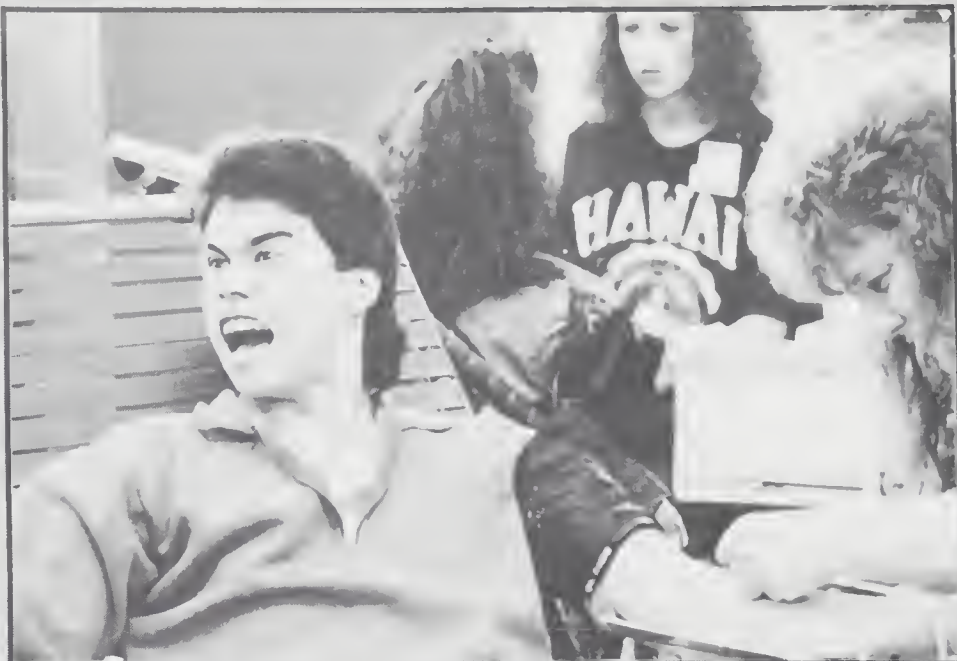
**Calling the meeting to order,** President Tracy Roberts discusses "New Business."

**Trying to listen,** Sgt. at arms Palmer Coe, gets upset at all the people talking.





# BLOOD DRIVE



**ABOVE LEFT-** Looking extremely nervous, Tracy Roberts gives a pint of blood.

**ABOVE-** Faking excruciating pain, Chad Mason donates to the Red Cross.

**FAR LEFT-** Discussing personal health problems, Mike Keyser wonders if he can give blood.

**LEFT-** Sporting the rubber gloves, Bruce Wywritzke volunteers at the A.H.S. blood drive.

# SR. CITIZEN LUNCHEON



**ABOVE LEFT-** Serving at the luncheon, students talk with the senior citizens.

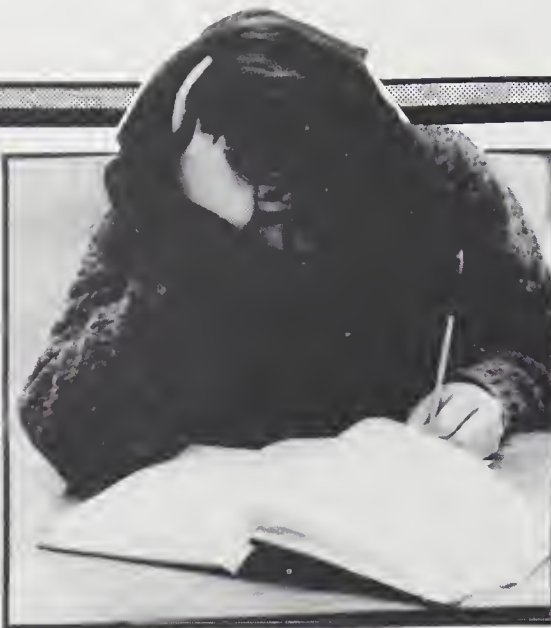
**ABOVE-** "Does any one want milk"? Kammy Hunter replies as she almost drops them.

**LOWER LEFT-** With a smile, Mr. Parrish discussed school events.

**LOWER LEFT-** Ready to stuff his face, Nick Begleries attends the senior luncheon.







**Top Left:** Taking a moment away from finishing a class project, Abby Graves gives us a golden smile.

**Above Middle:** Eowyn Bondurant ready to pull out her hair trying to finish an Algebra question.

**Top:** "You've got to be kidding," said a disgusted J. Mann after his balance sheet didn't balance.

**Far Left:** Making a detailed drawing in mechanical drawing, Peter Jackson gets his perspective correct.

**Left:** Looking for the yellow brick road, Terri Vineyard, Lori Davis, and Heather Lalone pause for a picture.

## Secretaries



Ms. Hollaway, Mrs. Kroehnert, Mrs. Olson

## Changing Places

If you could be anyone in the world, who would you be?

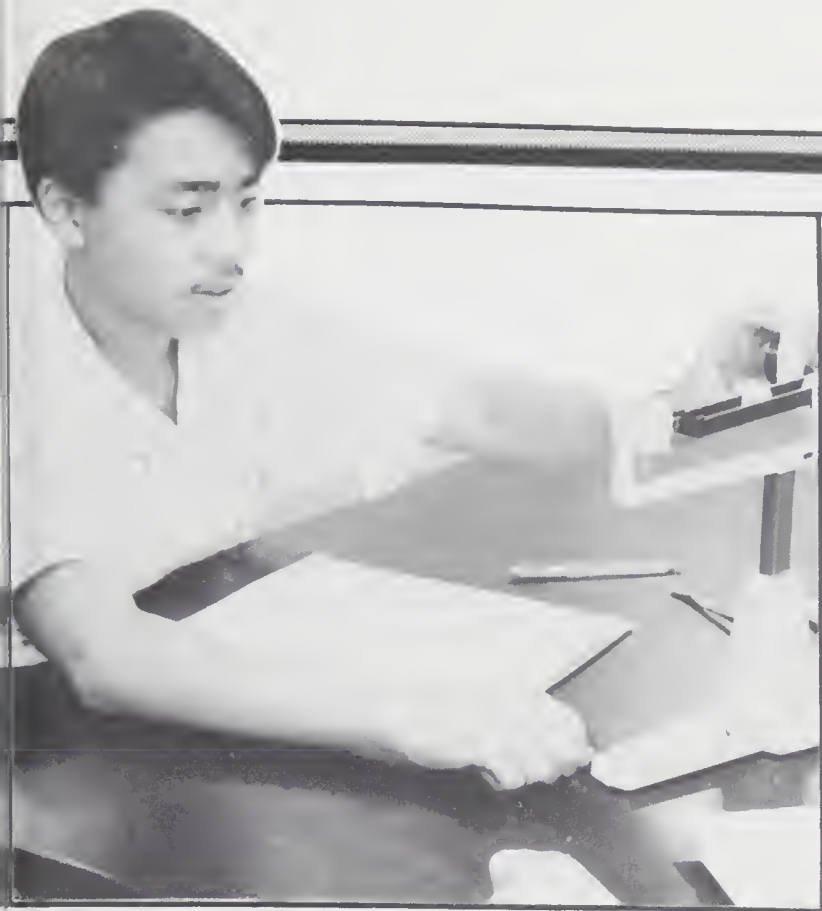
The next Hugh Hefner. -Tully Taylor

Mickey Mouse. The costume would fit. - Lyle Dawley

Donald Trump. Because he has power, money, and women. -Brad Harris, Sam Lee, Ty Williams, Pat O'Brien

Paula Abdul. Because she has it all. -Becky Rogers





**Above:** Donny Bui works the scale for a biology lab experiment.

**Above Right:** Great friends Carly Hogan and Honour Lavis pose sweetly.

**Far Right:** Looking for the sun angle, Kevin Fisher works the compass.

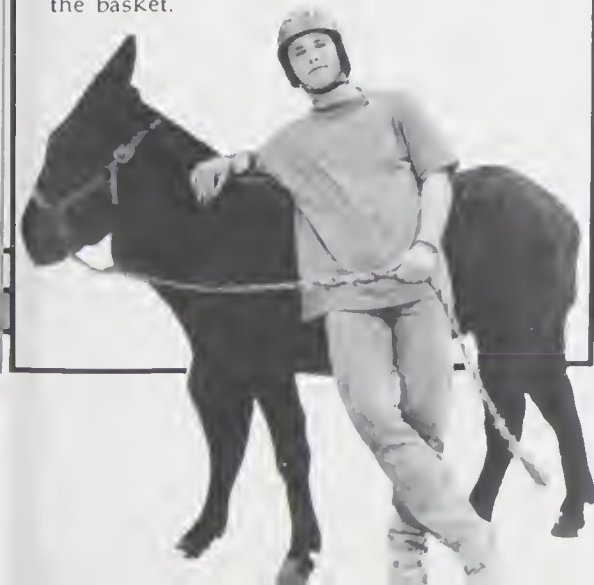
**Middle Right:** Heather Christie smiles for the observant eye of Kevin.

**Right:** Mr. Landwehr explains why these problems will be helpful.



## B-"ASS"-KETBALL

Playing in the FFA donkey basketball game, Michael Balesky found it easier to wait until the stubborn mule felt like moving than to try to get him to cooperate and go towards the basket.



## COUNSELORS



Mrs. Hawley, Mr. Pollard, and Mrs. Lobe



# On Campus



**Above:** After studying all night long, Tammy Ross sleeps through a lecture.

**Top Right:** Drooling on his pot, Justin Bechtolt makes a bowl.

**Far Right:** Discussing a tough assignment are Katie Lemmo and Shelly Lizon.

**Right:** Jennifer Crosby applauds the teacher for giving more homework.



## MUSIC



Mr. Stromquist, Mrs. Stromquist, and Mr. Pricer

## Teenage Mutant Nerd-les







ABOVE LEFT- Ryan Reed concentrates hard looking for a mistake in Business Machines class.

FAR LEFT- David Hillard thinks hard about what he is about to draw in Mechanical Drawing.

ABOVE- John Layton and Rachel Boothby play there music well at the Arts Experience.

LEFT- Jared Reinebach tries to figure out haw to fill a test tube in Mr.Fays class.

## Elks Youth Day

Getting a chance to run the city, 22 Seniors jumped at the opportunity to be in a position of power. From city mayor to the town dog catcher, the Seniors spent the day with city officials so that they could get hands on experience with the "real world." Against all odds, the city survived the day.

Cathy Shatto spent the day with Mayor Henningsgaard.



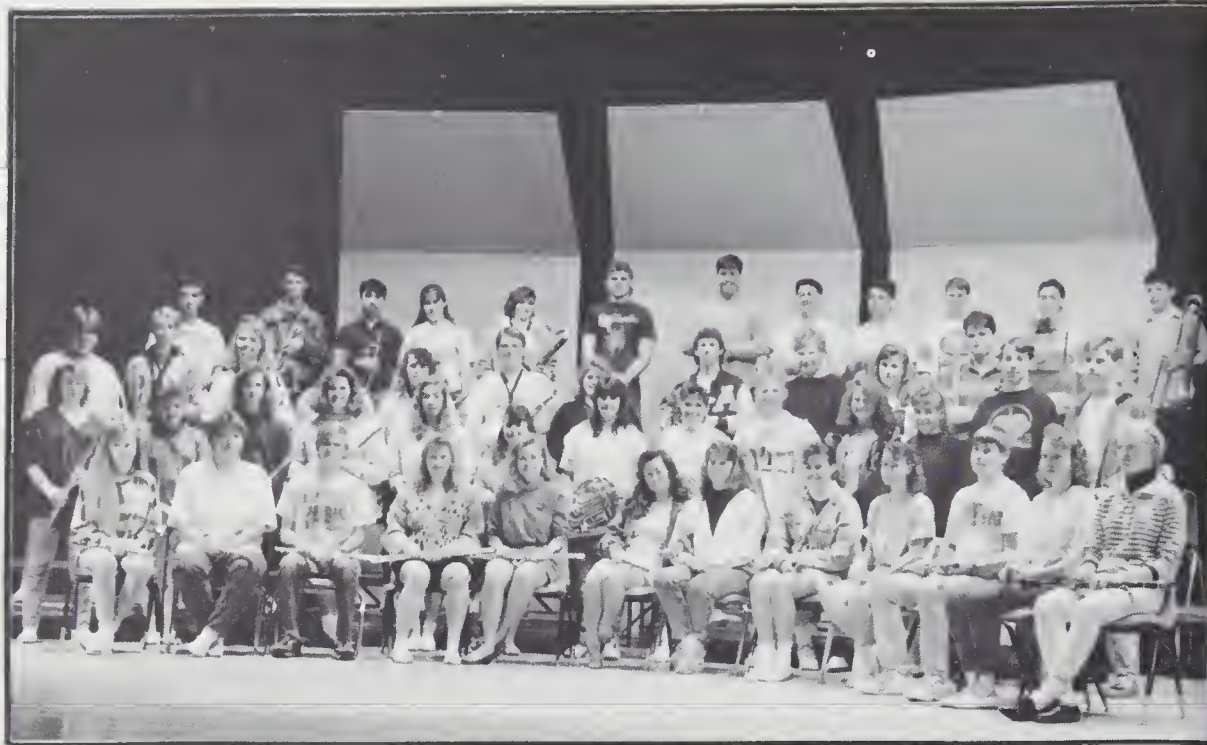
## cooks



Kathy Stineman, Beverly DioneRoy, Marlyss Nelson and Edi Roshau



# SYMPHONIC



FRONT ROW-(I-R) Wendy Faulkner, Carmen Shaffer, Scott Atwood, Abby Jones, MeeLee Teagle, Carrie Muehlberg, Tina Lilley, Teresa Roshau, Mark Cary, Ann Henderson, and Kristi Wright 2nd ROW Tami Warren, L'Lynn Walther, Christina Maki, Kimberly Sistek, Kathleen Jackson, Mechelle Trefethen, Rachel Boothby, Kammie Hunter, Jason Walther, Jennifer Aveline, and Jennifer Wirth 3rd ROW Jason Jones, Lennie Haglund, Kristin Loukkula, Josh Middleton, Roxanne Alexander, Charlie Anderson, Molly Lyon, Craig Warren, John Layton, Scott Sistek, Kevin Schell, and Peter Jackson 4th ROW Matt Stull, Scott Price, Donny Bui, Cathy Dubb, Susan Hoofnagle, Keith Haynes, Jason Thiel, Paul Ihander, Tim West, Josh Pounds, and Ben Fournal

# ORCHESTRA



FRONT ROW-(L-R) Liz Allen, Sonora Rasmussen, Chloe Allen, Stacy Clark, and Kirk Atkinson, BACK ROW-(I-R) Brenda Harper, Jason Naggiar, Nichole Davis, Jennifer Hockley, Molly Attig, Justin Morris, and Mrs. Stromquist



# FRENCH CLUB



BACK ROW(L-R) Kim Utti, Jennifer Crosby, Wendy Salvesen, Sheila Redman, Sara Ness, Tara Pohl, Abby Jones, Allea Thomas, Sarah Jenkins, Mrs. Bowler FRONT ROW(L-R) Nichole Miller, Lisa Shelton, Melanie Bojanowski, Alicia Stowell, Rebecca Scott, Nichole Davis, Jason Vanhorn, Nichole Hartill, Megan Schneider, Maureen Carnegie, Mariafe Estandian, Nancy Chan, and Sheila Wright

French club was a very active once again this year. We had the usual Noelograms and Valograms. This went very well and raised money for the French Club. Also on the agenda was a party in which french games were played. We even had a French cheese tasting day. All in all this year was again another success.



**Above:** Folding Valograms, Debbie Zielinski and Sam Lee stop for a quick shot.

# LATIN CLUB



L-R Jon Honl, Deip Bui, Jeanine Oleson, Carrie Muehlberg, Saida Welterstrom, Marcie Stangel, Erin Larson, and Shaun Cartwright

President:	Marcie Stangel
Vice President:	Erin Larson
Secretary:	Jennifer Johnson
Treasurer:	Shaun Cartwright





# STAGE BAND



**Back Row:** Scott Sistek, Craig Warren, Carla Gildner, Rod Long, and Aaron Moxley. **Middle Row:** Preston Swain, Scott Price, Jason Thiel, Brad Harris, Susan Hoofnagle, Molly Lyon, Amy Lucas, Kristen Loukkala, Lenny Haglund, Charlie Anderson **Front Row:** Cathy Dubb, Sean Ahlers

# GERMAN CLUB

**President:** Rose Campbell  
**Representatives:** Kristen Jacobsen  
 Brad Grimm  
 David Collins  
 Bruce Wywritzke  
**Alternate:** Liz Allen



**Left to Right:** Corey Brech, Carla Gildner, K'Lynn Walthers, Brandy Ahlers, Susan Hoofnagle, Preston Swain, David Collins, Kristen Jacobsen, Justin Shatto, Liz Allen, Tiffany Phebus, Carly Hogan, and Mrs. Bowler.



# PORT CITY SINGERS



Left to Right: Mr. Pricer, Chris Crane, Becky Shinn, Jeneen Doumitt, Shaun Cartwright, Jennifer Crosby, Kristin Jacobsen, Ami Gaddis



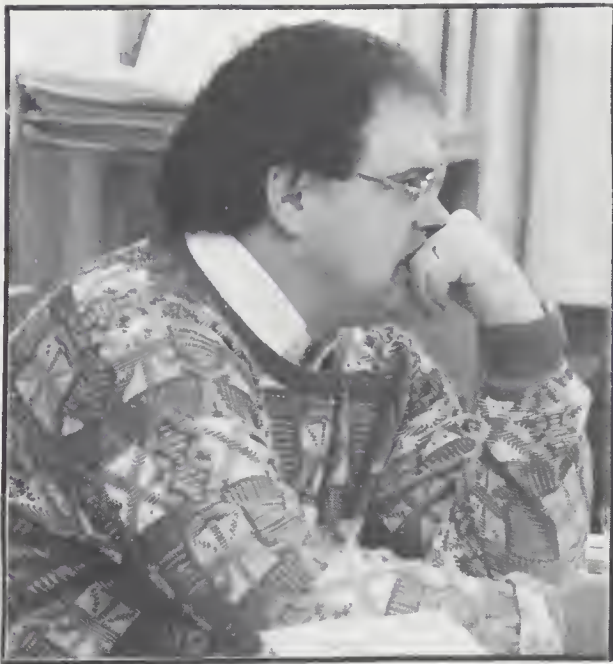
## ACAPELLA



Scenes From the Arts Experience







**Above:** Wondering what to do with his obnoxious freshmen, English teacher, Mr. Dessen chews on his knuckles.



**Top Middle:** Chris Devereaux, one of the freshmen that has Mr. Dessen wondering, slyly eyes his teacher.

**Top Right:** Sucking up a little ink, Amy Helmersen recharges her dose of blood poisoning.



**Far Right:** Waiting for the break between classes, Bryce Rodgers gives his full attention to the camera.



**Right:** Pondering what to paint next Kathy McDonald looks for inspiration in her painting one class.



## BUSINESS



Mr. Price, Mr. Bruner, Mr. Goin, and Mrs. Schlieski

## Navy Band Rocks

In what could be considered the best assembly of the year, the Navy band brought the student body off their buns and on to their dancing feet with a variety of Top-40 and other music to jam to. Although the lead singer looked nothing like Dino, Richard Marx, or Jon Bon Jovi, (more like Gomer Pyle!) the majority of the students claimed he sounded close enough to the real thing to be alot of fun and a break from the normal pep assembly.





**Left:** Making his Christmas list, Lyle Dawley writes the names of deserving friends.

**Right:** Getting frustrated, Billy Kroczyński works through his problem in business.

**Below Right:** Taking a break from painting, Deedee Fisher smiles for the camera.

**Below:** "What's that in your lip, Dan Pettit?"

**Below Left:** Eric Fridley pays close attention to the lecture in his math class.



## Fancy Dresser



Getting out her old high school clothes, Ms. Main didn't have to buy anything new as she dressed the part for the homecoming dress up days. Looking the part of a model teacher, the style that was popular way back when didn't take hold today. Maybe next season the nerd look will be back.

## LIBRARY STAFF



Mrs. Rich and Mr. Foster



# GRAPHIC ARTS

Creating a wide variety of artwork for the purpose of generating school spirit, the graphic arts class did an excellent job throughout the school year. Under the leadership of Ms. Kem, these students made posters, designed programs, and provided a wide variety of displays in the visual arts. "These kids worked hard," said Ms. Kem, "they were very creative with everything they started."



**Front Row:** Deedee Fisher, Ayako Aoki, Jayson Holmstedt, Bryan Mestrich, Sheila Wright, David Hillard, Heather Warr, Steve Davis **Back Row:** Chuck Biddle, Tammy Ross, John Teagle

# SERVICE CLUB

Providing refreshments for the crowds that came to football and basketball games, the service club members were dedicated to working while most students were able to sit and enjoy the games. The money that they earned from the stands went to purchasing equipment for different purposes such as a new sound system for the gym.

President: Cathy Shatto  
Vice President: Erin Larson  
Secretary: Marcie Stangel  
Treasurer: Sheila Wright  
Sgt. At Arms: Bryan Harris



**Front Row:** L to R: Katie Ferrell, Christie Hartney, Michael Jackson, Erin Larson, Marcie Stangel, Bryan Harris, Heidi Grimm, Jennifer Johnson, Shaun Cartwright. **Back Row:** Wendy Salvesen, Kathy Walker, Ma-Fe Estandian, Jenni Sagen, Rebecca Scott, Kim Sistek, Kurt Reinebach, Crystal Frazer, Chris Salsberry, Peter Jackson, Cathy Shatto, Scott Sistek, Brad Harris, Sean Ahlers, Saida Welterstrom, Brandon Kotaniemi, Liz Allen, Trevin Duey, Brad Grimm.



# SPECIAL NEEDS



*The students in the special needs class have had a great year. Highlights include: booming sales for the class business "making scents", painting a mural for the cafeteria, and working with a terrific group of peer tutors!*

*The 1989-1990 school year was full of excitement for the students in the special needs class. Not only did they mature and grow individually, they learned how to work together as a group for their class business "making scents."*

*Joan Wilkerson won national honors for the "making scents" business. She received \$1000.00 and a trip to New York City. There will also be an article in the October issue of Business Week describing their potpourri business and projects they work on in class.*



# FISH-A-THON



## *Aqua Students Give Handicapped Kids New Opportunities*

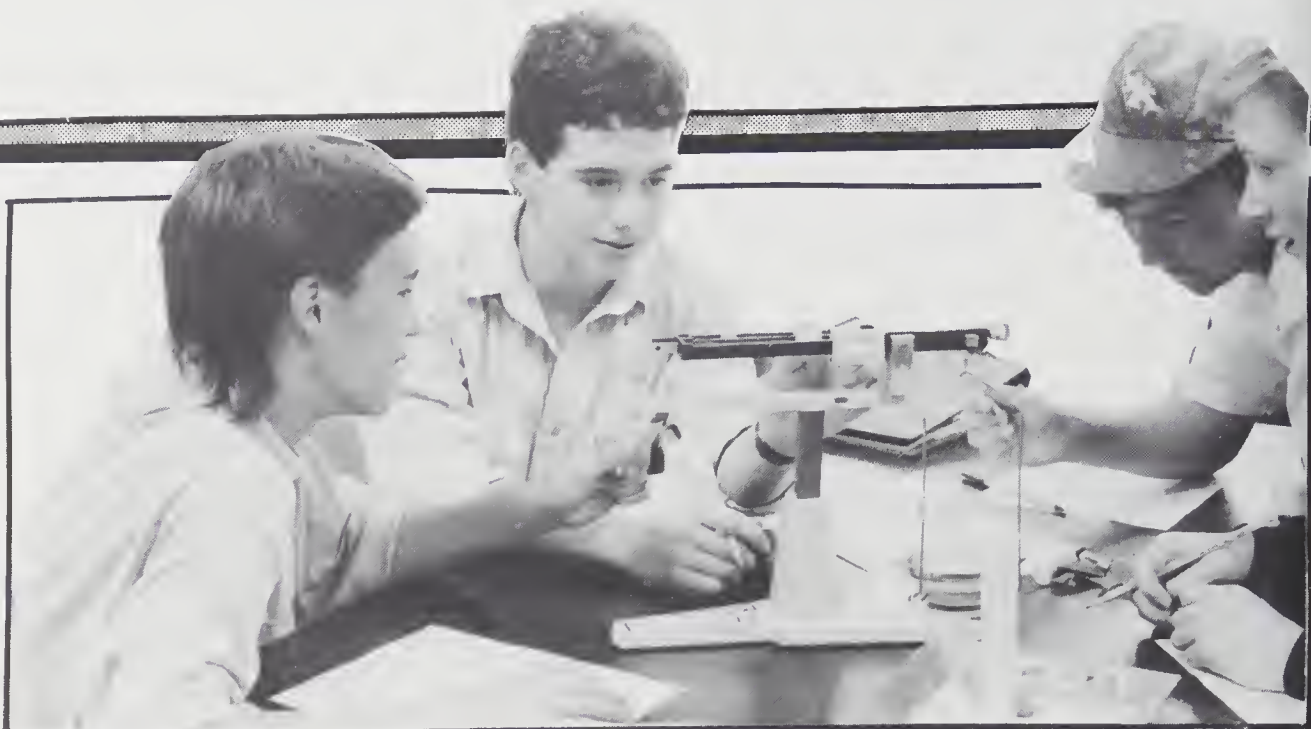
*Fish on! Shouts of excitement rang through the high school fish hatchery as aqua students and special needs students floundered around trying to land one of the huge trout. "We gave the kids a chance to something that they will probably never be able to do again because of their disabilities," summarized Bryan Mestrich, "it was a huge success." Aqua students presented each student with an official certificate, their prized fish, cleaned and bagged, and an experience that they probably will never forget.*

**Left:** Bryan Mestrich reaches to get a big one.

**Top right:** Aqua culture students, Craig Warren, Carrie Muehlberg, Mark Waddell and Keith Hutchins, help cut and weigh the fish.

**Bottom right:** Michelle Grogan and Linda Brewer sign the certificates of success.





**Above Left:** Having an after lunch drink, Cassy Johns smiles at a cute guy walking by.

**Above:** Evan Adams, Corey Stevens, and Willie Raw all help with working the scale.

**Far Left:** Bobbie Williams and Tinker Logan laugh at Laura Takko stuck in her locker.

**Left:** Working on some serious typing, Denys Goozee, is in deep concentration.

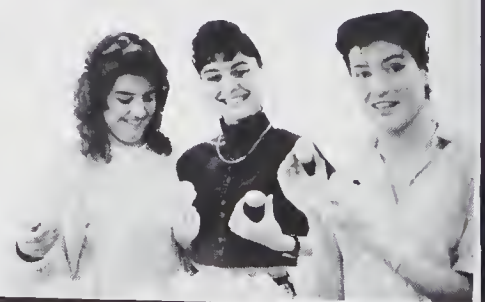
## AIDES



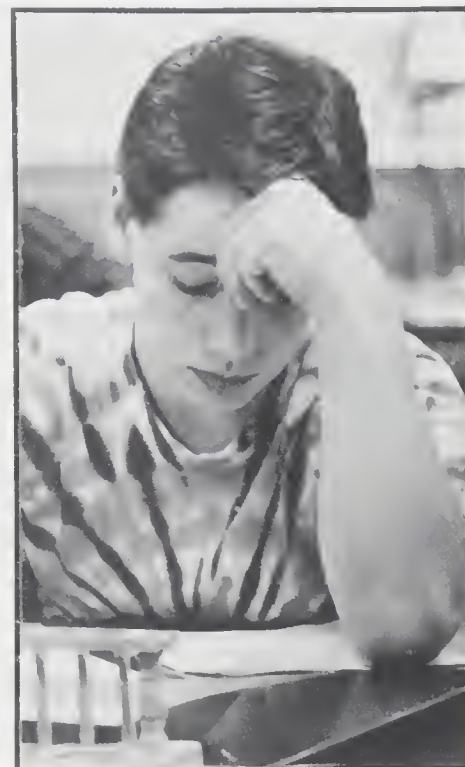
Mrs. Severson, Mrs. Jacobsen, Mrs. Thiel, Mrs. Knapp

## Easter Eggers

The cooking classes did their part to make kids happy by cooking and coloring thousands of eggs for the egg hunt in the park. Shannon Palmer, Josie Hemeon, and Heather Warr are shown proudly displaying their eggcellent creations.







**Top Left:** Opening a note from one of her admirers, Sarah Jenkins anticipates the juicy contents.

**Top Middle:** Bellyflopping into the pool, an unidentified swimmer tries to hurt himself in P.E. class.

**Middle:** Lecturing on early American history, Mr. Olson makes the stories come to life.

**Above:** Caught reading without moving his lips, Jared Rickenbach concentrated on his biology test.

**Left:** Stuart Johnson is the victim of a flying water ballet during synchronized swimming lessons.

## For Men Only

During the course of every males teen years there are certain questions that plague the mind day and night. Ms. Moss' relationships class addressed these questions and surfaced some interesting answers. How would you answer these questions?

Why do girls always think they are fat?

Why do girls go to the bathroom in pairs?

Why do most all women think men are jerks?

## INDUSTRIAL ARTS



Mr. Lukoszyk and Mr. Johnson



# SEMO







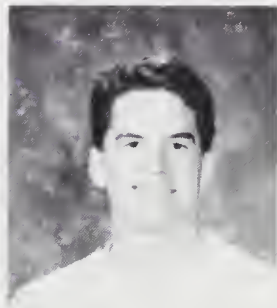


## Tag Team

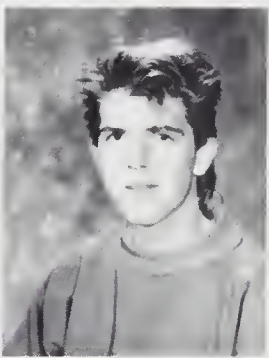
One of the projects for the hatchery students was to tag the fish that they had raised at the high school. "We tagged somewhere between 5,000 or 6,000 Coho this year," boasted Aqua Culture instructor Mr. Fennerty. At right, Brian Salo and Keith Hutchens delicately clip the adipose fin for the purpose of easy identification of the fish that are tagged with a wire that is coded with vital information.



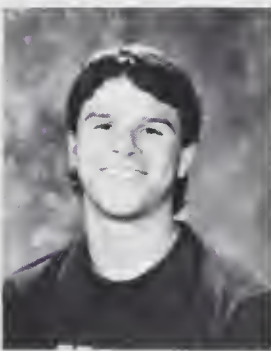
Josiah Adams  
Roxane Alexander  
Tricia Anderson



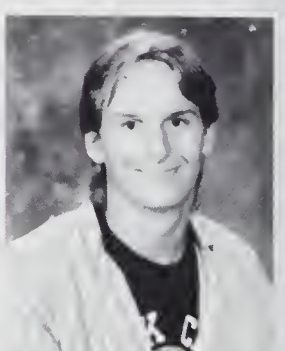
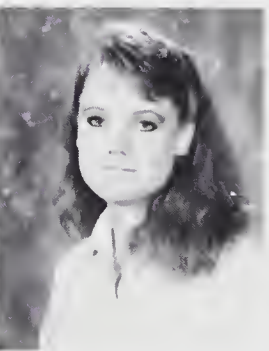
Ayako Aoki  
Ben Baker  
Jennifer Baker  
Theresa Baker  
Mike Balesky



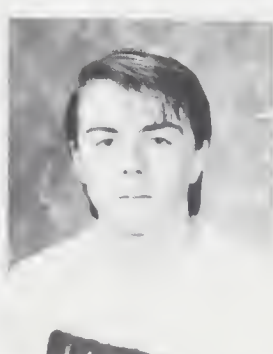
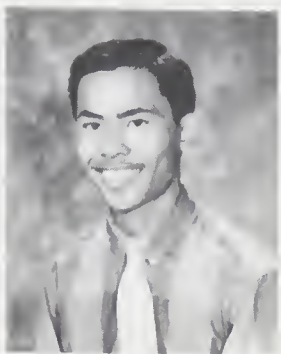
Joel Bechtolt  
Joel Bergeman  
Aaron Birdeno  
Dinah Bockover  
Eowyn Bondurant



Greg Booker  
Linda Brewer  
Julie Brown  
Maggie Brown  
Mark Brown







Julie Brugh  
Diep Bui  
Mike Bunn  
Loyd Burleson  
Rose Campbell



Nancy Chan  
Amanda Clark  
David Collins  
James Coop  
Christine Crane



Shanon Culver  
Mike Cummings  
Julie Davis  
Nichole Davis  
April Dean



Jeneen Doumitt  
Josh Dunn  
Gretchen Easton  
Robert Enloe  
Rochelle Erven



## JUNIOR OFFICERS

President:	Kristin Jacobson
Secretary:	Aimee Schneider
Sgt. At Arms:	Chuck Meyer
Treasurer:	Diep Bui
Representative:	Margaret Navarro
Vice President:	Carly Hogan
Representative:	Honour Lavis
Representative:	Joel Bechtolt

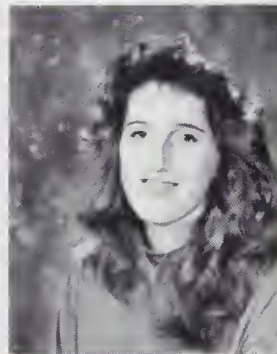


# The Untouchables

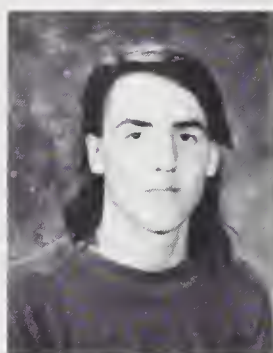
Taking over the school in a very persuasive manner, the Junior class showed their unity during homecoming week by dressing like gangsters out of the roaring 1920's. Not only did they win the dress up day competition, there were also reports of several muggings and mobbings of underclassmen. All in good fun you understand.



*Maria Estandian  
Kim Fahlstrom  
Lisa Forshey  
Eric Fridley  
Jennifer Frisch*



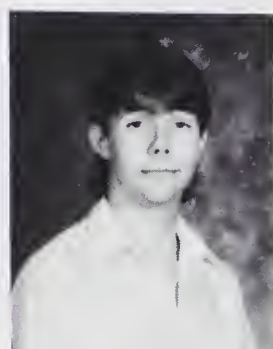
*Ami Gaddis  
Dan Gentry  
Leaf Geraghty  
Earl Gifford  
Carla Gildner*



*Craig Goozee  
Gary Gotschall  
Melissa Green  
Michelle Grogan  
Joe Guindon*



*Tim Hankel  
Brenda Harper  
Monica Hartney  
Ray Hatcher  
Keith Haynes*







Aaron Henderson  
Ken Hoffman  
Carly Hogan  
Jon Honl  
Greg Hubbard



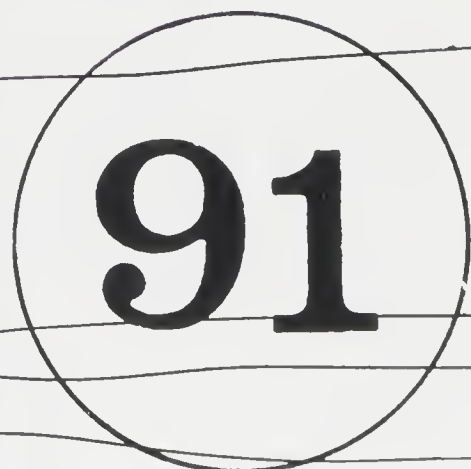
Keith Hutchens  
Petri Jaakola  
Kristin Jacobsen  
Ed Jeremiah  
Heather Johnson



Greg Josephson  
Joe Kammerman  
Mark Keyser  
Chris Kiepke  
Kim Kile



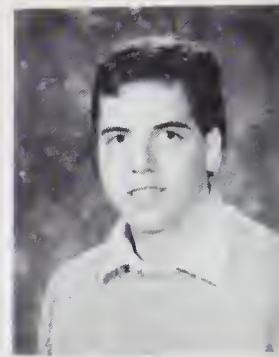
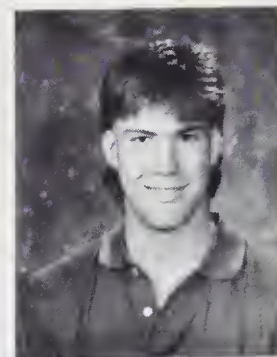
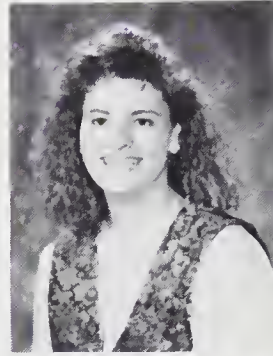
Matt Kinch  
Brian Knapp  
Cynthia Kotaniemi  
Kevin Larson  
Rick Larson



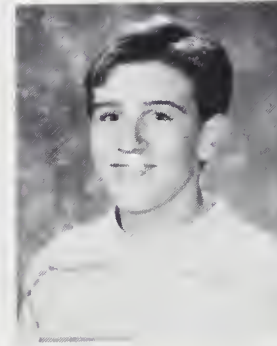
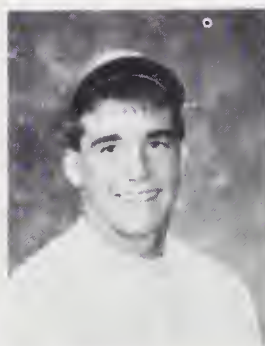


# *Juniors*

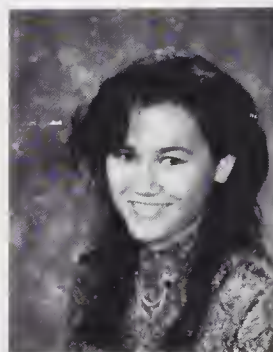
*Honour Lavis  
 Kati Lemmo  
 Shelly Lizon  
 Rod Long  
 Jeff Mann*



*Chad Mason  
 Monty McCleary  
 Adam McMurrick  
 Bryan Mestrich  
 Chuck Meyers*



*Brian Mick  
 Don Miller  
 Susie Miller  
 Carrie Muelburg  
 Laurel Naggjar*



*Margaret Navarro  
 Karen Nichols  
 Stephanie Northrop  
 Pat O'Brien  
 Woodland Oliva*



91

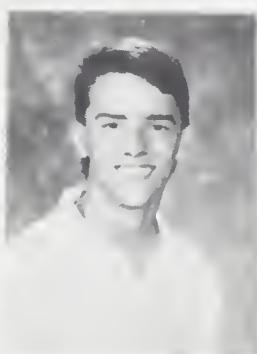






## *Fish Slime*

Given the opportunity, most people would have passed up the chance to clean the fish in the fish-a-thon, but not these eager slimers. For Craig Warren and Carrie Muehlberg, the expressions of delight telegraphed on their faces are obvious signs of their eagerness to do the dirty deeds.



*Jerry Pember  
Mike Pember  
Scott Price  
Brian Robinson  
Tricia Roden*



*Becky Rogers  
Irene Rubio  
Jeni Sagen  
Wendy Salvensen  
Katrina Sanders*



*Michael Schacher  
Aimee Schneider  
Steve Schofield  
Heidi Schwarz  
Rebecca Scott*

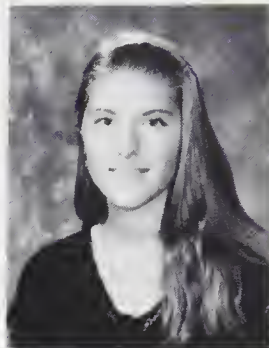
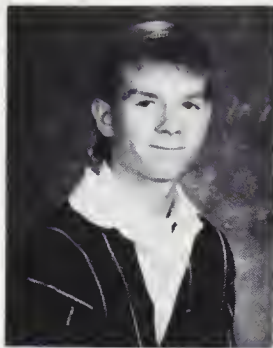


*Delian Scudder  
Marsha Segura  
Justin Shatto  
Melissa Smith  
Gretchen Stambaugh*

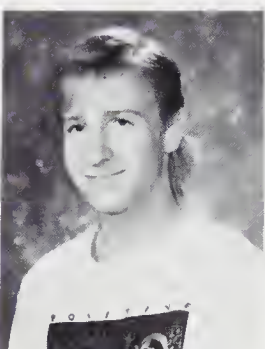


# Juniors

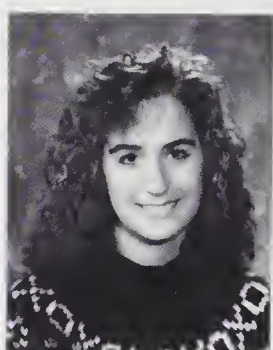
Glenn Stapleton  
Deanna St. Martin  
Heather Stilwell  
Morgan Stokeld  
Alica Stowell



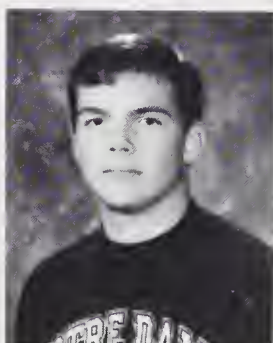
Preston Swain  
John Teagle  
Max Thompson  
Nichole Trucke  
Stacia Tyson



Arlen Ulleman  
Jason Van Horn  
Leena Waddell  
Melanie Waddell  
Craig Warren



Kristin Wheeler  
Karinda Williams  
Ty Williams  
Chris Wood





# RUSSIAN SUMMER

During the summer of 1989, six AHS students boarded a plane to the U.S.S.R.. Tracy Roberts, Mark Ericksen, Janine Tharp, Kendra Brewster, Scott Sistek, and Cathy Dubb spent part of their summer as Soviet travel-

ers. Starting in Moscow with 240 other students, they visited Leningrad, Tallin, Narva, Riga, Vilinius, and Minsk. According to Jennifer Crosby, "I wouldn't trade this experience for anything."



## AHS STUDENT RUNS THE CONGRESS

Taking advantage of a once in a lifetime opportunity, Ian Kruger was selected to serve as a page in Washington D.C. for representative Les AuCoin. His responsibilities included running errands for members of Congress and answering phone calls for representatives. He attended an accelerated high school at the National Library of Congress with 65 other pages from all over the country.



## Come and Get 'em

Barbecue king, Mr. Parrish, flipped the burgers for a fall outdoor luncheon. No casualties reported.



## GOOD SPORTS

"We have a lot to be proud of," athletic director Mr. Goin told the student body, "last year we were the all-around best school in this league." In what is becoming a showcase for good behavior, visiting athletic directors from schools around the league came to AHS to present the student body with the annual league sportsmanship award. Good job everybody!



# NATIONAL HONOR SOCIETY

**BACK ROW-** Mark Walker, Darren Palmberg, Lyle Dawley, Timber Stevens, Chris Crane, Jason Vanhorn, Carla Gildner, Kristin Jacobson, Sheila Wright, Gretchen Easton, Marcie Stangel, Liz Allen, and Tiffany Phebus. **FRONT ROW-** Wendy Salvesson, Brad Harris, Shaun Cartwright, Cathy Shatto, Tricia Brugh, Erin Larson, Debbie Zielinski, and Bryan Harris.



## "A" CLUB

**Top:** Morgan Stokeld, Michael Balesky, Nathan Person, Kevin Goin, Brad Grimm, David Fitzgerald, Sean Ahlers, Aaron Moxley, and Chuck Meyer. **2nd Row:** Tim West, Paul Ihander, Bobby Enloe, Thor Norgaard, Matt Stull, David Hillard, Bruce Wyrwitzke, Keri McCormick, Eowyn Bondurant, Mark Erickson, Irene Rubio, Sam Lee, Eddie Olson, Emily Graves, and Nick Begleries. **3rd Row:** Scott Atwood, Willie Raw, Scott Sistek, Michael Jackson, Darren Palmberg, Charles Anderson, Tricia Brugh, Debbie Zielinski, Josie Hemeon, Mike Keyser, Sheila Wright, Christy Long, Meelee Teagle, Erin Larson, Shaun Cartwright, Carla Gildner, Gayle Booker, Kim Utti, Julie Wetherill, Jennifer Crosby, Cassy Johns, and Jeneen Doumitt. **Bottom Row:** Nichole Hartill, Lisa Osterholme, Heather Warr, Kelly Palmer, Amy Baker, Melanie Waddell, Kristin Jacobson, Julie Brugh, Aimee Schneider, Honour Lavis, Carly Hogan, Julie Davis, Monty McCleary, and Amy Gaddis.



## SEA

**L-R:** Debra Seamore, Brenda Harper, Jeanine Oleson, Cynthia Kotaniemi, Laurel Naggiar, Kim Kile, Arainea Westfall, Maggie Brown, Rosie Holden, and Rose Campbell.



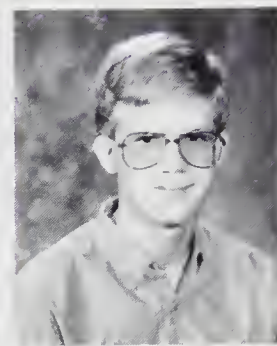






# Sophomores

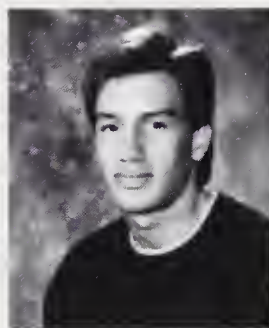
Brandy Ahlers  
Chloe Allen  
Charles Anderson  
Scott Atwood  
John Ayers



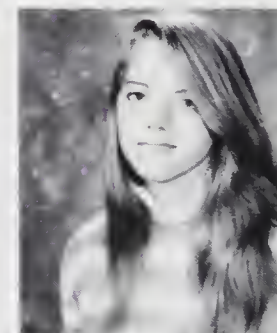
Bilbo Ballard  
Jeff Beattie  
Eric Bodie  
Melanie Bojanowski  
Rachel Boothby



Jack Boyle  
Pat Brott  
Kelly Brownlie  
Maureen Carnegie  
Andrew Carter



Mark Cary  
Rena Cater  
Angela Causley  
Mikelyn Childers  
Caleb Clutter



## SOPHOMORE OFFICERS

President:  
Vice President:  
Secretary:  
Treasurer:  
Sgt. At Arms:  
Reps.

Jayson Holmstedt  
Teena Tarabochia  
Keri McCormick  
Kevin Goin  
Chloe Allen  
Brad Grimm  
Melissa Hansen  
Nichole Hartill







## PIZZAZ!!!

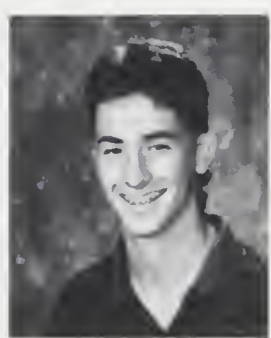
The Astoria High School Dance Team received several awards this year for their hard work. "PIZZAZ" came home with a first place trophy from one preliminary competition and fifth place at the state level. Attending were Amy Fastabend, Sheila Redman, Lori Davis, Amy Rodgers, Josie Hemeon, and Allea Thomas.



Amy Cowan  
Lesley Crockett  
Heather DeSisto  
Patty Dean  
Trevin Duey



Jason Dunn  
Chris Edgerly  
Ingrid Ellenburg  
Amy Fastabend  
Katie Ferrell



Corina Fisher  
Emily Fisher  
Ben Fournal  
Lisa Gilliam  
Kevin Goin

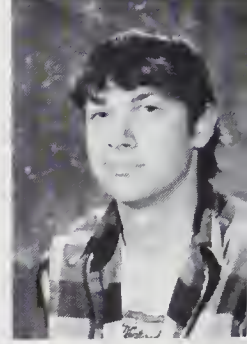


Brad Grimm  
Lori Hagnes  
Melissa Hansen  
Jared Harris  
Paloma Harrison

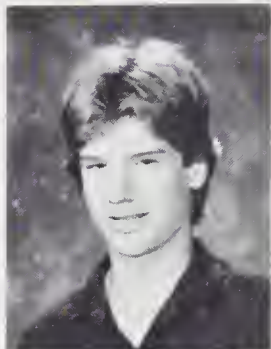
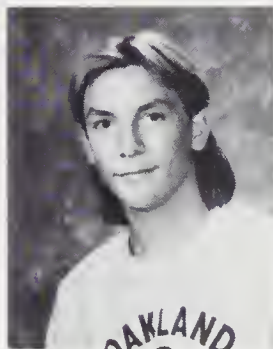


# Sophomores

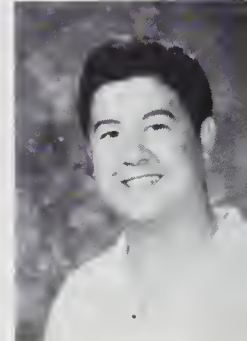
Nichole Hartill  
Christine Hartney  
Tiffani Heckenburg  
Ann Henderson  
Michael Hendrickson



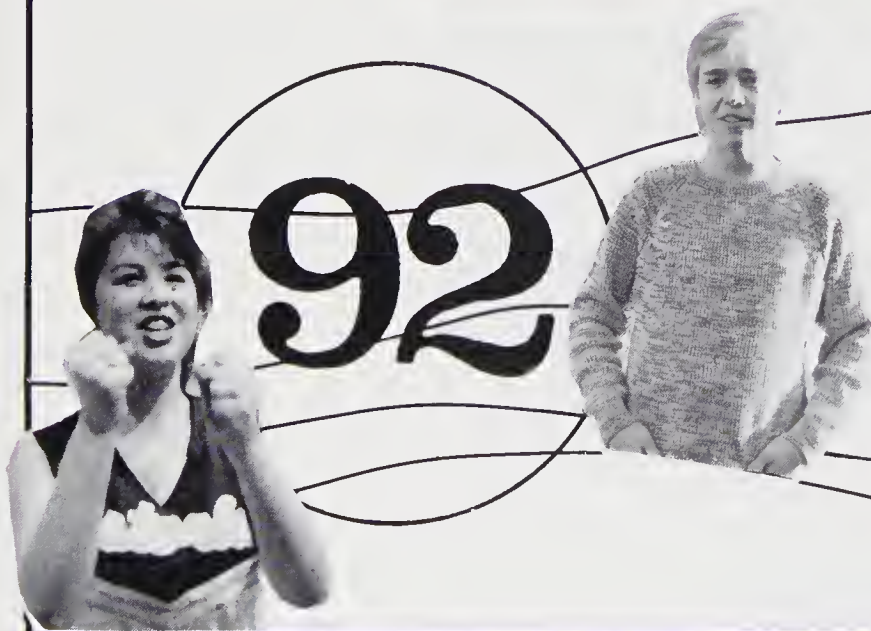
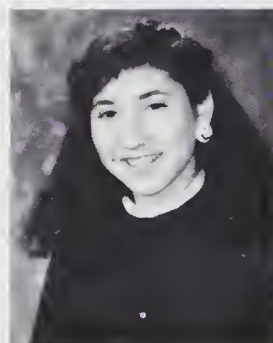
William Hernandez  
Joshua Hill  
Tom Hippensteel  
Jason Holmes  
Jayson Holmstedt



Heather Holyoak  
Susan Hoofnagle  
Juliet Horn  
Pat House  
Paul Ihander



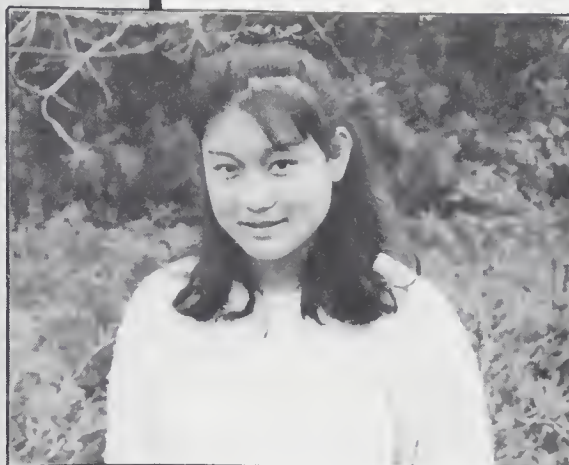
David Issac  
Erica Iverson  
Jacob Jackson  
Katie Jackson  
Sarah Jenkins





# Ayako Aoki

Ayako Aoki was a 16 year old Japanese student. In order to come to the United States, she had to be placed on a waiting list when she was very young. While in America, she enjoyed shopping with her new-found friends, and spending time at the beach. She missed the Japanese culture and her family and friends.



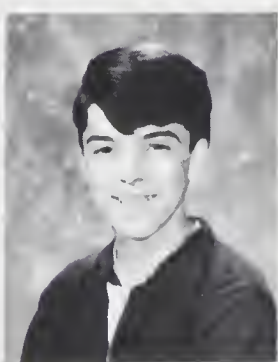
Sarah Jenson  
Karlina Jentzsch  
Andrea Jessen  
Jake Johnson  
Stuart Johnson



Abby Jones  
Jason Jones  
Chris Karna  
Ben Keenan  
Brandon Kotaniemi



Bill Kroczyński  
Jason Larson  
John Layton  
Ari Lecture  
Summer Lind



Melissa Linder  
Billy Lloyd  
Tinker Logan  
Stacy Macdonald  
Amahia Mallea



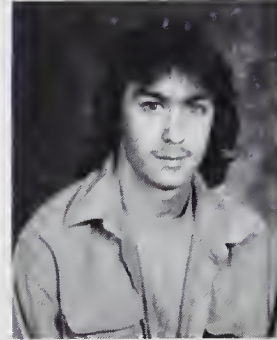
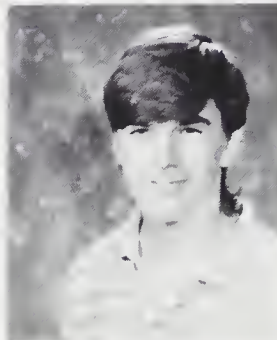




## Mick Shieh

Mick Shieh, a 17 year old student from Hong Kong studied in Australia for a year and spoke English fluently. He loved hamburgers, shopping, and Hawaii. There wasn't too much about home that he missed, other than his friends, because he had been away for so long.

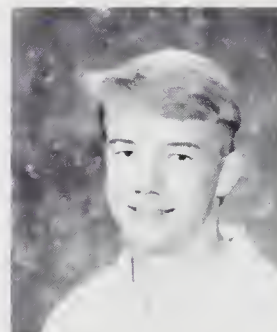
*Keri McCormick  
Sandra McDonald  
Casey McGinnis  
Joshua Middleton  
Luke Miehe*



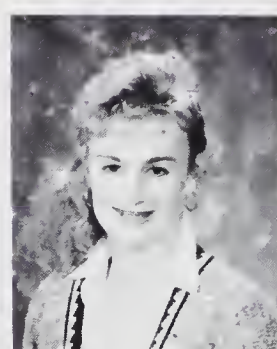
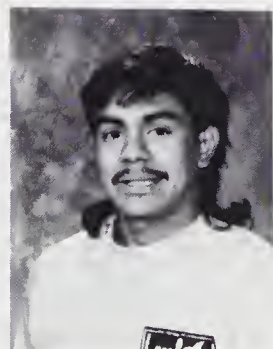
*Nicole Miller  
Dawn Morse  
Aaron Moxley  
Ryan Muehlberg  
Nate Neal*



*Dan Nerenburg  
Sara Ness  
Laura Nichols  
Michael Niederle  
Thor Norgaard*



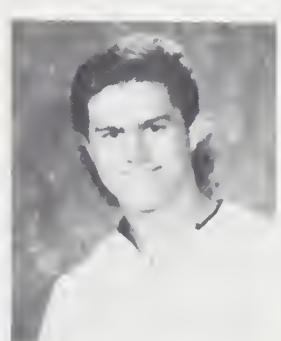
*Luis Ochoa  
Jeanine Oleson  
Donald Olson  
Lisa Osterholme  
Jason Palmberg*







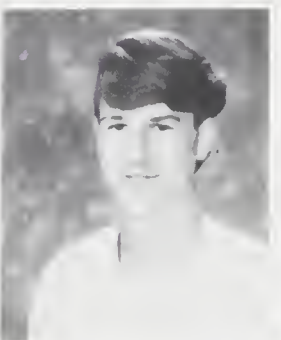
*Kelly Palmer  
Cindy Pendleton  
Nate Person  
Ryan Person  
Daniel Pettit*



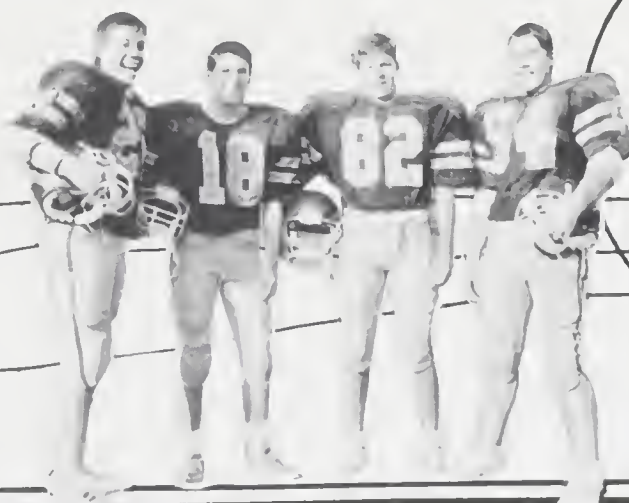
*Tyler Phillips  
Kevin Pierce  
Kenneth Ramsdell  
Sonora Rasmussen  
Sheila Redman*



*Michelle Reed  
Ryan Reed  
Tonya Reynolds  
Tiffany Richardson  
Jared Rickenbach*



*Cara Roberts  
Cynthia Robinson  
Teresa Roshua  
Tony Rummell  
Megan Schneider*

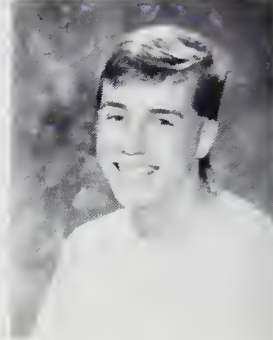


92



# Sophomores

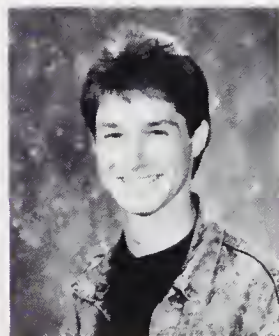
Vincent Schneider  
Misty Severson  
Michael Shields  
Michelle Solum  
Brian Sossaman



Melissa Steinman  
Matthew Stull  
Laura Takko  
Teena Tarabochia  
Allea Thomas



Rachael Thomas  
Treeka Trevillian  
Brian Tucker  
Tara Tuveng  
Andrea Velasquez

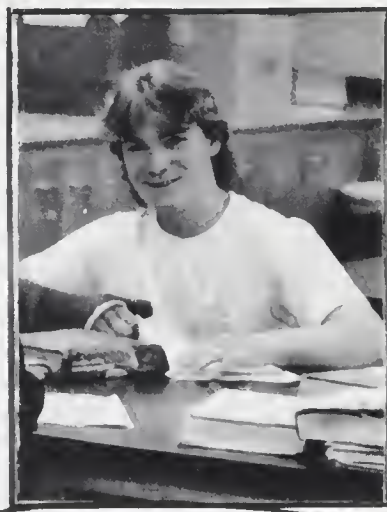


K'Lynn Walther  
Cathie Welty  
Timothy West  
Arainea Westfall  
Bobbie Williams



92







# SCANDINAVIAN

Three girls from Astoria High School were selected as Scandinavian princesses this year. Senior Tricia Brugh was chosen as Miss Norway, senior Kim Utti was chosen as Miss Finland and junior Kristen Jacobsen was chosen as Miss Denmark. Joined by two other seniors from Knappa, the court appeared in costume at various functions and before various organizations to speak of their heritage and costume, and the festival they reigned over.

The festival itself, held June 22-24, offered craft and food booths and continuous entertainment.

Tricia, Miss Norway, stated, "The Scandinavian festival is the most exciting part of the summer. It's a fun time when you can eat a lot of wonderful food and learn about different cultures."

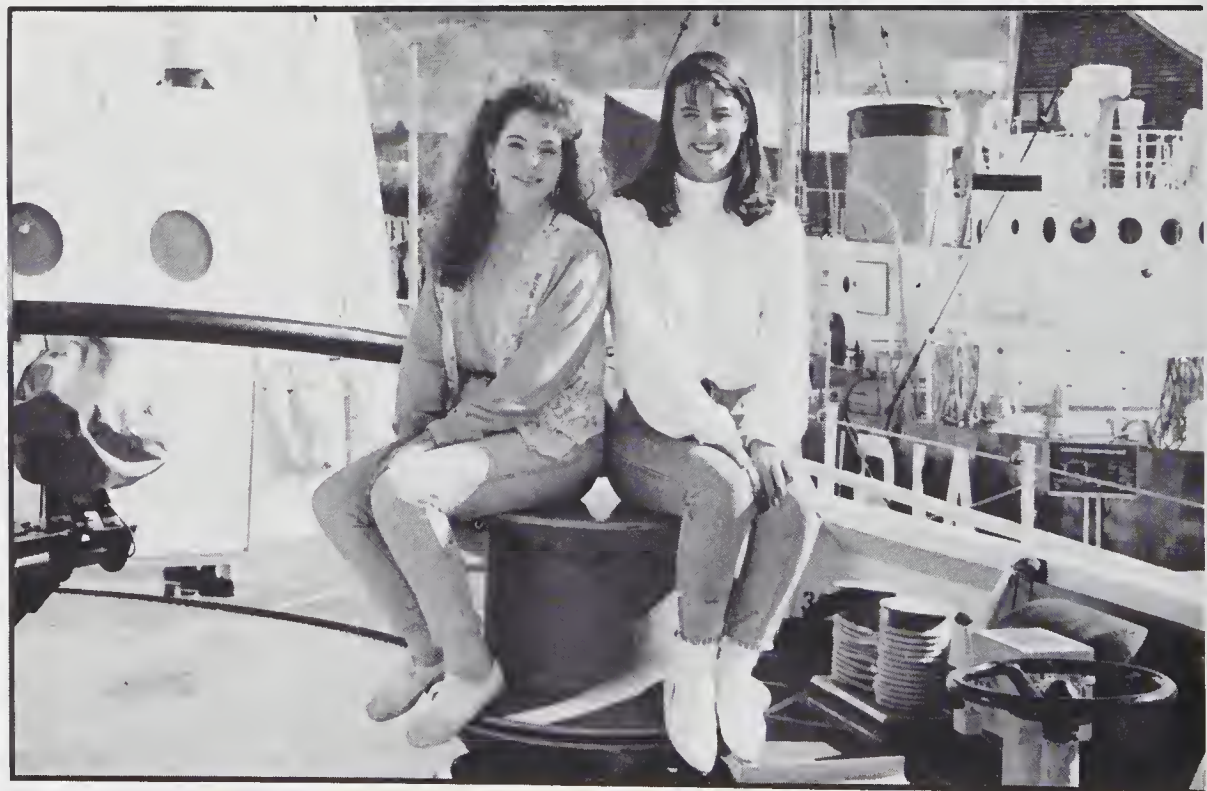


L to R: Kim Utti, Tricia Brugh, Kristen Jacobsen

# REGATTA

Seniors Erin Larson and Joanie Varner were selected as 1990 Astoria Regatta princesses. Joined by three other princesses from around the area, Erin and Joanie represented the Regatta Festival at many parades and festivals in Oregon and Washington and spoke before various organizations.

The Astoria Ragatta, an entire week of festivities sporting parades, fireworks, craft booths and entertainment, was held August 6-12. Princess Erin summarized, "It was really great being a member of the Regatta court and serving as an ambassador for Astoria as we traveled around the area. It was a terrific way to end my years at Astoria High."



L to R: Erin Larson, Joanie Varner



# Ski Club



## COME SKI WITH US

Why go skiing in Switzerland in the Alps when you can ski with the AHS Ski Club at Mt. Hood. Its cheaper, and, more fun.

The 1990 Ski Club got off to a late start due to the lack of snow. But that didn't put a damper on the enthusiasm of the skiers. There was a tremendous turn-out of brave, new skiers this year, which will be helpful to the future of the Ski Club. The skiing expositions were taken at various places such as Mt. Hood Meadows, Multupor, and even as far away as White Pass, Washington. Thanks to the out-going personalities, the long bus trips and ski adventures were made into ever-lasting memories.

Sam Lee	- President
Kim Utti	- Vice President
Jennifer Crosby	- Secretary
Brian Matthews	- Sgt. at Arms
Palmer Coe	- Sgt. at Arms

*"I'll never forget the time that I got stuck on the chairlift and couldn't get off."-Mrs. Olson*



**Above:** Skiing just like a pro, Sam Lee maneuvers down the slope.



**Middle:** Round and round we go. Mrs. Olson got her pack stuck on the chair and couldn't get off.



**Far Right:** Showing off, Trevin Duey performs some painful ski stunts.

**Right:** Taking a break, ski bunnies Niki Davis, Jen Crosby, Sarah Jenkins, and Kim Utti smile big.



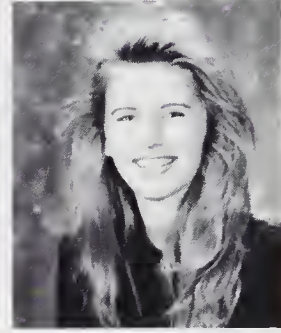
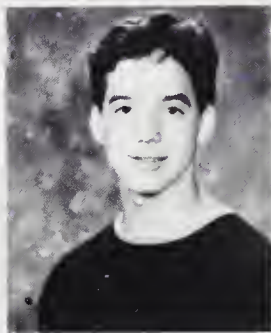


# FROSH OFFICERS

BACK ROW: Representative: Pat Porchet  
 President: Mary Roberts  
 Sgt. At Arms: Lori Davis  
 Representative: Justin Bechtolt  
 Treasurer: Denys Goozee  
 Representative: Sara Landwehr  
 FRONT ROW: Vice President: Willie Raw  
 Secretary: Kammy Hunter



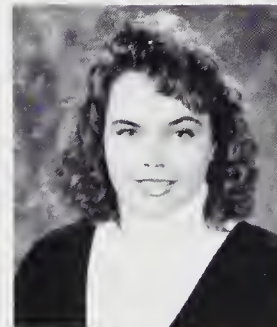
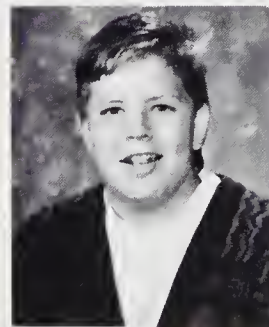
Evan Adams  
 Jason Alsbury  
 Erica Altheide  
 Kimberly Amo  
 Conteezia Angus



Kirk Atkinson  
 Molly Atig  
 Jennifer Aveline  
 Chris Baker  
 Gabe Baker



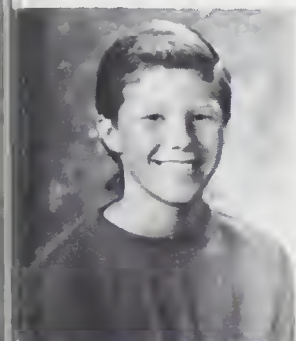
Maya Barrows  
 Justin Bechtolt  
 Sherri Beelar  
 Teresa Bivans  
 Jonathon Brown



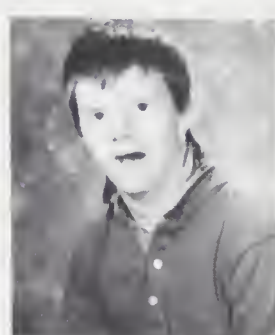
Matthew Brown  
 Wendy Brown  
 Marlee Brownlie  
 Heather Bryant  
 Donny Eui



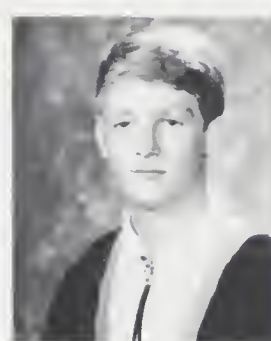




Dan Chamberlain  
Heather Christie  
Stacy Clark  
Heather Clement  
Jeremy Colton



James Crane  
Matthew Cvitanovich  
Kive Dahlberg  
Rocca Danielovich  
Jason Davis



Lisa Davis  
Lori Davis  
Phillip De Jong  
Chris Devereaux  
Glendon Ely



Michael Fairbanks  
Scott Farley  
John Foss  
Bobby Foster  
Denys Goozee



## Spring Fling?

In an attempt to get some Spring activities, the student body officers arranged a week of events that included a bar-be-que, lip sync, and ninja turtle day. Cancelled for various reasons were the scheduled flasher day, faculty softball game, and lunchtime lawn games. "The week was a pretty much disaster," commented one of the planners.

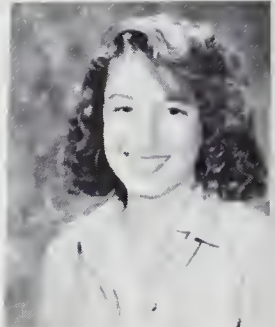


## Tropical Paradise

Sponsored by the Quill and Scroll, a journalism organization, the heavily attended Hawaiian dance held April 7, was once again put on the "must go" list of events. Sunglasses, flowered prints, and leis made this the most colorful dance of the year.



Kris Goozee  
Jeremy Gotschall  
Julie Green  
Laurie Greenburg  
Jenny Gustafson



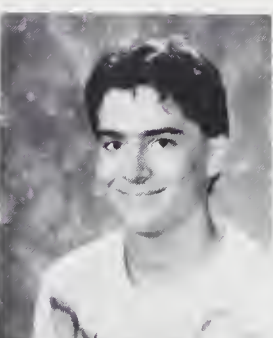
Lennie Haglund  
Calvin Hall  
Matthew Hankel  
Mike Hansmeier  
Amy Hanson



Marcus Hanson  
Eric Hardin  
Mike Harris  
Jeremy Hart  
Janaya Heater



Ryan Helligso  
Amy Helmersen  
David Hemington  
Jennifer Hockley  
Tawnya Hodson







Jason Holton  
Benjamin Hoover  
Jason Howard  
Luke Howard  
Jessica Howell



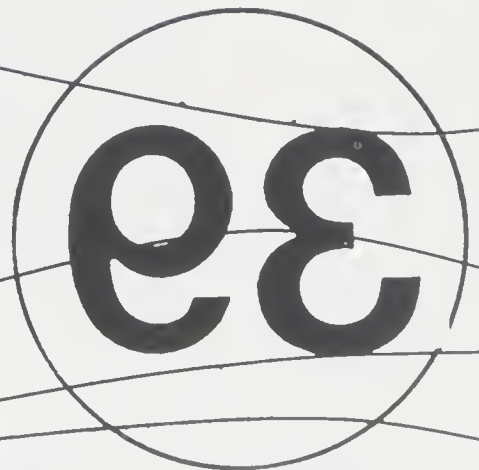
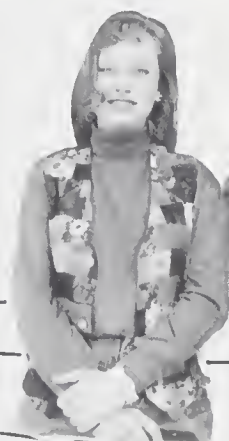
Corie Humble  
Jeremy Hunter  
Kamron Hunter  
Peter Jackson  
Brian Jacobsen



Autumn Jaquez  
Joseph Jensen  
Patrick Jentzsch  
Kimberly Johnson  
Troy Johnson



Darrie Jones  
Aime Kelly  
Amy Killion  
John Kustura  
Stephanie Kustura



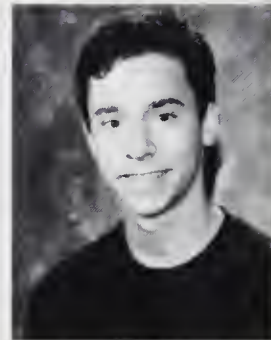
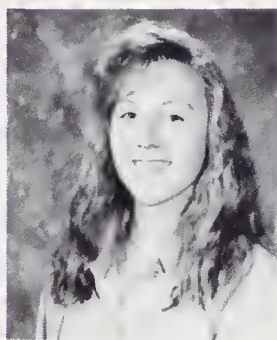


## Diego DeLa Calle



Diego DeLa Calle was a 17 year old Rotary exchange student from Argentina. While he was in the United States he worked to promote the culture of the Argentina people. As he described it, he was a young ambassador. He enjoyed the American girls, football, and the Oregon Coast.

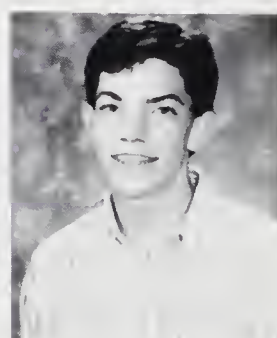
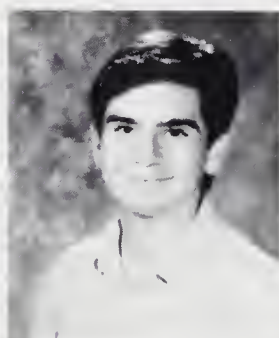
Heather La Lone  
Amanda Lamb  
Sara Landwehr  
Tina Lilley  
Donald Lindholm



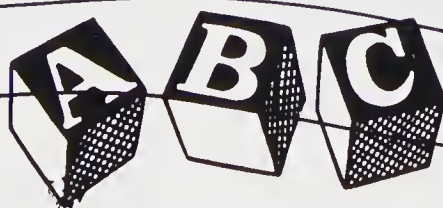
Tina Link  
Joshua Long  
Chad Lund  
Grethe Luoma  
Christina Maki



Katherine Maki  
Amy Martin  
Sam Martinez  
Jeremy Matlock  
Ceno Matteucci



Brandi McGinnis  
Adrian McSwain  
Preston Meyer  
Jeremy Middleton  
Ryan Miller







Justin Morris  
Lisa Moxley  
Alan Neal  
Michael O'Connor  
Cindy O'Neil



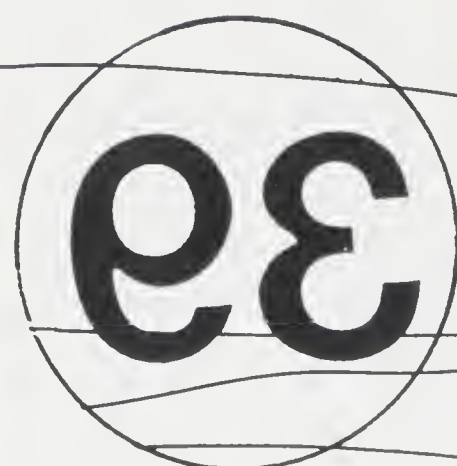
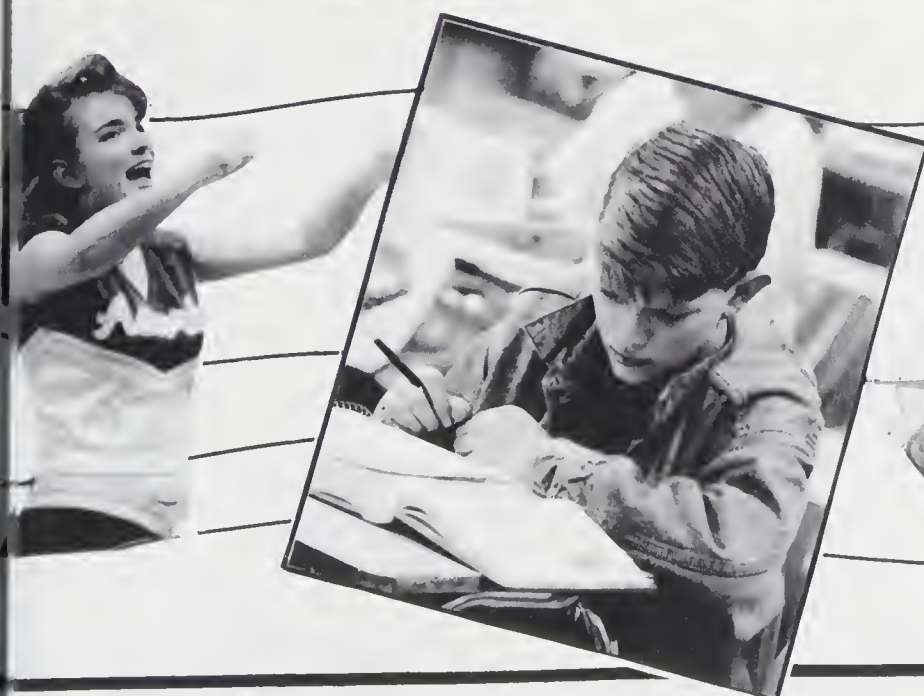
Hilda Ochoa  
Shoshana Ordway  
Chris Otto  
Kelsey Partridge  
Heather Paterson



Damen Pettengill  
Pat Porchet  
Josh Pounds  
Willie Kaw  
Kurt Reinebach

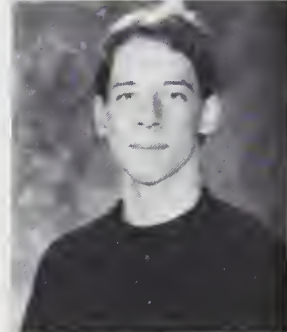
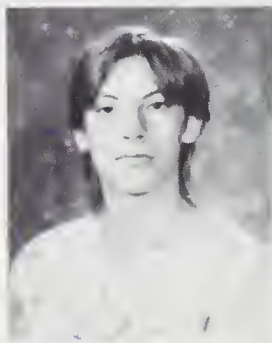


Bob Reiter  
Sharon Rembulat  
Mary Roberts  
Bryce Rodgers  
Bruce Rogers





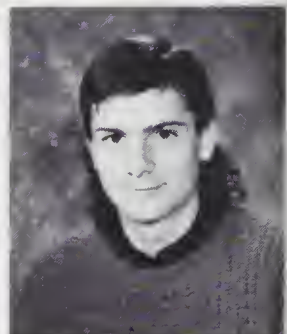
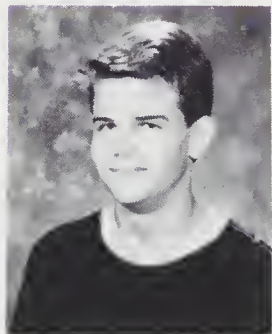
Jeremiah Rounds  
Arlo Ryan  
Amy Solsberry  
Mark Schacher  
Kevin Schell



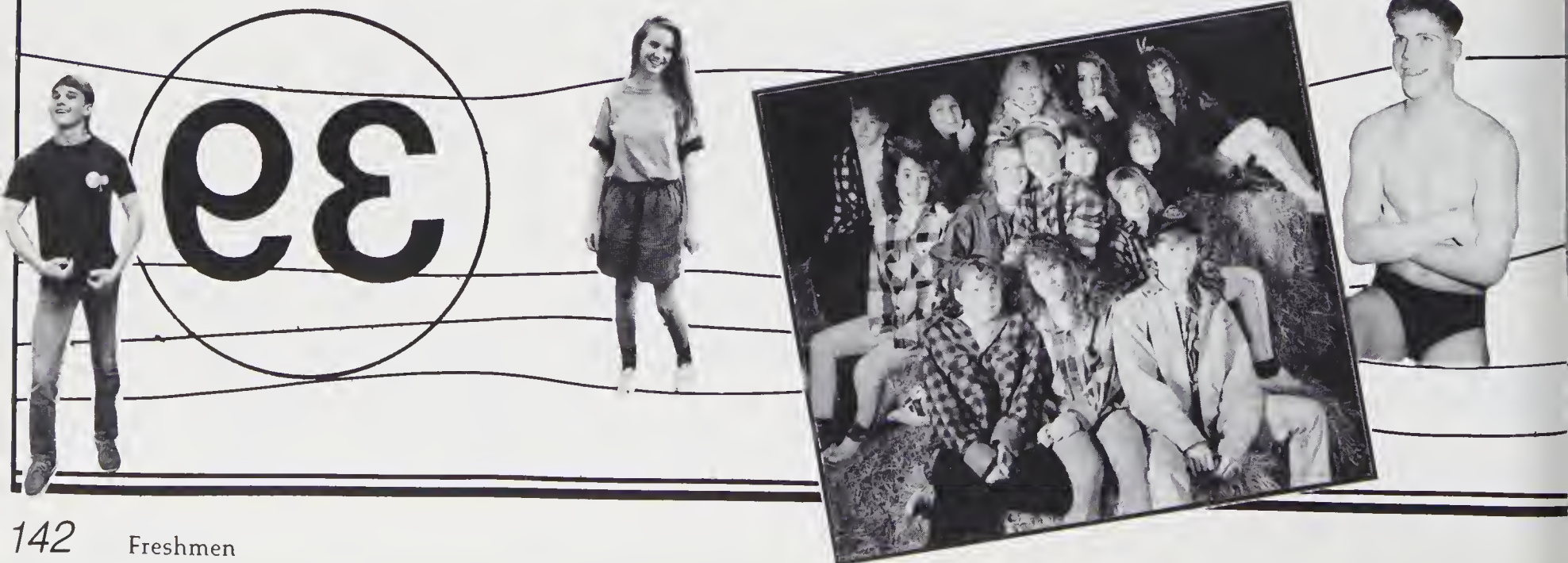
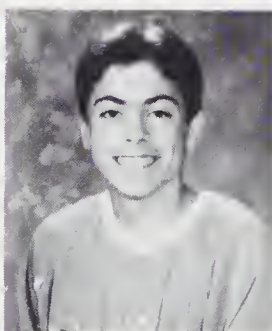
Bill Scrafford  
Elena Seely  
Maria Segura  
Cindy Sheker  
Suzanne Sheppard



Sara Shields  
Glen Shinn  
Kim Sistek  
Alana Smith  
Ryan Smith



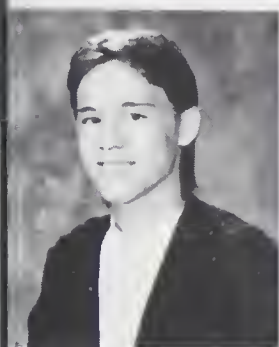
April Souter  
Jonah Sperando  
Cindy St. Martin  
Josh Staley  
Trinity Steele





# Saida Wetterstorm

Saida Wetterstorm, a 17 year old from Valencia, Spain enjoyed Astoria High School because of the openness of the people, the extra curricular activities, sports, clubs, and the American spirit of independency. She missed the sunshine and her non-existent curfew at home.



Cory Stevens  
Chns Stevenson  
Michelle Still  
Nicole Jackitt  
Mark Thompson



Arny Tollefson  
Adam Van Dusen  
Tara Vetricek  
Terri Vineyard  
Kathryn Walker



Heidi Wam  
Tami Warren  
Jennifer Wirth  
Josie Wight  
Kristi Wright



Andy Wullger  
Andrea Yeager  
Trent Younger  
Cheryl Zielinski





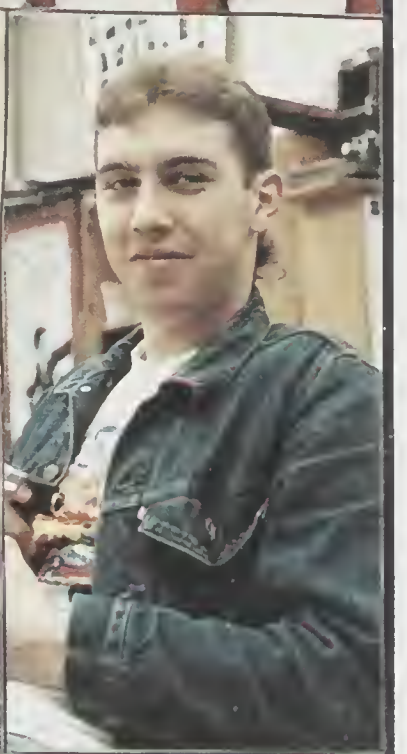
# NINETEEN NINETY

Photographs  
by:  
Brad Harris  
Pat O'Brien  
Maggie Brown





# SENIORS





# HALL OF FAME

**MOST INVOLVED**  
Mark Ericksen  
Tracy Roberts



**MOST  
SPIRITED**



**CLASS CLOWNS**  
Jason Walther  
Lisa Shelton





**MOST MUSICAL**  
Shaun Cartwright  
Cathy Dubb



**MOST  
ATHLETIC**

Jason Thiel  
Tricia Brugh



**MOST  
TALKATIVE**

Victor Miller  
Cassy Johns



Palmer Coe  
Sheila Wright





Sean Ahlers



Liz Allen



Teresa Appleby



Amy Baker



Nick Begleries



Chuck Biddle



Mike Bishop



Gayle Booker



Brian Boudreau



Ron Brewer



Lisa Brownlie



Tricia Brugh



"This was the best season of all my high school years," **Kevin Fisher**



"I thought I was going to puke marshmallows," **Bruce Wyrwitzke**



Astor Post reporter, Scott Matlock does his homework for a hot story.



"Only 45 days till graduation," beamed anxious senior, Beth Nerenberg.





*Herb Camp*



*Jeff Canessa*



*Mio Carr*



*Shaun Cartwright*



*Mike Causley*



*Bill Chamberlain*



*Len Chamberlain*



*Nick Clark*



*Damion Coe*



*Palmer Coe*



*Jennifer Crosby*



*Niki Davis*



*Amy Graves approached her Zephyrus work with a positive attitude.*



*Senior homecoming skit featuring Bill and Damion's excellent adventure.*



*Caught in the act of paying for his personal finance assignments, Brian Boudreau reaches in his pocket for his allowance to give to Amy Baker*





*Steve Davis*



*Lyle Dawley*



*Cassie Day*



*Cindy Dean*



*Cona Devereaux*



*Jason Dietrich*



*Mike Dietrich*



*Cathy Dubb*



*Lynette Durant*



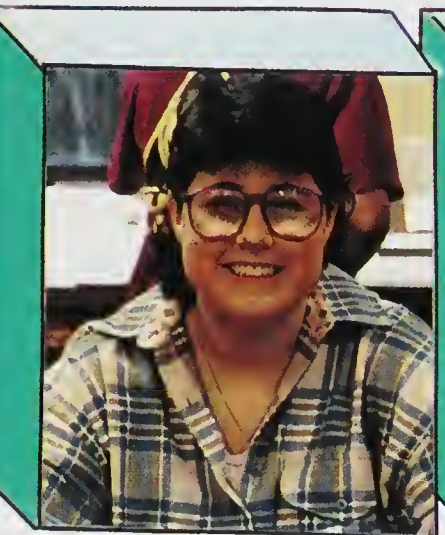
*Roxane Ely*



*Mark Ericksen*



*Kevin Fisher*



*Niki Davis dreams up a devilish idea for her Astor Post column.*



*Mio Carr and Darren Palmberg enjoy the luncheon and the great 50's food.*



*Heather Warr takes a moment to reflect on her daily schedule.*



*Jamie "Meat" Attig is so happy to have his hair grow back after football.*





Colin Foss



Jennifer Freebury



Emily Graves



Lisa Green



Heidi Grimm



Brad Harris



Bryan Harris



Brian Helmerson



Josie Hemeon



David Hillard



Michael Jackson



Cassy Johns



Shelly Mac Farlane looks through her personal finance notes just before class.



Mike Robbins proudly displays his turtle bubble bath from the yearbook party.



After the introduction of their princesses, the seniors made a "sweeping" finale at the Homecoming skits.





Jennifer Johnson



Todd Johnson



Eddie Jones



Mike Keyser



Erin Larson



Sam Lee



Cari Link



Christy Long



Amy Lucas



Kristin Lyle



Scott Matlock



Brian Matthews



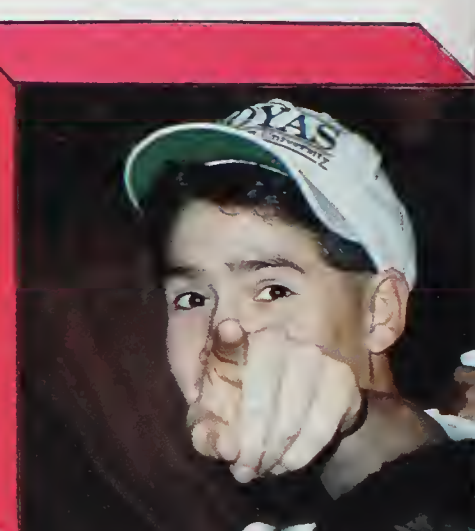
Posing for his best shot, Jeff Canessa stares down the camera.



Ready, Set, Hike! The offense prepares to unload on the Juniors.



Swallowing without chewing, Jon Maddox races to finish first.



You! Joe Navarro points out the challenger for Mr. Cool.





*Stacey McComber*



*Tony Moxley*



*Jason Naggjar*



*Joe Navarro*



*Beth Nerenberg*



*Rhonda Norris*



*John Nova*



*Eddie Olson*



*Darren Palmberg*



*Shannon Palmer*



*Molly Perkins*



*Tiffany Phebus*



Three coaches with three different directions call the senior plays to be run.



With glittering smiles, Kim Utti and Lisa Shelton got to be close friends.



The mascot gave Eddie Jones and Jason Thiel some words of encouragement during the pep assembly before the Tillamook basketball game.





*Paul Pierce*



*Becky Radich*



*Sean Redmond*



*Mike Robbins*



*Tracy Roberts*



*Amy Rogers*



*Tammy Ross*



*Bryan Salo*



*Chris Salsberry*



*Carmen Shaffer*



*Cathy Shatto*



*Lisa Shelton*



*Molly Lyon shows the pleasures of a personal finance assignment.*



*High school life has made the southern belle, Marcie Stangel, faint.*



*Pouncing on a loose ball, Mike Keyser recovers a Rainier fumble.*



*Hiding under the mascot mask, Sean Ahlers cheers on the Fishermen.*





*Tom Simmons*



*Scott Sistek*



*Karen Sodervick*



*Marcie Stangel*



*Timber Stevens*



*Diana Stone*



*Tully Taylor*



*Meelee Teagle*



*Jason Thiel*



*Michelle Trefethen*



*Kimberly Utti*



*Joanie Varner*



*Timber Stevens delivers a solid blow to the chin of Vic Miller.*



*Once a week, Bryan Harris came in to help put these pages together.*



*Dressed in black, the senior class blew away the opposition during the Olympic competition.*





Mark Waddell



Mark Walker



Jason Walther



Heather Warr



Julie Wetherill



Saida Wetterstrom



Mary Wollenbecker



Sheila Wright



Bruce Wyrwitzke



Debbie Zielinski



Fred Zoske

**NOT PICTURED:**

Jamie Attig, Eric Christensen, Danny Fisher, David Fitzgerald, Michael Fournal, Edward Gauthier, Roberto Hernandez, Rosie Holden, Alex Kilbane, Molly Lyon, Shelly Macfarlane, Trace Morris, Victor Miller, Priscilla Reyes, Mick Shieh, Becky Shinn, Tony Strenke, Mary Tagg, Tom Teague, Michelle Williams, Tim Yaakola



# SENIOR OFFICERS

President:	Tully Taylor
Vice-President:	Mark Ericksen
Secretary:	Timber Stevens
Treasurer:	Bruce Wyrwitzke
Sgt. At Arms:	Brian Matthews
Representatives:	Nick Begleries
Darren Palmberg,	Bill Chamberlain





## The Class of 1990 Looks Ahead

# Where Will You Be in the Year 2000?

Hopefully, I'll be the next Perry Mason and earn millions of dollars and have a beautiful home and family. **Cari Link**

In the year 2000, I'll be living somewhere in South America. I'll be working out of there and photograph different parts of South America. **Trace Morris**

I will have my own law office in Eugene or Portland. I will also be married to Daryl. We will have a large mansion with a BMW in the garage and a 30 yard yacht in the docks. **Debbie Zielinski**

I will be working in the business or engineering field. I will be making about 2,000 dollars a year and will be living in Hawaii. On the weekends, I will be playing many golf courses on the different islands. **Darren Palmberg**

I will still be convincing Diana Stone that Coca Cola is it! **Michelle Williams**

I think I'll be either a lawyer or a professional bum, and will be convincing Shell Pepsi is the choice of a new generation! **Liana Stone**

I will be playing baseball for millions of dollars. **Paul Pierce**

I will have my doctorate in psychology and will come back to Astoria to make my fortune counseling all of the teachers we've driven nuts for the past four years. **Lrin Larson**

I will be a fifth grade teacher and counselor. I will be living in a huge mansion, driving a BMW, and enjoying all of Darren's success! **Tricia Brugh**

I will have my own neonatal practice and live in the Banana belt with my husband, who will have an in-home masseuse business. I'll be his best customer and he'll cook me breakfast-in-bed when the maid is on vacation. **Marcie Stangel**

I think that I will be married, be living in Maui, and own a private detective agency called "Coe & Matthews." Lakers suck Joe! **Palmer Coe**

Having graduated from the University of Washington with a masters degree in Atmospheric Sciences, I will be living in Seattle searching for a way to make the sun shine during the winter. **Scott Sistek**

I'll be a state cop catching criminals, busting kegs at Simmons Field (Yes, with a warrant from a judge), and coaching my son's little league baseball team. **David Hillard**

Well, I'll probably waste 5 years of my life in college and then obtain a job that I could have had all along, like jumping off the Space Needle to attract tourists to Seattle Center; or I'll get a job taping canned laughter for the new series of "Brady Bunch." **Sheila Wright**

In the year 2000, according to my mother, I'll still be on restriction. But, if I get my way, I'll be in San Diego on the beach (still single by choice) getting a tan for our 10 year reunion. **Heather Warr**

I will be working with kids that have special needs. I will also be teaching dance at my own dance studio. I hope to live in Hawaii and meet an eligible bachelor, settle down, and have two kids. **Josie Heameon**

I will be a successful accountant working in Portland. All of my charge cards will be maxed-out and I will be a member of D.A. (debtors anonymous). I won't be able to afford any kids, so I'll take good care of my BMW. **Lisa Green**

I will have opened a chain of tanning salons to cure others of the terrible affliction of whiteness. **Amy Baker**

I will be a millionaire and a successful business woman with a wealthy husband. I will own my own travel agency and travel around the world. **Cathy Dubb**

I will drug myself up to a pumped up 5'5", 240 pounds. Then I will beat "Buster" Douglas for the heavyweight championship of the world. After that, I will learn business from my idol, Donald Trump, and earn billions to live the life of luxury I so richly desire. **Timber Stevens**

Timber and I are going to make millions in real estate and "Pork Chop King" franchises. We will then drive the Japanese business man off of the continent. Then I'll buy Hawaii and live in luxury. **Bill Chamberlain**

I will be headlining for sold-out concerts at places like Radio City Music Hall in New York and the Greek Theater in L.A., charging \$150 a ticket. I will still remember my friends and send them all a poster of me for Christmas. **Shaun Cartwright**

I will be divorced with three kids, and then get married to Nick, who has three kids. We'll get a maid and be the "Begleries Bunch." **Shannon Palmer**

I'll be going to OSU because I like it so much! So much for Medical school. **Jeff Canessa**

I'll be the Nolan Ryan of the future and hit in the number 3 spot on the New York Mets starting line-up. I'll be the MLB's first 25 wins/25 HR, pitcher/DH. Then I'll come back here and buy Lisa Shelton a new Jag and matching broom for her cottage in Warrenton. I will also finance the "Homer Dome" (Astoria's future sports-center). **Tully Taylor**

I figure that I'm either going to make it big or be a nobody. So, in the year 2000, I'll either be an accomplished physical therapist working on gorgeous, male, muscular bodies, or I'll be a bag lady living behind Safeway and eating Ding Dongs all day. But don't worry, I'll probably own my own shopping cart. **Emily Graves**

Whatever is destined to be. **Lisa Brownlie**

I will be driving fast cars with lots of beautiful women. I will live in a big mansion with lots of maids who are subservient to my every whim and are mastered with my supreme skills. **Michael Jackson**

I will be at my house in the country, in Olney. I'll have my rifle at my side, relaxing on my deck, admiring my beautiful truck. **Todd Johnson**

I will be flying a reconnaissance jet over the Soviet Union, making sure they are all eating McDonalds hamburgers. **Lyle Dawley**



**MOST TALENTED**  
 Damion Coe  
 Josie Hemeon

**MOST LIKELY TO SUCCEED**  
 Darren Palmberg  
 Cathy Shatto

**MOST SCHOLARLY**

Erin Larson  
 Lyle Dawley

**MOST FRIENDLY**

Mike Bishop  
 Kim Utti  
 Timber Stevens





***MOST FLIRTATIOUS***

Marcie Stangel

Sam Lee



***MOST  
ARTISTIC***

Jennifer Johnson

Ron Brewer



**HALL OF FAME**





# SENIORS SENIORS SENIORS









**Below:** Senior girls laugh off the 0-0 score at the powder puff game.

**Right:** Kevin Fisher shows the student body Jamie "Meat" Attig his shaved head.

**Far Right:** Jimmy Reed shows his senior spirit by painting his face black for the Back in Black, to the dark ages day.



**Above:** Sheila Wright takes time out from calligraphy for a picture.

**Middle:** Lyle Dawley presents coach Aundrea with the football from the Seaside (sweep) game.

**Right:** Taking a break from the slopes, everyone is playing hard, Palmer Coe however, begs to differ.



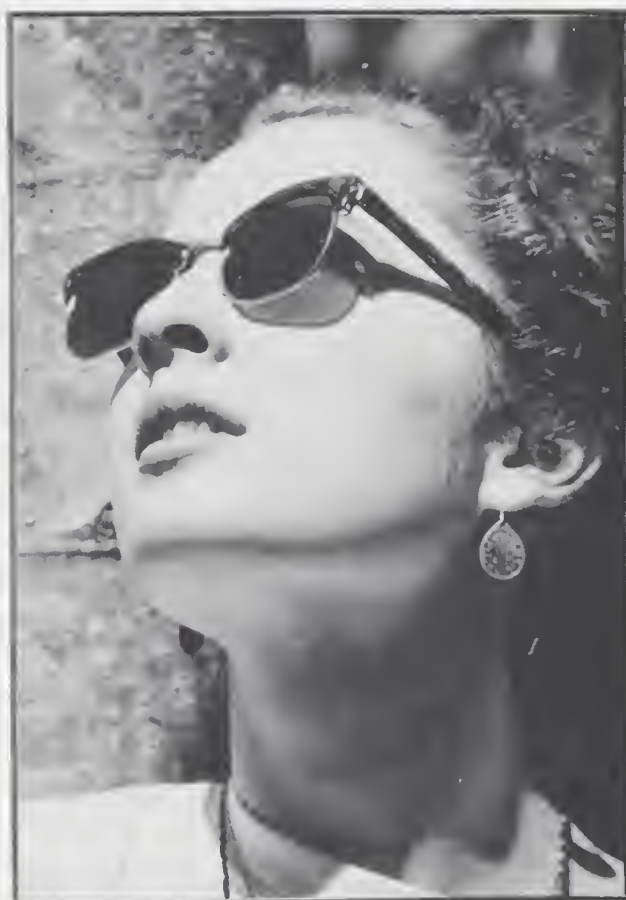
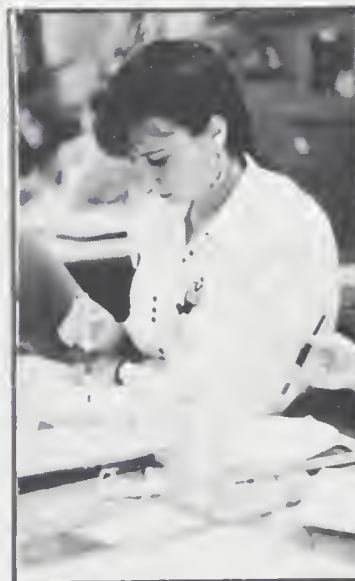


**Left:** Jennifer Crosby and Mio Carr say cheese at the Sadie Hawkins dance.

**Below Left:** Eddie Olson, smiles and rolls his eyes at something or someone.

**Below Middle:** Seniors Sam Lee and Heather Warr laugh their way down the hall.

**Below:** Shawn Redman, Chuck Biddle, and David Fitzgerald stand by the Senior Keg of Root Beer donated by VanDusen Beverages.



**Above Left:** "Who's mouth is bigger?" Cassy Johns and Damion Coe try to stuff eggs in their mouths.

**Above Middle:** Saida Wetterstrom enjoys her art class, as she paints a picture.

**Above:** Rosie Holden, kicks back against a tree enjoying the sun.



**Above:** Daniel Fisher takes time out from his studies, for a great snap shot.





RIGHT: Finding that there is not a good way to adjust her mortar board, MeeLee Teagle fumbles while Sean Ahlers proudly shows how it should look.

BELOW: Leading the invocation, Molly Lyon recited the "Lord's Prayer" for the invocation.

BELOW RIGHT: Nick Begleries made the benediction into a spiritual event. Despite playing against a Trail Blazer game, the service was well attended.



BACCALAUREATE 1990  
 PRELUDE AND PROCESSIONAL DEAN MASON, PIANIST  
 FIRST PRESBYTERIAN CHURCH  
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 SENIOR CLASS PRESIDENT  
 HYMN "O BEAUTIFUL FOR SPACIOUS SKIES"  
 INVOCATION MOLLY LYON  
 SCRIPTURE READING MIO CARR  
 NIKI DAVIS  
 VOCAL TRIO SHAUN CARTWRIGHT  
 JENNIFER CROSBY  
 BECKY SHINN  
 "GOD IS GREATER"  
 WORDS AND MUSIC BY  
 GREG FISHER AND GREG DAVIS  
 BACCALAUREATE ADDRESS KENNETH LUNDGREN, PASTOR  
 FIRST PRESBYTERIAN CHURCH  
 PRAYER PATRICIA BRUGH  
 HYMN "JOYFUL, JOYFUL WE ADORE THEE"  
 BENEDICTION NICHOLAS BEGLERIES  
 RECESSIONAL AND POSTLUDE DEAN MASON, PIANIST  
 FIRST PRESBYTERIAN CHURCH



ABOVE: Giving a colorful and moving recital of an original poem, Mio Carr encouraged the Class of 1990 to stay on the right track.





LEFT: Laughing at another year gone by, Mr. Foster helped adjust hats, straighten collars, and collect gum.

BELOW: Lining up boy-girls, the graduates prepare to enter the auditorium for the moving service.

BELOW LEFT: The trio of Shaun Cartwright, Jennifer Crosby, and Becky Shinn sang an inspirational version "God is Greater."



ABOVE: Relating his trip to Kerney, Nebraska to the adventures yet to come for the class of 1990, Pastor Lundgren made the sermon enjoyable.

TOP: Saida Welterstrom hurries to get dressed and to find her place in line.

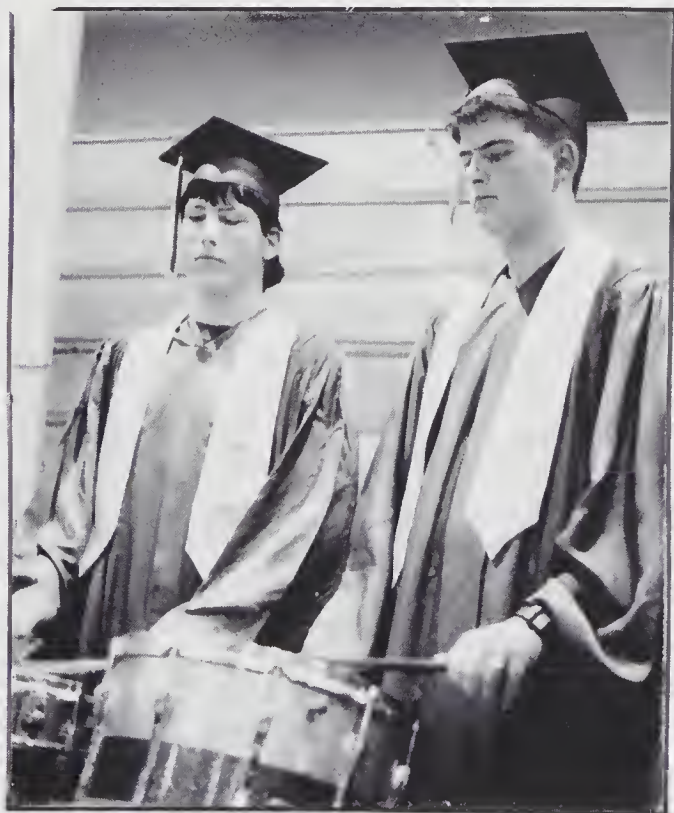


# NINETEEN 90



**Top Right:** What are you doing after graduation? "We're going to Disneyland!" reply Sheila Wright and Mike Bishop. They both wore symbols of their role models.

**Right:** Singing boldly in front of the large audience, Shaun Cartwright gave a special goodbye to the class with the song, "I Wish."



**Above:** Playing the alma mater for the last time, Sean Ahlers and Scott Sistek add the percussion to the music.

**Top Right:** A graduate's personal message.



**Far Right:** A happy Kim Utti gladly accepts her diploma.



**Below:** Cathy Shatto and Jason Thiel lead the class.

**Middle:** Receiving his diploma and moving out, Brian Helmersen gets a congratulations from Mr. Kammerman.

**Far Left:** Jennifer Crosby gives it her all during a touching song dedicated to the class.



**Middle Left:** "Was that baby picture of the kid with drool all over his shirt someone you know?" asks Debbie Zielinski to Kevin Fisher. It was Kevin.

**Above:** The graduates celebrate outside with friends and relatives.

**Far Left:** Tom Teague gets into the party mood with a toy horn.

**Left:** Performing a graceful dance routine, Josie Hemeon entertained the early audience prior to the start of the ceremony.





**Far Right:** Her high school career flashing before her eyes, Christy Long was escorted across the stage by Mark Ericksen.

**Right:** Lisa Shelton and Brian Matthews find their seats with the rest of the class for their final moments of high school.

Prelude

Jennifer Crosby

Sean Redman

Symphonic Band

Symphonic Band

Processional

Welcome

Tully Taylor, Class President

"Everything I Can Say In Three Minutes" Diego de la Calle

"I Wish"

Solo by Shaun Cartwright

"Impressions of the New World"

Saida Wetterstrom

"What I Did For Love"

Solo by Jennifer Crosby

"How Time Flies When You're Having Fun"

Marcie Stangel

Lyle Dawley

Debbie Zielinski

Shaun Cartwright

"Goodbye My Friend"

Slides by Kim Utti, Brad Harris,

and Josie Hemeon

Erin Larson

"Meeting and Passing"

"You Know You're Graduating When ..."

Cathy Shatto

Class of 1990

Presentation of Diplomas Mr. Roberts and Mr. Kammerman

Alma Mater

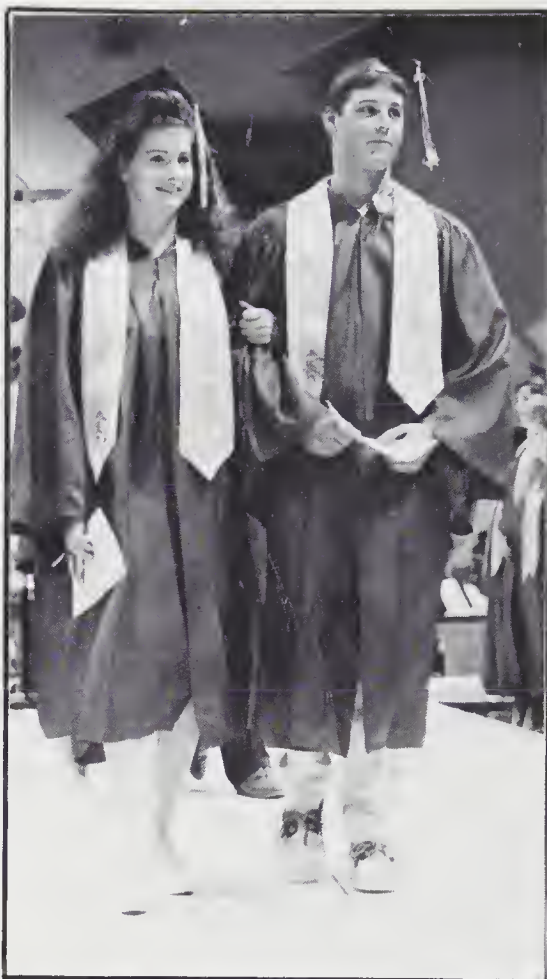
Symphonic Band

"Testimonium"

Symphonic Band

Recessional

Symphonic Band



**Above Middle:** "We learned the right way to swing a golf club during our Sophomore year in Mr. Olson's class," recalled salutatorian Lyle Dawley.

**Above Right:** Joining the band for one last time, the graduates played the alma mater and "Testimonium."

**Far Right:** Salutatorian Marcie Stangel recaps the highlights of the Junior year as her part of the program featuring the four salutatorians.

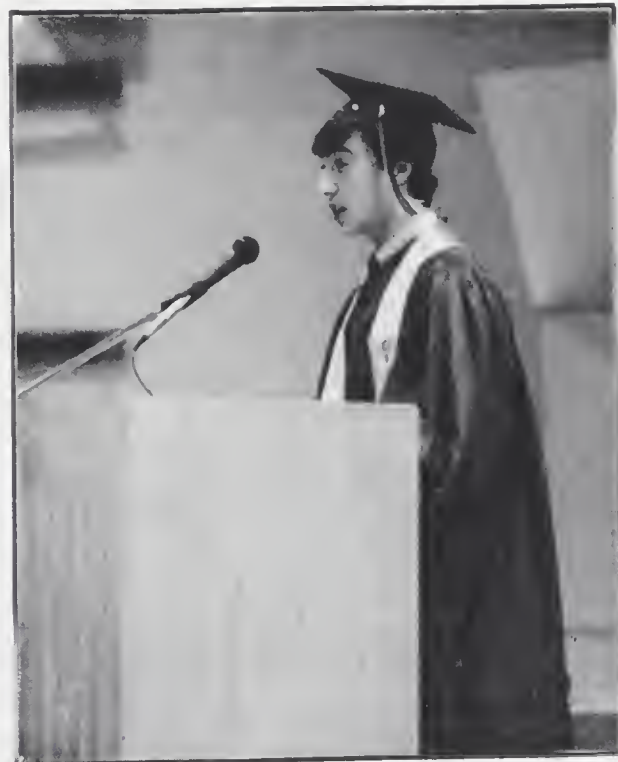
**Above:** Applauding the declaration from Mr. Parrish that the class had officially graduated, there were smiles and cheering all around.





**Left:** Capping off the receiving of his diploma with a handshake, district superintendent Mr. Kammerman gives Alex Kilbane a nod of congratulations.

**Below:** Awaiting their turn to cross the stage and receive their diplomas, the class sat restless as they listened to the speakers and entertainment.



**Left:** Chuckling at the pronunciation of his name, class president Tully Taylor announced Bruce Wyrwitzke.

**Above:** All the exchange students were given the chance to bid their farewell and to share their experiences.



# MEETING AND PASSING

On behalf of the class of 1990, I wish to convey a collective farewell to Astoria High School, its teachers and staff, the students who come after us, and to each other as we diverge now on our separate paths. Although we go our separate ways in search of our individual goals, we will always share a common bond, the memory of our high school years. Now those years are over. It is up to each of us to draw from them the lessons that are most significant and move on. We should not dwell on the past any more than we should fear the future. Poets have long encouraged us to seize the day, for they understand that time is the most precious possession we have.

Thus it seems to me our greatest challenge as we tread our separate paths is to manage our time wisely by seeking to balance the important aspects of our lives and by remembering to live in the present, fed by our past accomplishments and directed toward our future goals.

Robert J. Hastings gave us a metaphor for the kind of life I wish each of you, when he relayed to us the idyllic vision that is tucked away in each of our subconscious minds. We see ourselves on a long trip that spans the continent. We are traveling by train. Out the windows we drink in the passing scene of cars on nearby highways, of children waving at a crossing, of flatlands and mountains, of city skylines and flowing rivers.

But uppermost in our minds is the final destination. On a certain day at a certain hour we will pull into the station. Bands will be playing and flags waving. Once we get there so many wonderful dreams will come true and the pieces of our lives will fit together like a completed jigsaw puzzle. How restlessly we pace the aisles waiting, waiting, waiting for the station.

We believe that when we reach the station, that will be it! When I graduate. When I marry. When I get a promotion. When I have children. When I reach the age of retirement, then I shall live happily ever after.

Sooner or later we must realize that there is no station, no one place to arrive at once and for all, except of course the grave. The true joy of life is the trip. The station is only a dream, never realized.

So seize the day. It is the regrets over yesterday and the fear of tomorrow which rob us of today. So stop pacing the aisles and counting the miles. Instead, climb more mountains, eat more ice cream, go barefoot more often, swim more rivers, watch more sunsets, laugh more, cry less. Life must be lived as we go along. The station will come soon enough.

This is not to say, live frivolously, for a useless life is an early death. But live for the present and in the present, and devote a portion of your time to making an imprint on the world around you. Accept individual responsibility, for personal freedom cannot exist without it, but assume also a role, even if it be a minor part, in righting the wrongs around you. If you resolve each day to make it a challenge to do your best and live your best, you will succeed in converting your dreams into reality. There will be times of frustration, disappointment, and grief, but when you find yourself sighing that "life is hard," ask yourself this: "Compared to what?"

Remember that someone has judged that there is enough water in a person's body for a small wash, enough fat to make 7 cakes of soap, enough iron to make better than a medium-sized nail, enough lime to whitewash a small chicken coop, enough sulphur to kill the fleas on a dog, and enough potassium to fire a toy cannon. But also with that chemical composition comes a mind and a spirit unmatched by anything else found in nature.

So we say goodbye and go in search of maturity. Some of us will find it, some of us won't. But my wish for each of you is that your journey be a pleasant one. I'll see you at the station.

**Graduation speech by valedictorian Erin Larson**



# MAKING IT ALL POSSIBLE

It was worth the efforts.

Piece by piece, like a puzzle that often times seemed to be impossible to complete, this book was fitted together. Taking an entire group effort, each member of the Zephyrus staff gave it their best. Every day they had the goal in mind that the finished mosaic of page layouts would all come together to make a book that could be treasured for years to come.

In addition to the original cast, there were a great many people that added their support through advertising, photographs, and special interest. The advertisers in this book made it possible to make it the high quality book that it is. Their contributions allowed us the flexibility to put in many of the extras that we would otherwise never been able to afford.

Dana Olson of the the Oregonian staff donated prom pictures to make up for film that was lost in the shuffle. We thank him for his talents and speedy replies.

For all the staff, we hope that you enjoy the book and look back at the 1989-90 school year with good memories. After all, these were the good old days.

## PATRONS

*PHIL NELSON*

*DR. FRED SMITH*

*DR. PAUL STULL*

*DR. JEFF LEINASSAR*

*DR. JOHN BANHOZER*

*DR. YONG CHEONG*

*DR. JOHN SWANSON*

*DR. LAWRENCE PARDEE*





***SUPERSONIC Amy,***

*Sometimes its been GREAT BALLS OF FIRE,  
but always remember, work hard and have FUN!*

***Love, Mom, Dad, and Beeker***

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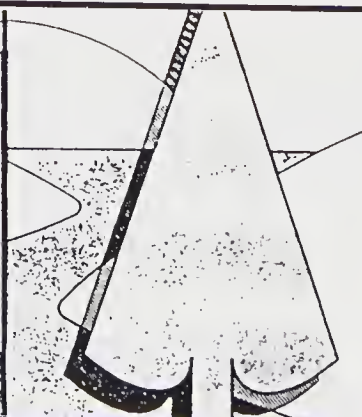
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**Diana,**

*You have come a long way baby. May all your hopes and dreams come true, you deserve it.*

**Love, your family**



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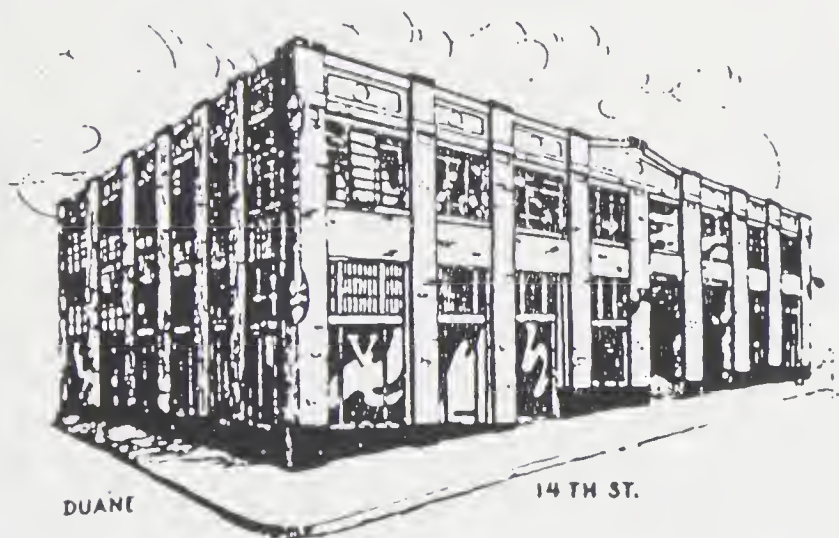
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"Here tomorrow to service what we sell today"*





*Dear Tricia*

*You have always been a real source of pride for both your mother and I. May you continue to be an inspiration to everyone you come in contact with, and do your best to be in front leading the pack-with all of our love. Sweetheart you're number one (25).*

**Dad & Mom**

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Jennifer,

The wonders of the world are out there for you to explore and enjoy. Go for everything your heart desires.

**Love, Mom and Dad**



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***Darren,***

*Great job! We are proud of you and  
know that you will enjoy college life.*

*Love, Mom and Dad*

***Congratulations***

***Jennifer and***

***the class of***

***1990***



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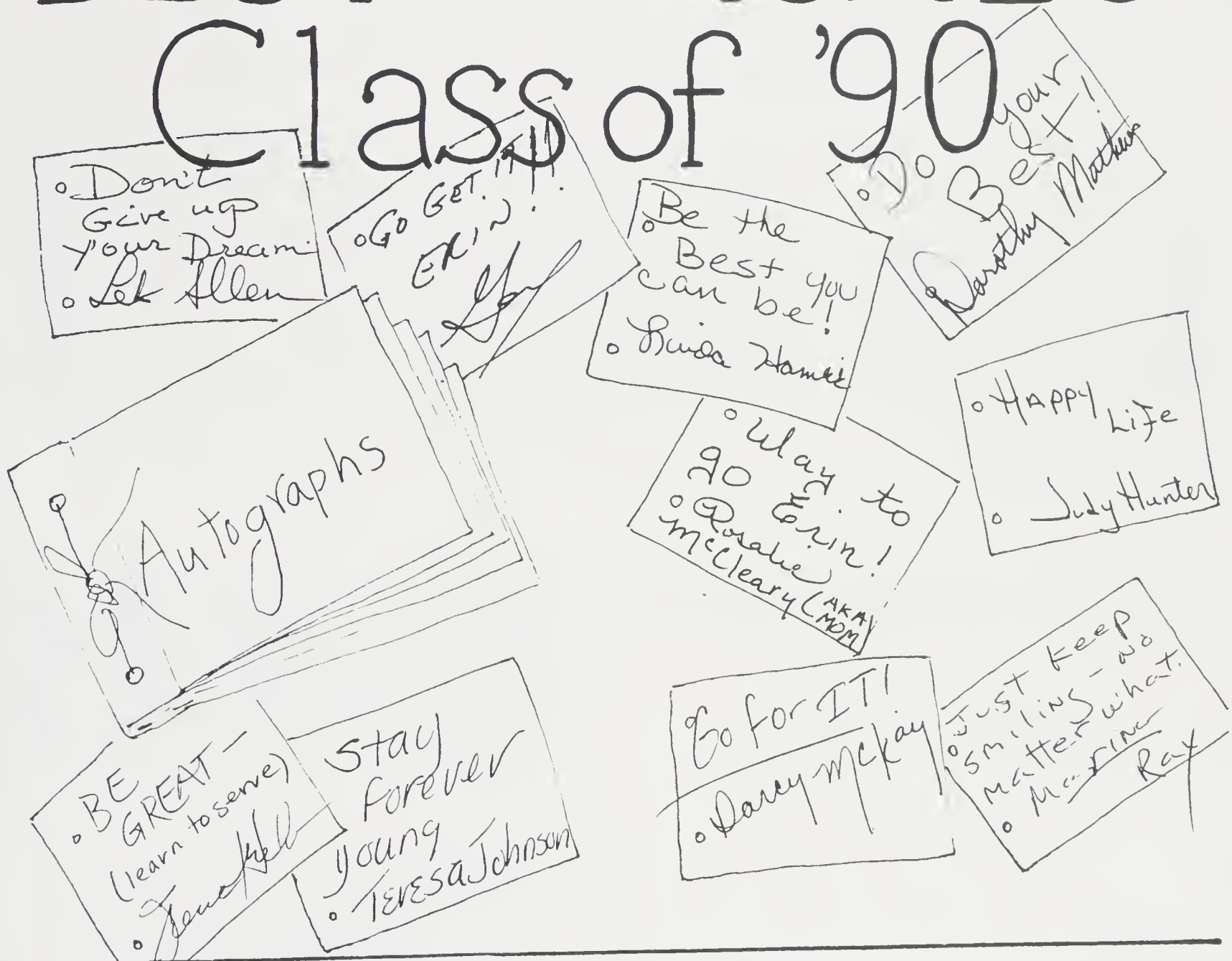
## Little Bone,

We are proud of you. Best of  
love and happiness in the future.

Love you, Mom, Dad, and Steph



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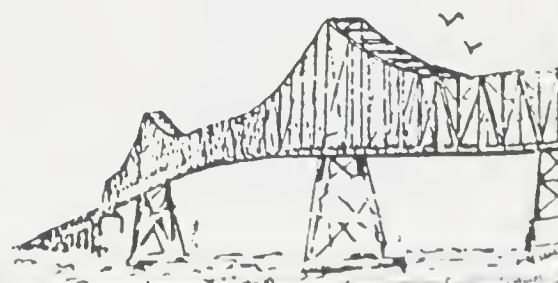
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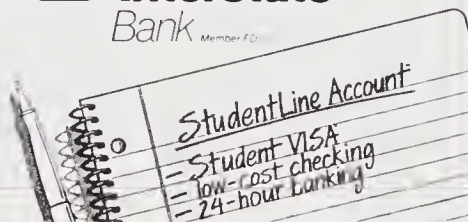
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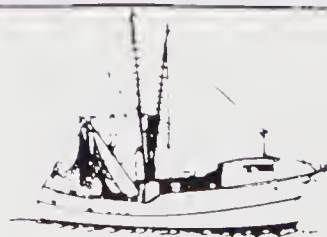
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*We knew you'd make it. May you have joy and serenity the rest of your life.*

*Love, Mom & Dad*



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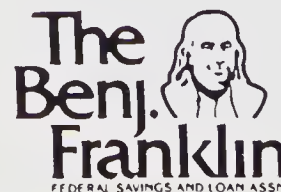
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**Congratulations 1990!**







***Brad and Bryan,***

*We love you with double the pride! You have given us double the happiness. Now we know, you truly are a double blessing.*

***Love you much, Mom & Dad***



*Congratulations on a Great Year!*



***VAN DUSEN BEVERAGES***





**Marcie,**

*We love your beautiful smile. Your zest for life. Your determination to do your best. Success takes many forms, continue to believe in yourself and go for it all! We are so proud of you.*

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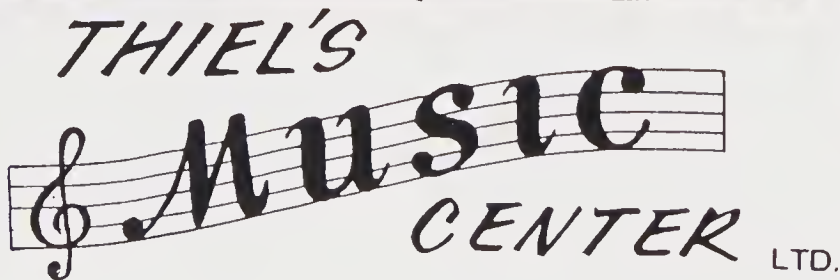
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ear Lisa,

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***Love, Mom, Dad, and Danny***



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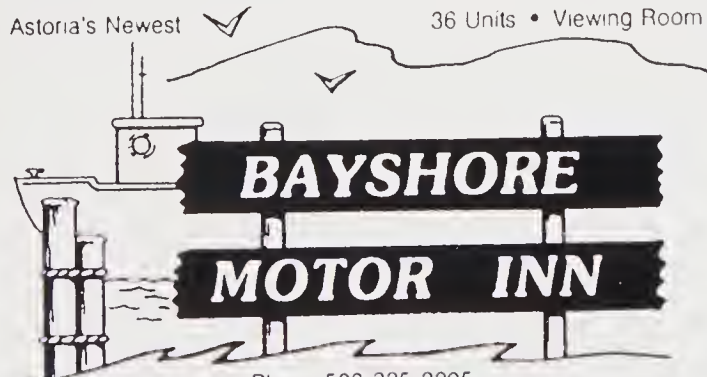
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us proud to watch you grow. Chevy rules!*



**Love, Mom and Dad**

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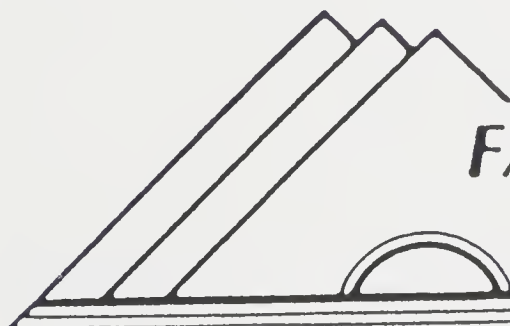
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For you: You're a Senior at last.*

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to the first  
class of the  
'90s!*



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**Niki Davis,**

*You are the apple of your parents eye.*

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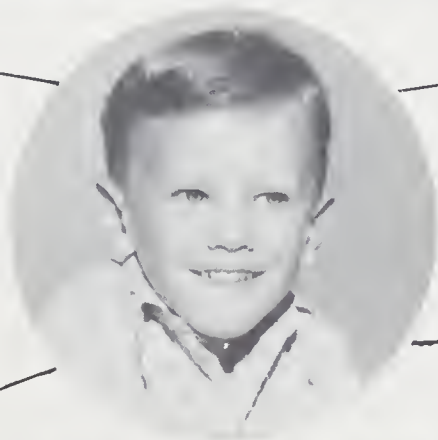
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**Eddie,**

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***I love you-Mom***

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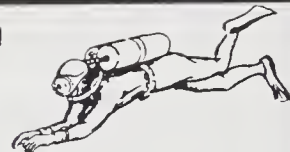
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**Love, Mom**



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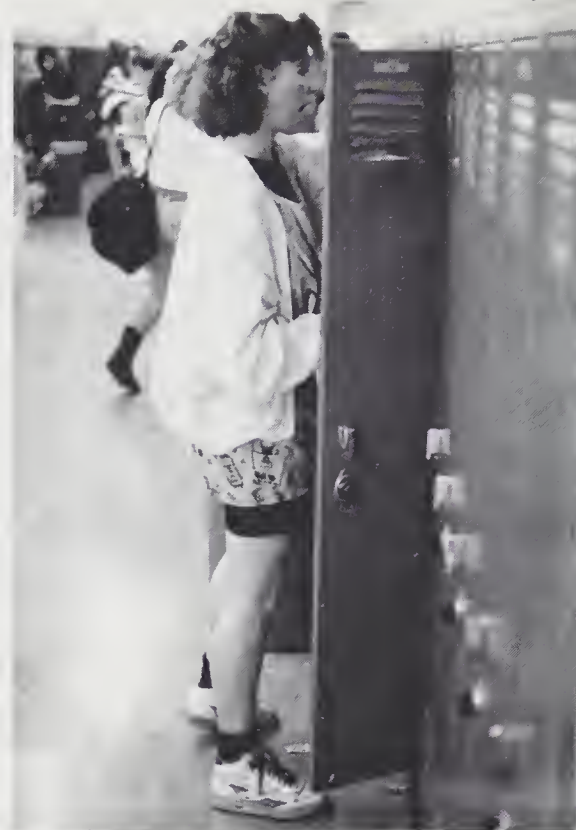
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